

SPORTS NEWS



Binghamton University • Office of Sports Information

Events Center • P.O. Box 6000 • Binghamton, N.Y. 13902-6000

Phone: 607-777-6800 • Fax: 607-777-4597

Web: <http://athletics.binghamton.edu>

Cross Country

For Immediate Release: August 31, 2004 • Contact: David O'Brian

Binghamton begins season at Colgate Invitational

The Binghamton men's and women's cross country teams will begin their 2004 seasons at the Colgate Harry Lang Invitational this Saturday at 10 a.m. Both teams reported back to campus for preseason workouts on Aug. 22 and appear to be a good shape heading into the opening meet.

"Our first few competitions will give us a chance to see how far along we are," head coach Annette Acuff said. "The conference and regional meets are at the end of the season but still, this first meet will help us see how much progress we've made since last year."

Last season at the Colgate Invitational

Junior **Lindsey Bohrer-Yardley (Oneida, N.Y./ Vernon-Verona-Sherrill)** won the women's race for the second consecutive year and senior **Kellen Wadach (Ithaca, N.Y.)** placed third in the men's race. The women finished first out of four teams with 12 points while the men were second out of seven teams with 27 points (Colgate won the meet with 13 points).

For Bohrer-Yardley, her winning time of 23:48 for the 6,000 meter course marked an improvement of 15 seconds from her performance from 2002. She won the 27-runner race by 23 seconds over sophomore teammate **Erica Angel (Poughkeepsie, N.Y./ Speckenkil)**, who finished second in 24:11. Sophomore **Kathryn Murnane (Rockville Center, N.Y./ Oceanside)** made it a clean sweep of the top three positions, finishing third in a time of 24:49.

Bearcats hold annual time trial before first meet

Judging by the results of this past Saturday's time trial, the women's team is further along than they were to start the 2003 season. Last year's winning time in the annual two-mile time trial was 11:24. This season, Murnane, Angell, Bohrer-Yardley and junior **Stacey Kramer (Loudonville, N.Y./ Colonie Central)** all ran under that time.

"The women are looking very strong right now," Acuff said. "To have four runners break last-season's winning time means that we are much improved fitness-wise."

The men's team had four runners at the top of the pack in Saturday's two-mile event. Senior **Sergey Shteyn (Staten Island, N.Y./ Tottenville)**, junior **Prahlad Genung (Afton, N.Y./ Afton Central)**, and sophomores **Andrew Jezik (Washingtonville, N.Y./ Washingtonville)** and **Mike Wlodarski (Syracuse, N.Y./ Cicero North)** all finished in the 10:04-10:08 range.

2004 Schedule/Results

MEN'S TEAM

SEPTEMBER

- | | | |
|----------------|-------------------------|----------------|
| 4 Sat. | @ Colgate HL Invit. | 11:30 a.m. |
| 11 Sat. | @ New Hampshire Invit. | 10 a.m. |
| 18 Sat. | SYRACUSE/COLGATE | 11 a.m. |
| 25 Sat. | @ Lehigh Paul Short Run | 10 a.m. |

OCTOBER

- | | | |
|---------|-------------------------|---------|
| 16 Sat. | @ Albany Invitational | 10 a.m. |
| 30 Sat. | @ America East Champ. | 10 a.m. |
| | hosted by New Hampshire | |

NOVEMBER

- | | | |
|---------|------------------------------|---------|
| 13 Sat. | @ NCAA Regional | 10 a.m. |
| | at Van Cortlandt Park, Bronx | |
| 20 Sat. | @ IC4A Championship | 10 a.m. |
| | at Van Cortlandt Park, Bronx | |

WOMEN'S TEAM

SEPTEMBER

- | | | |
|----------------|-------------------------|----------------|
| 4 Sat. | @ Colgate HL Invit. | 10 a.m. |
| 11 Sat. | @ New Hampshire Invit. | 10 a.m. |
| 18 Sat. | SYRACUSE/COLGATE | 11 a.m. |
| 25 Sat. | @ Lehigh Paul Short Run | 10 a.m. |

OCTOBER

- | | | |
|---------|-------------------------|---------|
| 16 Sat. | @ Albany Invitational | 10 a.m. |
| 30 Sat. | @ America East Champ. | 10 a.m. |
| | hosted by New Hampshire | |

NOVEMBER

- | | | |
|---------|------------------------------|---------|
| 13 Sat. | @ NCAA Regional | 10 a.m. |
| | at Van Cortlandt Park, Bronx | |
| 20 Sat. | @ ECAC Championship | 10 a.m. |
| | at Van Cortlandt Park, Bronx | |