

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Allen, Kenneth	1985	New York State Championship					
	1986	New York State Championship					
	1987	New York State Championship	5 miles	29:42	109th of 129		
	1988	New York State Championship	5 miles	29:25	70th of 120		
	<b>CAREER TOTALS</b>	<b>2 Events</b>					
Alliegro, Chris	1983	Results not available					
Antisdel, Tim	1986	New York State Championship		35:23	42nd of 127		
Angeline, Joseph	1960	Results not available					
Auerbach, Marc	1994	Zero Events					
	1995	Zero Events					
	1996	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Augenlicht, Jeffrey	1960	Results not available					
Banke, Richard	1978	The Sun Run		38:38	67th		
		Le Moyne/Scranton (triangular)	5 miles	33:04	29th of 36		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	31:47	43rd of 49		
		Hobart (dual meet)	5 miles	31:33	12th of 17		
		St. Bonaventure (dual meet)	5 miles	30:35	23rd of 29		
	<b>1978 Totals</b>	<b>5 Events</b>					
Banks, Tony	1978	Oswego (dual meet)	5 miles	26:34	3rd of 21	*	
		Rochester/Hamilton (triangular)		27:52	25th of 29		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	27:32	5th of 49	*	
		Lock Haven/Hartwick/Oneonta (quadrangular)		25:17	6th of 31	*	
		St. Bonaventure (dual meet)	5 miles	27:20	4th of 29	*	
		New York State Championship	10K	33:52	28th of 112		
		NCAA Division III Regional	5 miles	27:05	45th of 80		
	<b>1978 Totals</b>	<b>7 Events</b>				<b>4</b>	
Bashaw, Travis	1998	Oswego Invitational	8K	28:16	19th of 161		

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		Cortland Invitational		22:09	50th of 82		
		Le Moyne Invitational	8K	28:17	11th of 67		
		Albany Invitational	8K	27:27	55th of 158		
		NECC Championship	8K	27:11	29th of 118		
		NCAA Division II Regional		36:40	105th of 203		
	<b>1998 Totals</b>	<b>6 Events</b>					
	1999	Binghamton Invitational	8K	28:15	3rd of 45	*	
		Oswego Invitational	8K	27:52	24th of 109		
		Syracuse Invitational	8K	27:18	4th of 49	*	
		Geneseo Invitational	8K	27:12	32nd of 181		
		East Stroudsburg Invitational	8K	27:16	12th of 55		
		ECAC Championship	8K	28:12	3rd of 16	*	
		NECC Championship	8K	26:16	20th of 59		
		Albany Invitational	8K	27:13	24th of 113		
	<b>1999 Totals</b>	<b>8 Events</b>				<b>3</b>	
	2000	Binghamton Invitational	8K	27:38	5th of 39	*	
		Syracuse Invitational	8K	26:55	11th of 79		
		NYS Challenge	8K	27:38	8th of 46	*	
		Lehigh Paul Short Run	8K	26:17	93rd of 243		
		Albany Invitational	8K	26:58	10th of 131	*	
		Albany Invitational	8K	27:02	10th of 41	*	
		IC4A Championship	8K	27:12	50th of 141		
	<b>2000 Totals</b>	<b>7 Events</b>				<b>4</b>	
	<b>CAREER TOTALS</b>	<b>21 Events</b>				<b>7</b>	
Beck, Steve	1978	Le Moyne/Scranton (triangular)	5 miles	29:37	11th of 36		
		Rochester/Hamilton (triangular)		27:47	23rd of 29		
		Lock Haven/Hartwick/Oneonta (quadrangular)		25:51	14th of 31		
		SUNYAC Championship	5 miles	29:07	52nd of 87		
		St. Bonaventure (dual meet)	5 miles	28:00	12th of 29		
	<b>1978 Totals</b>	<b>5 Events</b>					
Becker, Andrew	1982	Results not available					
Bennett, Paul	1993	Zero Events					
	1994	Zero Events					
	1995	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Berkeley, Alan	1985	New York State Championship	5 miles	28:40	120th of 140		
Berman, Bob	1978	Oswego (dual meet)	5 miles	30:59	18th of 21		
		Le Moyne/Scranton (triangular)	5 miles	33:23	31st of 36		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	31:18	40th of 49		
		Hobart (dual meet)	5 miles	32:14	14th of 17		
		St. Bonaventure (dual meet)	5 miles	31:20	26th of 29		
	<b>1978 Totals</b>	<b>5 Events</b>					
Bespalko, Steven	1971	Results not available					
Bills, Cliff	1978	The Sun Run		32:15	2nd	*	
	1979	New York State Championship	5 miles	27:51	49th of 131		
		NCAA Division III Regional	5 miles	27:34	32nd of 89		
	<b>1979 Totals</b>	<b>2 Events</b>					
	<b>CAREER TOTALS</b>	<b>3 Events</b>				<b>1</b>	
Bliss, James	1957	Results not available					
Bondoc, Rey	1984	Results not available					
Brennan, Robert	1971	Results not available					
Breno, Alex	1954	Results not available					
Bretsch, Kurt	1990	New York State Championship					
Brochinsky, Harry	1985	New York State Championship	5 miles	28:41	121st of 140		
	1986	New York State Championship					
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Bronner, Hudson	1987	New York State Championship	5 miles	29:50	112th of 129		
	1988	New York State Championship					
	1989	New York State Championship					
	1990	New York State Championship	8K	27:39	38th of 114		
	<b>CAREER TOTALS</b>	<b>2 Events</b>					

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Browning, Mark	1996	Zero Events					
Burke, Edward	1969	Results not available					
Burtch, Milton	1956	Results not available					
Cahill, Michael	1990	New York State Championship					
Carbone, Mike	1955-56	Results not available					
Carlstein, Rudolph	1995	Zero Events					
	1996	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Carpenter, Thomas	1999	Syracuse Invitational	8K	28:04	20th of 49		
		ECAC Championship	8K	28:24	5th of 16	*	
	<b>1999 Totals</b>	<b>2 Events</b>				<b>1</b>	
	2000	Binghamton Invitational	8K	28:23	10th of 39	*	
		Lehigh Paul Short Run	8K	27:13	161st of 243		
		Albany Invitational	8K	27:54	26th of 131		
		Albany Invitational	8K	27:19	12th of 41		
		IC4A Championship	8K	27:22	57th of 141		
	<b>2000 Totals</b>	<b>5 Events</b>				<b>1</b>	
	2001	Colgate Harry Lang Invitational	8K	28:09	14th of 73		
		Central Connecticut State Invitational	8K	28:27	23rd of 58		
		Lehigh Paul Short Run	8K	27:19	179th of 274		
		Albany Invitational	8K	27:38	38th of 191		
		America East Championship	8K	27:04	51st of 74		
		NCAA Division I Northeast Regional	8K	34:18	203rd of 249		
	<b>2001 Totals</b>	<b>6 Events</b>					
	<b>CAREER TOTALS</b>	<b>13 Events</b>				<b>2</b>	
Carpinello, Michael	1982	Results not available					
Catalano, Dominic	2003	Syracuse (dual meet)	8K	28:37	16th of 20		
		Syracuse Big Orange Classic	8K	29:39	21st of 57		
		Albany Invitational	8K	26:59	58th of 244		
		America East Championship	8K	28:09	54th of 80		

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		NCAA Division I Northeast Regional	9855 M	34:29	173rd of 233		
		ECAC/IC4A Championship	5 miles	27:53	51st of 111		
	<b>2003 Totals</b>	<b>6 Events</b>					
Cevoli, David	1993	Zero Events					
Chambers, Peter	2001	Colgate Harry Lang Invitational	8K	27:04	7th of 73	*	
		Cornell Invitational	8K	28:53	40th of 76		
		America East Championship	8K	26:34	40th of 74		
		NCAA Division I Northeast Regional	8K	33:02	174th of 249		
		ECAC/IC4A Championship	8K	26:56	53rd of 196		
	<b>2001 Totals</b>	<b>8 Events</b>				<b>1</b>	
	2002	Colgate Harry Lang Invitational	8K	28:53	17th of 36		
		Syracuse Orange Classic	8K	27:14	7th of 66	*	
		Lehigh Paul Short Run	8K	26:31	103rd of 233		
		Albany (dual meet)	8K	26:38	3rd of 16	*	
		America East Championship	8K	26:16	27th of 71		
		NCAA Division I Northeast Regional	8K	33:47	114th of 223		
		ECAC/IC4A Championship	8K	27:19	35th of 148		
	<b>2002 Totals</b>	<b>7 Events</b>				<b>2</b>	
	2003	Colgate Harry Lang Invitational	7800 M	27:07	5th of 49	*	
		Syracuse (dual meet)	8K	26:59	4th of 20	*	
		Lehigh Paul Short Run	8K	26:09	107th of 233		
		Albany Invitational	8K	26:25	29th of 244		
		America East Championship	8K	27:15	32nd of 80		
		NCAA Division I Northeast Regional	9855 M	34:22	169th of 233		
	<b>2003 Totals</b>	<b>6 Events</b>				<b>2</b>	
	<b>CAREER TOTALS</b>	<b>12 Events</b>				<b>5</b>	
Chan, Eddie	1985	Zero Events					
	1986	Zero Events					
	1987	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Christy, Nick	1994	Zero Events					
Cizen, Miro	1986	New York State Championship					

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Cody, David	1971	Results not available					
Cohen, Scott	1987	New York State Championship	5 miles	30:13	115th of 129		
	1988	New York State Championship	5 miles	30:55	97th of 120		
	<b>CAREER TOTALS</b>	<b>2 Events</b>					
Cohen, Steve	1978	The Sun Run		35:34	25th		
		Oswego (dual meet)	5 miles	27:15	7th of 21	*	
		Le Moyne/Scranton (triangular)	5 miles	30:25	17th of 36		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	28:52	18th of 49		
	<b>1978 Totals</b>	<b>4 Events</b>				<b>1</b>	
Coleman, Brian	1993	Zero Events					
	1994	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Collins, James	1984	Results not available					
	1985	New York State Championship	5 miles	28:04	102nd of 140		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Cooper, Steven	1982	Results not available					
Craig, Chris	1984	Results not available					
	1985	New York State Championship	5 miles	28:05	103rd of 140		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Cukier, Robert	1961	Results not available					
Cullen, Matt	1999	Zero Events					
	2000	Zero Events					
	2001	Zero Events					
	2002	Colgate Harry Lang Invitational	8K	29:15	19th of 36		
		Syracuse Orange Classic	8K	28:54	27th of 66		
		Lehigh Paul Short Run	8K	29:55	213th of 233		
		Albany (dual meet)	8K	28:54	15th of 16		

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		America East Championship	8K	28:44	61st of 71		
		NCAA Division I Northeast Regional	8K	37:14	205th of 223		
		ECAC/IC4A Championship	8K	29:56	122nd of 148		
	<b>2002 Totals</b>	<b>7 Events</b>					
	<b>CAREER TOTALS</b>	<b>7 Events</b>					
Daniels, Robert	1971	Results not available					
	1972	Results not available					
	1973	Results not available					
	1974	Results not available					
	1975	New York State Championship			2nd		
	<b>CAREER TOTALS</b>						
Dean, Chris	1995	SUNYAC Championship	8K	27:48	14th of 83		
		New York State Championship	8K	28:12	44th of 104		
		NCAA Division III Regional	8K	28:23	49th of 150		
	<b>1995 Totals</b>	<b>3 Events</b>					
	1996	Oswego Invitational			5th of 90	*	
		Williams Invitational			13th of 172		
		Cortland Invitational	8K	26:49	38th of 172		
		SUNYAC Championship	8K	27:27	11th		
		New York State Championship	8K	28:03	31st of 119		
		NCAA Division III Regional	8K	29:25	69th of 164		
	<b>1996 Totals</b>	<b>6 Events</b>				<b>1</b>	
	1997	Ithaca (dual meet)			1st of 41	*	
		Williams Invitational	8K	30:15	74th of 131		
		Westfield Invitational	8K	27:03	18th of 181		
		Rensselaer Invitational			14th of 111		
		New York State Championship	8K	27:17	28th of 130		
		NCAA Division III Regional	8K	27:09	58th of 164		
	<b>1997 Totals</b>	<b>6 Events</b>				<b>1</b>	
	<b>CAREER TOTALS</b>	<b>15 Events</b>				<b>2</b>	
DeLannoy, Dan	1984	Results not available					
Denato, Daniel	1961	Results not available					

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Devillers, Louis	1957	Results not available					
Dickinson, Gary	1999	Zero Events					
	2000	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Dinan, Jim	1987	New York State Championship	5 miles	28:50	97th of 129		
	1988	New York State Championship					
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Dirr, Chris	1985	New York State Championship					
Doherty, Benjamin	1989	New York State Championship	8K	27:38	52nd of 128		
	1990	New York State Championship					
	1991	Oswego Invitational	5 miles	27:02	22nd		
		Lehigh Invitational	5 miles	27:58	49th		
		SUNYAC Championship	5 miles	27:31	32nd		
		ECAC Championship	5 miles	28:18	46th		
		NCAA Division III Regional	8K	27:49	65th		
	<b>1991 Totals</b>	<b>5 Events</b>					
	1992	Oswego Invitational	8K	26:50	8th	*	
		Lehigh Invitational	8K	26:48	25th		
		Lafayette Invitational	8K	27:34	26th		
		SUNYAC Championship	8K	28:31	31st		
		NCAA Division III Regional	8K	27:05	50th		
	<b>1992 Totals</b>	<b>5 Events</b>				<b>1</b>	
	<b>CAREER TOTALS</b>	<b>11 Events</b>				<b>1</b>	
Donahue, Gary	1992	Hobart (dual meet)	5 miles	29:04	2nd	*	
	1993	Oswego Invitational	8K	27:15	12th		
		Lehigh Invitational	8K	27:06	38th		
		SUNYAC Championship	8K	27:58	20th		
		ECAC Championship	8K	29:45	56th		
		NCAA Division III Regional	8K	27:26	65th		
	<b>1993 Totals</b>	<b>5 Events</b>					

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
	<b>CAREER TOTALS</b>	<b>6 Events</b>				<b>1</b>	
Dresser, Matt	1998	Oswego Invitational	8K	27:44	7th of 161	*	
		Le Moyne Invitational	8K	27:41	4th of 67	*	
		Albany Invitational	8K	26:20	18th of 158		
		NECC Championship	8K	27:20	34th of 118		
		NCAA Division II Regional		34:59	42nd of 203		
	<b>1998 Totals</b>	<b>5 Events</b>				<b>2</b>	
	1999	Binghamton Invitational	8K	27:57	2nd of 45	*	
		Oswego Invitational	8K	26:32	2nd of 109	*	
		Syracuse Invitational	8K	26:45	1st of 49	*	*
		Geneseo Invitational	8K	26:20	8th of 181	*	
		East Stroudsburg Invitational	8K	26:31	1st of 55	*	*
		ECAC Championship	8K	27:23	1st of 16	*	*
		NECC Championship	8K	25:08	3rd of 59	*	
		Albany Invitational	8K	26:30	11th of 113		
	<b>1999 Totals</b>	<b>8 Events</b>				<b>7</b>	<b>3</b>
	2000	Binghamton Invitational	8K	27:16	3rd of 39	*	
		Syracuse Invitational	8K	26:26	4th of 79	*	
		NYS Challenge	8K	26:41	1st of 46	*	*
		Lehigh Paul Short Run	8K	25:29	40th of 243		
		Albany Invitational	8K	26:27	3rd of 131	*	
		Albany Invitational	8K	25:53	1st of 41	*	*
		IC4A Championship	8K	26:02	2nd of 141	*	
	<b>2000 Totals</b>	<b>7 Events</b>				<b>6</b>	<b>2</b>
	2001	Colgate Harry Lang Invitational	8K	26:55	4th of 73	*	
		Cornell Invitational	8K	27:55	24th of 76		
		Central Connecticut State Invitational	8K	27:26	8th of 58	*	
		Lehigh Paul Short Run	8K	26:17	90th of 274		
		Albany Invitational	8K	26:18	9th of 191	*	
		America East Championship	8K	25:21	9th of 74	*	
		NCAA Division I Northeast Regional	8K	31:50	79th of 249		
		ECAC/IC4A Championship	8K	25:44	2nd of 196	*	
	<b>2001 Totals</b>	<b>8 Events</b>				<b>5</b>	
	<b>CAREER TOTALS</b>	<b>28 Events</b>				<b>20</b>	<b>5</b>
Drum, Ronald	1971	Results not available					
Dugan, John	1990	New York State Championship					

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Duane, Shawn	1984	Results not available					
Dupcak, Joe	1954	Results not available					
Dwyer, Ben	1984	Results not available					
	1985	New York State Championship					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Ellman, Alan	1961	Results not available					
Elman, Scott	1993	Zero Events					
	1994	Albany Invitational	8K	27:47	91st		
		SUNYAC Championship	4 miles	21:41	47th		
		New York State Championship	8K	30:36	79th		
		NCAA Division III Regional	8K	28:18	86th		
	<b>1994 Totals</b>	<b>4 Events</b>					
	1995	Zero Events					
	1996	Hartwick Invitational			2nd of 32	*	
		SUNYAC Championship	8K	27:57	24th		
		New York State Championship	8K	28:36	54th of 119		
	<b>1996 Totals</b>	<b>3 Events</b>				<b>1</b>	
	<b>CAREER TOTALS</b>	<b>7 Events</b>				<b>1</b>	
Espinosa, Julio	1985	New York State Championship					
Falla, William	1960-61	Results not available					
Farley, William	1986	New York State Championship					
Fehnel, Corey	1999	Zero Events					
	2000	Syracuse Invitational	8K	27:31	26th of 79		
		NYS Challenge	8K	27:50	10th of 46	*	
		Lehigh Paul Short Run	8K	26:45	128th of 243		
		Albany Invitational	8K	27:44	22nd of 131		
		Albany Invitational	8K	26:54	7th of 41	*	
	<b>2000 Totals</b>	<b>5 Events</b>				<b>2</b>	

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
	<b>CAREER TOTALS</b>	<b>5 Events</b>				<b>2</b>	
Fenton, Erik	1998	Zero Events					
Fusco, Tom	1978	The Sun Run		33:08	6th	*	
		Rochester/Hamilton (triangular)		26:48	13th of 29		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	27:53	12th of 49		
		Lock Haven/Hartwick/Oneonta (quadrangular)		25:33	10th of 31	*	
		St. Bonaventure (dual meet)	5 miles	27:20	4th of 29	*	
		New York State Championship	10K	34:15	38th of 112		
		NCAA Division III Regional	5 miles	27:37	63rd of 80		
	<b>1978 Totals</b>	<b>7 Events</b>				<b>3</b>	
Gelerter, Robert	1961	Results not available					
Gemmel, Steve	1995	Zero Events					
	1996	Zero Events					
	<b>TOTALS</b>	<b>Zero Events</b>					
Genung, Prahlad	2002	Colgate Harry Lang Invitational	8K	28:14	9th of 36	*	
		Syracuse Orange Classic	8K	27:44	16th of 66		
		Lehigh Paul Short Run	8K	27:49	166th of 233		
		Albany (dual meet)	8K	27:53	10th of 16	*	
		America East Championship	8K	26:44	32nd of 71		
		NCAA Division I Northeast Regional	8K	34:39	148th of 223		
		ECAC/IC4A Championship	8K	28:10	75th of 148		
	<b>2002 Totals</b>	<b>7 Events</b>				<b>2</b>	
Gibbons, Kieren	1984	Results not available					
Gillen, James Fred	1984	Results not available					
Goldberg, Morton	1961	Results not available					
Goldblatt, Steve	1998	Oswego Invitational	8K	28:54	34th of 161		
		Le Moyne Invitational	8K	28:58	18th of 67		
		NECC Championship	8K	27:10	27th of 118		
	<b>1998 Totals</b>	<b>3 Events</b>					
Goldhirsch, Andrew	1961	Results not available					

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NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Goldstein, Andrew	1961	Results not available					
Goldstein, Joel	1982-84	Results not available					
Gott, Derek	1998	Le Moyne Invitational	8K	31:25	46th of 67		
Graham, Jim	1976	New York State Championship			5th		
Grbic, Nino	1991	Zero Events					
Greenbaum, Rob	1978	Le Moyne/Scranton (triangular)	5 miles	41:47	36th of 36		
		St. Bonaventure (dual meet)	5 miles	38:49	29th of 29		
	<b>1978 Totals</b>	<b>2 Events</b>					
Greenlee, Chris	1991	Oswego Invitational	5 miles	27:40	42nd		
	1992	SUNYAC Championship	8K	28:45	36th		
	1993	SUNYAC Championship	8K	29:32	44th of 81		
		New York State Championship	8K	30:00	55th of 92		
	<b>1993 Totals</b>	<b>2 Events</b>					
	1994	Albany Invitational	8K	27:31	70th		
		SUNYAC Championship	4 miles	21:15	36th		
		New York State Championship	8K	27:16	22nd		
		NCAA Division III Regional	8K	27:15	30th		
	<b>1994 Totals</b>	<b>4 Events</b>					
	<b>CAREER TOTALS</b>	<b>8 Events</b>					
Gruzlewski, Bernard	1950	Results not available					
Gugerty, David	1982	Results not available					
Gumbinger, Peter	1971	Results not available					
Gunther, Arthur	1989	New York State Championship	8K	25:51	6th of 128	*	
	1990	New York State Championship	8K	25:52	3rd of 114	*	
		NCAA Division III Championship			13th		
	<b>1990 Totals</b>	<b>2 Events</b>				<b>1</b>	
	1991	Oswego Invitational	5 miles	25:26	1st	*	*

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		Lehigh Invitational	5 miles	25:20	1st	*	*
		SUNYAC Championship	5 miles	25:08	1st	*	*
		ECAC Championship	5 miles	26:06	1st	*	*
		New York State Championship	5 miles	25:30	5th	*	
		NCAA Division III Regional	8K	25:40	5th	*	
		NCAA Division III Championship	8K	24:59	14th of 177		
	<b>1991 Totals</b>	<b>7 Events</b>				<b>6</b>	<b>4</b>
	1992	Oswego Invitational	8K	25:27	1st	*	*
		Lehigh Invitational	8K	24:56	2nd	*	
		Lafayette Invitational	8K	25:16	1st	*	*
		SUNYAC Championship	8K	25:40	1st	*	*
		ECAC Championship	8K	26:43	2nd	*	
		NCAA Division III Regional	8K	24:54	3rd	*	
		NCAA Division III Championship	8K	26:09	68th of 180		
	<b>1992 Totals</b>	<b>7 Events</b>				<b>6</b>	<b>3</b>
	<b>CAREER TOTALS</b>	<b>17 Events</b>				<b>14</b>	<b>7</b>
Gutgesell, William	1956	Results not available					
Gutierrez, Jorge	1982-84	Results not available					
Hall, Arthur	1990	New York State Championship					
Hall, Sean	1992	Hobart	5 miles	30:26	8th	*	
	1993	Zero Events					
	<b>CAREER TOTALS</b>	<b>1 Event</b>				<b>1</b>	
Hammer, Henry	1955	Results not available					
Hansel, Brad	1996	Zero Events					
	1997	Zero Events					
	1998	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Hardwick, Kevin	1978	The Sun Run		37:56	54th		
		Oswego (dual meet)	5 miles	28:27	10th of 21	*	
		Le Moyne/Scranton (triangular)	5 miles	30:37	19th of 36		
		Hobart (dual meet)	5 miles	30:39	7th of 17	*	

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		St. Bonaventure (dual meet)	5 miles	29:50	21st of 29		
	<b>1978 Totals</b>	<b>5 Events</b>				<b>2</b>	
Hardy, Alan	1961	Results not available					
Harrison, Dan	1992	Hobart	5 miles	29:45	5th	*	
Harrison, Franklin	1993	Zero Events					
Head, Jim	1996	Cortland Invitational	8K	27:42	92nd of 172		
		SUNYAC Championship	8K	28:02	29th		
		New York State Championship	8K	28:18	45th of 119		
		NCAA Division III Regional	8K	29:27	71st of 164		
	<b>1996 Totals</b>	<b>4 Events</b>					
	1997	Oswego Invitational	8K	28:02	41st of 151		
		Williams Invitational	8K	28:55	43rd of 131		
	<b>1997 Totals</b>	<b>2 Events</b>					
	1998	Oswego Invitational	8K	27:46	8th of 161	*	
		Cortland Invitational		21:49	40th of 82		
		Le Moyne Invitational	8K	28:01	10th of 67	*	
		Albany Invitational	8K	26:47	32nd of 158		
		NECC Championship	8K	26:14	13th of 118		
		NCAA Regional		34:31	34th of 203		
	<b>1998 Totals</b>	<b>6 Events</b>				<b>2</b>	
	1999	Syracuse Invitational	8K	27:25	6th of 49	*	
		ECAC Championship	8K	28:20	4th of 16	*	
		NECC Championship	8K	25:46	11th of 59		
		Albany Invitational	8K	26:58	18th of 113		
	<b>1999 Totals</b>	<b>4 Events</b>				<b>2</b>	
	<b>CAREER TOTALS</b>	<b>16 Events</b>				<b>4</b>	
Hecht, Carl	1960-61	Results not available					
Hefferon, Ben	1995	Binghamton Invitational			1st of 46	*	*
		Oswego Invitational			1st of 159	*	*
		Williams Invitational	8K	27:38	21st of 147		
		SUNYAC Championship	8K	27:44	11th of 83		
		New York State Championship	8K	27:08	11th of 104		
		NCAA Division III Regional	8K	27:37	18th of 150		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
	<b>1995 Totals</b>	<b>6 Events</b>				<b>2</b>	<b>2</b>
Herbert, Jeff	2003	Colgate Harry Lang Invitational	7800 M	28:13	13th of 49		
		Syracuse (dual meet)	8K	28:11	11th of 20		
		Syracuse Big Orange Classic	8K	30:24	29th of 57		
		Lehigh Paul Short Run	8K	28:09	205th of 233		
		Albany Invitational	8K	28:11	111th of 244		
		America East Championship	8K	28:13	57th of 80		
		NCAA Division I Northeast Regional	9855 M	34:48	188th of 233		
		ECAC/IC4A Championship	5 miles	28:43	74th of 111		
	<b>2003 Totals</b>	<b>8 Events</b>					
Hernandez, Jose	1982	Results not available					
Herschenfeld, Ivan	1990	New York State Championship					
Heytota, Bobby	1999	Zero Events					
	2000	Zero Events					
	2001	Lehigh Paul Short Run	8K	27:25	187th of 274		
		Albany Invitational	8K	27:53	47th of 191		
		NCAA Division I Northeast Regional	8K	33:50	182nd of 249		
		ECAC/IC4A Championship	8K	27:33	88th of 196		
	<b>2001 Totals</b>	<b>4 Events</b>					
	2002	Colgate Harry Lang Invitational	8K	28:18	10th of 36	*	
		Lehigh Paul Short Run	8K	27:21	143rd of 233		
		Albany (dual meet)	8K	27:13	8th of 16	*	
		America East Championship	8K	26:58	37th of 71		
		NCAA Division I Northeast Regional	8K	34:09	126th of 223		
		ECAC/IC4A Championship	8K	27:46	56th of 148		
	<b>2002 Totals</b>	<b>6 Events</b>				<b>2</b>	
	<b>CAREER TOTALS</b>	<b>10 Events</b>				<b>2</b>	
Hillie, Karl	1961	Results not available					
Hinrichs, Mark	1993	Zero Events					
Holmes, Edwin	1969	Results not available					
Hopkins, James	1988	New York State Championship	5 miles	29:11	54th of 120		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Horn, Eric	1988	New York State Championship	5 miles	29:12	55th of 120		
	1989	New York State Championship	8K	28:09	67th of 128		
	1990	New York State Championship	8K	27:27	33rd of 114		
	1991	Oswego Invitational	5 miles	26:35	14th		
		Lehigh Invitational	5 miles	26:57	30th		
		SUNYAC Championship	5 miles	27:03	20th		
		ECAC Championship	5 miles	28:36	61st		
		New York State Championship	5 miles	27:28	36th		
		NCAA Division III Regional	8K	28:04	75th		
	<b>1991 Totals</b>	<b>6 Events</b>					
	<b>CAREER TOTALS</b>	<b>9 Events</b>					
Horn, Paul	1978	The Sun Run		34:31	13th		
		Oswego	5 miles	28:49	13th of 21		
		Le Moyne/Scranton	5 miles	30:32	18th of 36		
		Cortland/Ithaca/Buffalo	5 miles	29:58	26th of 49		
		Hobart	5 miles	29:58	4th of 17	*	
		Lock Haven/Hartwick/Oneonta		27:06	25th of 31		
Hrbek, Thomas	1989	Zero Events					
	1990	New York State Championship					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Hubert, Doug	1995	Zero Events					
	1996	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Hueston, David	1987	New York State Championship					
Hurd, Garry	1994	Albany Invitational	8K	27:17	57th		
		SUNYAC Championship	4 miles	20:43	21st		
		New York State Championship	8K	27:27	25th		
		NCAA Division III Regional	8K	29:00	112th		
	<b>1994 Totals</b>	<b>4 Events</b>					
Hutton, Mark	1990	New York State Championship					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Imdad, Humza	2000	Zero Events					
Jacobs, Noah	1993	Zero Events					
	1994	SUNYAC Championship	4 miles	22:23	61st		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Jakowski, Anthony	1993	SUNYAC Championship	8K	29:07	35th of 81		
Januario, Marty	1985	New York State Championship	5 miles	29:21	132nd of 140		
	1986	New York State Championship					
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Jarmuth, Ronald	1961	Results not available					
Jensen, Ronald	1956-57	Results not available					
Jezik, Andrew	2003	Syracuse (dual meet)	8K	28:28	15th of 20		
		Syracuse Big Orange Classic	8K	29:15	18th of 57		
	<b>2003 Totals</b>	<b>2 Events</b>					
Jones, Phillip	1961	Results not available					
Jordy, Dan	2001	Cornell Invitational	8K	29:13	46th of 76		
	2002	Colgate Harry Lang Invitational	8K	28:38	12th of 36		
		Syracuse Orange Classic	8K	30:46	48th of 66		
		Albany (dual meet)	8K	28:23	12th of 16		
		America East Championship	8K	27:45	49th of 71		
		NCAA Division I Northeast Regional	8K	39:33	220th of 223		
		ECAC/IC4A Championship	8K	33:05	147th of 148		
	<b>2002 Totals</b>	<b>6 Events</b>					
	2003	Syracuse (dual meet)	8K	28:23	13th of 20		
		Syracuse Big Orange Classic	8K	30:20	28th of 57		
		Lehigh Paul Short Run	8K	45:51	231st of 233		
		Albany Invitational	8K	28:58	146th of 244		
		America East Championship	8K	28:53	65th of 80		
		ECAC/IC4A Championship	5 miles	28:36	71st of 111		
	<b>2003 Totals</b>	<b>6 Events</b>					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
	<b>CAREER TOTALS</b>	<b>13 Events</b>					
Judd, Peter	1985	New York State Championship	5 miles	27:43	89th of 140		
Kaartinen, Mark	1961	Results not available					
Kanaan, Nuhad	1955	Results not available					
Kantrowitz, Joshua	1994	Albany Invitational	8K	30:07	174th		
		SUNYAC Championship	4 miles	22:14	57th		
	<b>1994 Totals</b>	<b>2 Events</b>					
	1995	Zero Events					
	1996	Cortland Invitational	8K	28:17	122nd of 172		
		New York State Championship	8K	30:11	86th of 119		
		NCAA Division III Regional	8K	30:18	89th of 164		
	<b>1996 Totals</b>	<b>3 Events</b>					
	1997	Oswego Invitational	8K	27:50	34th of 151		
		Williams Invitational	8K	28:40	31st of 131		
		NCAA Division III Regional	8K	27:50	86th of 164		
	<b>1997 Totals</b>	<b>3 Events</b>					
	<b>CAREER TOTALS</b>	<b>8 Events</b>					
Kayser, Tim	1990	New York State Championship					
Kearns, Edmund	1984	Results not available					
	1985	New York State Championship					
	1986	New York State Championship		36:32	76th of 127		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Keenan, Mike	1990	New York State Championship	8K	28:46	71st of 114		
		Oswego Invitational	5 miles	26:30	12th		
		Lehigh Invitational	5 miles	27:44	44th		
		SUNYAC Championship	5 miles	27:41	38th		
		ECAC Championship	5 miles	29:26	95th		
	<b>1991 Totals</b>	<b>5 Events</b>					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
	1992	Oswego Invitational	8K	27:07	10th	*	
		Lehigh Invitational	8K	27:00	31st		
		Lafayette Invitational	8K	28:07	32nd		
		SUNYAC Championship	8K	27:54	19th		
		ECAC Championship	8K	29:09	41st		
	<b>1992 Totals</b>	<b>5 Events</b>				<b>1</b>	
	1993	Albany Invitational	8K	27:25	78th of 232		
		SUNYAC Championship	8K	28:17	12th of 81		
		New York State Championship	8K	28:58	29th of 92		
		NCAA Division III Regional	8K	27:47	66th of 140		
		NCAA Division III Championship	8K	26:46	119th of 182		
	<b>1993 Totals</b>	<b>5 Events</b>					
	<b>CAREER TOTALS</b>	<b>16 Events</b>				<b>1</b>	
Kelly, Sean	1990	New York State Championship					
	1991	Lehigh Invitational	5 miles	29:32	62nd		
		SUNYAC Championship	5 miles	28:14	51st		
	<b>1991 Totals</b>	<b>2 Events</b>					
	1992	Zero Events					
	<b>CAREER TOTALS</b>	<b>2 Events</b>					
Kent, Mike	1996	Cortland Invitational	8K	26:54	43rd of 172		
		Geneseo Invitational			5th of 112	*	
		SUNYAC Championship	8K	26:45	5th	*	
		New York State Championship	8K	27:22	12th of 119		
		NCAA Division III Regional	8K	29:24	68th of 164		
	<b>1996 Totals</b>	<b>5 Events</b>				<b>2</b>	
	1997	Ithaca (dual meet)			2nd of 41	*	
		Oswego Invitational	8K	27:32	22nd of 151		
		Westfield Invitational	8K	26:34	9th of 181	*	
		New York State Championship	8K	26:48	16th of 130		
		NCAA Division III Regional	8K	25:56	8th of 164	*	
	<b>1997 Totals</b>	<b>5 Events</b>				<b>3</b>	
	<b>CAREER TOTALS</b>	<b>10 Events</b>				<b>5</b>	
Kerr, Bob	1979	New York State Championship	5 miles	28:22	72nd of 131		
		NCAA Division III Regional	5 miles	27:59	47th of 89		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
	<b>1979 Totals</b>	<b>2 Events</b>					
Kimberley, Jamie	1995	Zero Events					
	1996	Zero Events					
	1997	Zero Events					
	1998	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Kingsland, Robert	1984	Results not available					
Kirk, Kevin	1998	Cortland Invitational		22:16	54th of 82		
		Le Moyne Invitational	8K	28:34	14th of 67		
		Albany Invitational	8K	27:01	40th of 158		
		NECC Championship	8K	27:29	48th of 118		
		NCAA Division II Regional		36:03	81st of 203		
	<b>1998 Totals</b>	<b>5 Events</b>					
	1999	Binghamton Invitational	8K	28:56	8th of 45	*	
		Oswego Invitational	8K	28:15	35th of 109		
		East Stroudsburg Invitational	8K	27:19	14th of 55		
		ECAC Championship	8K	28:29	6th of 16	*	
		NECC Championship	8K	26:04	18th of 59		
		Albany Invitational	8K	26:57	17th of 113		
	<b>1999 Totals</b>	<b>6 Events</b>				<b>2</b>	
	2000	Binghamton Invitational	8K	27:34	4th of 39	*	
		Syracuse Invitational	8K	27:03	17th of 79		
		NYS Challenge	8K	27:08	6th of 46	*	
		Lehigh Paul Short Run	8K	26:51	136th of 243		
		IC4A Championship	8K	27:48	68th of 141		
	<b>2000 Totals</b>	<b>5 Events</b>				<b>2</b>	
	<b>CAREER TOTALS</b>	<b>16 Events</b>				<b>4</b>	
Kish, Warren	1990	New York State Championship	8K	29:10	76th of 114		
	1991	Oswego Invitational	5 miles	27:02	21st		
		Lehigh Invitational	5 miles	27:23	38th		
		SUNYAC Championship	5 miles	27:04	21st		
		ECAC Championship	5 miles	27:53	32nd		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		New York State Championship	5 miles	27:52	46th		
		NCAA Division III Regional	8K	27:49	65th		
	<b>1991 Totals</b>	<b>6 Events</b>					
	1992	Oswego Invitational	8K	27:34	17th		
		Lehigh Invitational	8K	27:11	43rd		
		Lafayette Invitational	8K	27:57	31st		
		SUNYAC Championship	8K	27:41	15th		
		ECAC Championship	8K	28:32	17th		
		NCAA Division III Regional	8K	26:41	37th		
	<b>1992 Totals</b>	<b>6 Events</b>					
	1993	Albany Invitational	8K	27:53	95th of 232		
		SUNYAC Championship	8K	28:55	28th of 81		
		New York State Championship	8K	29:10	34th of 92		
		NCAA Division III Regional	8K	27:52	67th of 140		
		NCAA Division III Championship	8K	27:02	139th of 182		
	<b>1993 Totals</b>	<b>5 Events</b>					
	<b>CAREER TOTALS</b>	<b>18 Events</b>					
Kleespies, John	1986	New York State Championship					
Klein, Ron	2000	Zero Events					
	2001	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Klingner, Dirk	1987	New York State Championship					
	1988	New York State Championship					
	1989	New York State Championship					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Kolakowski, Tom	1996	Zero Events					
Kolewe, Korwyn	1998	Zero Events					
	1999	Zero Events					
	2000	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Kramer, Matthew	1991	Zero Events					
Kroemer, Kurt	1979	New York State Championship	5 miles	27:23	29th of 131		
		NCAA Division III Regional	5 miles	27:45	38th of 89		
	<b>1979 Totals</b>	<b>2 Events</b>					
	1980						
	1981						
	1982						
	<b>CAREER TOTALS</b>	<b>2 Events</b>					
Kubarych, Rob	1979	NCAA Division III Regional	5 miles	28:04	50th of 89		
Kuhl, Raymond	1994	Zero Events					
Kusnic, Joey	1990	New York State Championship					
LaBare, Byron	1996	Zero Events					
Laguzza, Jeff	1996	New York State Championship	8K	33:15	115th of 119		
Lane, Seth	1986	New York State Championship		35:38	50th of 127		
	1987	New York State Championship	5 miles	28:00	68th of 129		
	1988	New York State Championship	5 miles	27:30	13th of 120		
	1989	New York State Championship	8K	26:08	11th of 128		
	<b>CAREER TOTALS</b>	<b>4 Events</b>					
Lawless, Bob	1978	Le Moyne/Scranton (triangular)	5 miles	31:33	26th of 36		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	31:31	42nd of 49		
		St. Bonaventure (dual meet)	5 miles	30:22	22nd of 29		
	<b>1978 Totals</b>	<b>3 Events</b>					
Lee, Michael	1990	New York State Championship					
	1991	Oswego Invitational	5 miles	27:28	33rd		
		Lehigh Invitational	5 miles	28:53	57th		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		SUNYAC Championship	5 miles	28:18	52nd		
	<b>1991 Totals</b>	<b>3 Events</b>					
	1992	Zero Events					
	1993	SUNYAC Championship	8K	30:48	58th of 81		
	<b>CAREER TOTALS</b>	<b>4 Events</b>					
Lehtonen, Alfred	1960	Results not available					
Lentino, Jon	1996	Cortland Invitational	8K	27:05	51st of 172		
		SUNYAC Championship	8K	28:13	32nd		
		New York State Championship	8K	28:17	44th of 119		
		NCAA Division III Regional	8K	31:04	103rd of 164		
	<b>1996 Totals</b>	<b>4 Events</b>					
	1997	Oswego Invitational	8K	27:05	9th of 151	*	
		Williams Invitational	8K	28:02	17th of 131		
		Westfield Invitational	8K	26:46	13th of 181		
		New York State Championship	8K	26:56	19th of 130		
		NCAA Division III Regional	8K	26:43	40th of 164		
	<b>1997 Totals</b>	<b>5 Events</b>				<b>1</b>	
	1998	Oswego Invitational	8K	28:03	17th of 161		
		Cortland Invitational		21:55	45th of 82		
		Le Moyne Invitational	8K	27:58	8th of 67	*	
		Albany Invitational	8K	26:32	24th of 158		
		NECC Championship	8K	26:09	9th of 118	*	
		NCAA Division II Regional		35:51	72nd of 203		
	<b>1998 Totals</b>	<b>6 Events</b>				<b>2</b>	
	1999	Binghamton Invitational	8K	29:09	9th of 45	*	
		Oswego Invitational	8K	28:13	34th of 109		
		Syracuse Invitational	8K	27:26	7th of 49	*	
		Geneseo Invitational	8K	27:06	30th of 181		
		East Stroudsburg Invitational	8K	26:47	5th of 55	*	
		ECAC Championship	8K	28:05	2nd of 16	*	
		NECC Championship	8K	25:18	6th of 59	*	
		Albany Invitational	8K	26:38	14th of 113		
	<b>1999 Totals</b>	<b>8 Events</b>				<b>5</b>	
	<b>CAREER TOTALS</b>	<b>23 Events</b>				<b>8</b>	

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Liu, John	1985	New York State Championship					
	1986	New York State Championship					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Lorenze, Keith	1997	Zero eVents					
Lukasavage, James	1984	Results not available					
Luther, John	1978	The Sun Run		32:32	4th	*	
		Rochester/Hamilton (triangular)		25:37	1st of 29	*	*
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	26:38	1st of 49	*	*
		Lock Haven/Hartwick/Oneonta (quadrangular)		23:48	1st of 31	*	*
		SUNYAC Championship	5 miles	26:51	4th of 87	*	
		St. Bonaventure (dual meet)	5 miles	26:38	1st of 29	*	*
		New York State Championship	10K	33:09	7th of 112	*	
		NCAA Division III Regional	5 miles	25:51	5th of 80	*	
	<b>1978 Totals</b>	<b>8 Events</b>				<b>8</b>	<b>4</b>
	1979	New York State Championship	5 miles	26:56	10th of 131	*	
		NCAA Division III Regional	5 miles	26:49	9th of 89	*	
	<b>1979 Totals</b>	<b>2 Events</b>				<b>2</b>	
	<b>CAREER TOTALS</b>	<b>10 Events</b>				<b>10</b>	<b>4</b>
Lytle, Charles	1960	Results not available					
MacDonald, Joseph	1984	Results not available					
Madden, David	1990	New York State Championship					
	1991	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Malinowski, Bryan	1984	Results not available					
Martinez, Jose	1978	The Sun Run		35:40	26th		
		Oswego (dual meet)	5 miles	26:17	2nd of 21	*	
		Le Moyne/Scranton (triangular)	5 miles	29:24	10th of 36	*	
		Rochester/Hamilton (triangular)		27:40	20th of 29		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	27:40	8th of 49	*	
		Lock Haven/Hartwick/Oneonta (quadrangular)		26:10	17th of 31		
		SUNYAC Championship	5 miles	28:38	45th of 87		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		St. Bonaventure (dual meet)	5 miles	29:09	18th of 29		
	<b>1978 Totals</b>	<b>8 Events</b>				<b>3</b>	
McCaffery, Adam	1997	Oswego Invitational	8K	28:18	48th of 151		
		New York State Championship	8K	27:32	39th of 130		
	<b>1997 Totals</b>	<b>2 Events</b>					
	1998	Zero Events					
	1999	Binghamton Invitational	8K	28:42	5th of 45	*	
	2000	Zero Events					
	<b>CAREER TOTALS</b>	<b>3 Events</b>				<b>1</b>	
McCormick, James	1971	Results not available					
McHale, Douglas	1960	Results not available					
McPherson, Ken	1993	Albany Invitational	8K	28:53	141st of 232		
		SUNYAC Championship	8K	29:47	47th of 81		
		NCAA Division III Regional	8K	26:56	23rd of 140		
		NCAA Division III Championship	8K	26:52	127th of 182		
	<b>1993 Totals</b>	<b>4 Events</b>					
	1994	Albany Invitational	8K	25:46	8th	*	
		SUNYAC Championship	4 miles	19:32	1st	*	*
		New York State Championship	8K	27:14	21st		
		NCAA Division III Regional	8K	31:30	146th		
	<b>1994 Totals</b>	<b>4 Events</b>				<b>2</b>	<b>1</b>
	1995	Williams Invitational	8K	27:24	15th of 147		
		Lafayette Invitational			14th of 77		
		SUNYAC Championship	8K	27:16	6th of 83	*	
		New York State Championship	8K	26:56	8th of 104	*	
		NCAA Division III Regional	8K	27:33	16th of 150		
	<b>1995 Totals</b>	<b>5 Events</b>				<b>2</b>	
	1997	Oswego Invitational	8K	26:57	7th of 151	*	
		Williams Invitational	8K	28:01	16th of 131		
		Cortland Invitational			13th of 110		
		Geneseo Invitational			1st of 125	*	*
		Lafayette Invitational			9th of 73	*	

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		Westfield Invitational	8K	26:09	5th of 181	*	
		New York State Championship	8K	27:01	21st of 130		
		NCAA Division III Regional	8K	26:02	11th of 164		
	<b>1997 Totals</b>	<b>8 Events</b>				<b>4</b>	<b>1</b>
	<b>CAREER TOTALS</b>	<b>21 Events</b>				<b>8</b>	<b>2</b>
Meeks, David	1957	New York State Championship			40th		
Melnitsky, Sheldon	1971	Results not available					
Messenger, Brian	1988	New York State Championship	5 miles	30:20	89th of 162		
	1989	New York State Championship					
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Mock, Matthew	1990	New York State Championship					
Mohammad, Asad	2001	Zero Events					
Moreau, John	1971	Results not available					
Moreland, Jeff	1995	Williams Invitational	8K	28:01	40th of 147		
		SUNYAC Championship	8K	28:33	30th of 83		
		New York State Championship	8K	27:55	34th of 104		
		NCAA Division III Regional	8K	28:24	50th of 150		
	<b>1995 Totals</b>	<b>4 Events</b>					
	1996	Cortland Invitational	8K	27:28	77th of 172		
		SUNYAC Championship	8K	27:53	21st		
		New York State Championship	8K	28:13	41st of 119		
		NCAA Division III Regional	8K	29:28	72nd of 164		
	<b>1996 Totals</b>	<b>4 Events</b>					
	1997	Zero Events					
	1998	Oswego Invitational	8K	27:51	12th of 161		
		Cortland Invitational		21:16	20th of 82		
		Le Moyne Invitational	8K	27:51	5th of 67	*	
		Albany Invitational	8K	26:08	14th of 158		
		NECC Championship	8K	26:32	18th of 118		
		NCAA Division II Regional		35:20	53rd of 203		
	<b>1998 Totals</b>	<b>6 Events</b>				<b>1</b>	

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
	1999	Geneseo Invitational	8K	27:07	31st of 181		
		ECAC Championship	8K	28:49	7th of 16	*	
	<b>1999 Totals</b>	<b>2 Events</b>				<b>1</b>	
	<b>CAREER TOTALS</b>	<b>16 Events</b>				<b>2</b>	
Morotti, William	1982	Results not available					
Mucci, Paul	1971	Results not available					
Murphy, Chris	1978	The Sun Run		35:22	20th		
		Oswego (dual meet)	5 miles	28:35	11th of 21		
		Le Moyne/Scranton (triangular)	5 miles	33:16	30th of 36		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	29:19	21st of 49		
		Hobart (dual meet)	5 miles	30:06	5th of 17	*	
		Lock Haven/Hartwick/Oneonta (quadrangular)		27:41	27th of 31		
		St. Bonaventure (dual meet)	5 miles	29:24	19th of 29		
	<b>1978 Totals</b>	<b>7 Events</b>				<b>1</b>	
Neenan, Bob	1978	The Sun Run		34:31	13th		
		Le Moyne/Scranton (triangular)	5 miles	28:55	9th of 36	*	
		Rochester/Hamilton (triangular)		27:10	16th of 29		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	27:32	5th of 49	*	
		Lock Haven/Hartwick/Oneonta (quadrangular)		25:18	7th of 31	*	
		SUNYAC Championship	5 miles	28:48	48th of 87		
	<b>1978 Totals</b>	<b>6 Events</b>				<b>3</b>	
Nelan, Brian	1997	Zero Events					
	1998	Le Moyne Invitational	8K	29:56	34th of 67		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Nigro, Robert	1971	Results not available					
Noah, David	1990	New York State Championship					
Oigara, James	1998	Oswego Invitational	8K	28:11	18th of 161		
		Cortland Invitational		21:10	16th of 82		
		Albany Invitational	8K	26:26	21st of 158		
		NCAA Division II Regional		34:51	40th of 203		
	<b>1998 Totals</b>	<b>4 Events</b>					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Oleksik, Greg	1989	New York State Championship	8K	29:36	105th of 128		
	1990	New York State Championship					
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Olson, Ethan	1999	Zero Events					
Olson, Michael	1984	Results not available					
	1985	New York State Championship	5 miles	28:24	115th of 140		
	1986	New York State Championship		36:34	77th of 120		
	1987	New York State Championship	5 miles	27:51	61st of 129		
	<b>CAREER TOTALS</b>	<b>3 Events</b>					
Ostrander, Alton	1986	New York State Championship					
Paladino, Victor	1982	Results not available					
Parker, David	1957	New York State Championship			49th		
	1958	Results not available					
Parker, Gary	1956	Results not available					
Pennell, Leonard	1956	Results not available					
Peters, Mark	1978	The Sun Run		32:55	5th	*	
		Le Moyne/Scranton	5 miles	28:21	4th of 36	*	
		Rochester/Hamilton		26:43	12th of 29		
		Cortland/Ithaca/Buffalo	5 miles	27:22	3rd of 49	*	
		Lock Haven/Hartwick/Oneonta		25:46	12th of 31		
		SUNYAC Championship		27:58	27th of 87		
		St. Bonaventure	5 miles	27:37	9th of 29	*	
		New York State Championship	10K	35:37	67th of 112		
		NCAA Division III Regional	5 miles	27:06	46th of 80		
	<b>1978 Totals</b>	<b>9 Events</b>				<b>4</b>	
Peterson, Chris	1996	Zero Events					
	1997	New York State Championship	8K	27:13	26th of 130		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		NCAA Division III Regional	8K	26:59	50th of 164		
	<b>1997 Totals</b>	<b>2 Events</b>					
	<b>CAREER TOTALS</b>	<b>2 Events</b>					
Petricone, Ralph	1996	New York State Championship	8K	29:36	71st of 119		
Phillips, Chris	1996	Zero Events					
Phillips, Dean	1958	Results not available					
Picciano, Vincent	1954-56	Results not available					
Pierce, Jonathan	1989	New York State Championship					
	1990	New York State Championship	8K	28:05	58th of 114		
	1991	Zero Events					
	1992	Hobart (dual meet)	5 miles	29:39	3rd	*	
	1993	Albany Invitational	8K	26:43	37th of 232		
		SUNYAC Championship	8K	28:03	9th of 81	*	
		New York State Championship	8K	29:00	31st of 92		
		NCAA Division III Regional	8K	26:42	16th of 140		
		NCAA Division III Championship	8K	26:38	104th of 182		
	<b>1993 Totals</b>	<b>5 Events</b>				<b>1</b>	
	<b>CAREER TOTALS</b>	<b>7 Events</b>				<b>2</b>	
Plocica, Robert	1993	Zero Events					
Pook, Jack	1984	Results not available					
Pratt, Arthur	1952-54	Results not available					
Proulx, Steve	1996	Zero Events					
	1997	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Quinn, Paul	1992	Hobart (dual meet)	5 miles	29:55	6th	*	
		SUNYAC Championship	8K	28:05	22nd		
	<b>1992 Totals</b>	<b>2 Events</b>				<b>1</b>	

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
	1993	Albany Invitational	8K	27:21	72nd of 232		
		SUNYAC Championship	8K	28:44	23rd of 81		
		New York State Championship	8K	29:28	45th of 92		
		NCAA Division III Regional	8K	27:11	38th of 140		
	<b>1993 Totals</b>	<b>4 Events</b>					
	1994	Albany Invitational	8K	28:13	108th		
		SUNYAC Championship	4 miles	21:08	33rd		
		New York State Championship	8K	27:38	29th		
		NCAA Division III Regional	8K	27:55	64th		
	<b>1994 Totals</b>	<b>4 Events</b>					
	1995	SUNYAC Championship	8K	28:34	31st of 83		
		New York State Championship	8K	27:58	37th of 104		
		NCAA Division III Regional	8K	28:32	57th of 150		
	<b>1995 Totals</b>	<b>3 Events</b>					
	<b>CAREER TOTALS</b>	<b>13 Events</b>					
Rarrick, Bob	1978	The Sun Run		36:14	29th		
		Oswego (dual meet)	5 miles	28:20	9th of 21	*	
		Le Moyne/Scranton (triangular)	5 miles	31:23	25th of 36		
		Hobart (dual meet)	5 miles	30:54	9th of 17	*	
		St. Bonaventure (dual meet)	5 miles	31:08	24th of 29		
	<b>1978 Totals</b>	<b>5 Events</b>				<b>2</b>	
Raybuck, Mark	1978	The Sun Run		33:27	8th	*	
		Rochester/Hamilton (triangular)		26:14	4th of 29	*	
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	27:49	10th of 49	*	
		Hobart (dual meet)	5 miles	28:09	1st of 17	*	*
		SUNYAC Championship	5 miles	27:07	9th of 87	*	
		St. Bonaventure (dual meet)	5 miles	28:18	15th of 29		
		New York State Championship	10K	33:57	31st of 112		
		NCAA Division III Regional	5 miles	26:15	15th of 80		
	<b>1978 Totals</b>	<b>8 Events</b>				<b>5</b>	<b>1</b>
	1979	New York State Championship	5 miles	26:53	7th of 131	*	
		NCAA Division III Regional	5 miles	26:52	12th of 89		
	<b>1979 Totals</b>	<b>2 Events</b>				<b>1</b>	
	<b>CAREER TOTALS</b>	<b>10 Events</b>				<b>6</b>	<b>1</b>
Raybuck, Mike	1978	The Sun Run		34:14	10th	*	

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		Rochester/Hamilton		27:11	17th of 29		
		Lock Haven/Hartwick/Oneonta		25:59	16th of 31		
		SUNYAC Championship	5 miles	28:08	32nd of 87		
		St. Bonaventure	5 miles	27:31	7th of 29	*	
		New York State Championship	10K	34:41	51st of 112		
		NCAA Division III Regional	5 miles	27:21	53rd of 80		
	<b>1978 Totals</b>	<b>7 Events</b>				<b>2</b>	
Reese, Steve	1998	Oswego Invitational	8K	28:32	25th of 161		
		Cortland Invitational		22:08	49th of 82		
		Le Moyne Invitational	8K	28:43	16th of 67		
		NECC Championship	8K	27:20	33rd of 118		
	<b>1998 Totals</b>	<b>4 Events</b>					
	1999	Zero Events					
	2000	Zero Events					
	2001	Zero Events					
	2002	Colgate Harry Lang Invitational	8K	29:23	20th of 36		
		Syracuse Orange Classic	8K	28:24	21st of 66		
		Lehigh Paul Short Run	8K	28:10	179th of 233		
		Albany (dual meet)	8K	28:32	13th of 16		
		America East Championship	8K	27:02	39th of 71		
		NCAA Division I Northeast Regional	8K	27:02	160th of 223		
		ECAC/IC4A Championship	8K	28:02	64th of 148		
	<b>2002 Totals</b>	<b>7 Events</b>					
	<b>CAREER TOTALS</b>	<b>11 Events</b>					
Reingold, Fred	1955	Results not available					
Reisner, Adam	1996	Zero Events					
Robert, Jones	1987	New York State Championship					
Rodriguez, George	1982	Results not available					
Rogers, Alan	1958-61	Results not available					
Rogers, Alan	1969	Results not available					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Rosenberg, Leonard	1990	New York State Championship					
Rosenkrantz, Jay	1996	Zero Events					
	1997	Williams Invitational	8K	29:33	59th of 131		
	1998 Totals	Zero Events					
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Rossi, Alfred	1950	Results not available					
Roth, Mark	1969	Results not available					
Rydinski, Robert	1991	Oswego Invitational	5 miles	27:36	38th		
		Lehigh Invitational	5 miles	28:34	56th		
		SUNYAC Championship	5 miles	27:32	33rd		
	<b>1991 Totals</b>	<b>3 Events</b>					
Sacks, Edward	1986	New York State Championship		36:31	75th of 127		
	1987	New York State Championship					
	1988	New York State Championship					
	1989	New York State Championship					
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Saladis, Eugene	1998	Le Moyne Invitational	8K	30:04	37th of 67		
	1999	Zero Events					
	2000	Zero Events					
	2001	Albany Invitational	8K	28:10	68th of 191		
		NCAA Division I Northeast Regional	8K	34:04	192nd of 249		
	<b>2001 Totals</b>	<b>2 Events</b>					
	<b>CAREER TOTALS</b>	<b>3 Events</b>					
Salemo, Joseph	1971	Results not available					
Salgado, Danny	1996	Zero Events					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Sammartino, Tony	1957	Results not available					
Satkin, Richard	1960	Results not available					
Savinon, Francisco	2000	Zero Events					
Scheier, Justin	1999	Zero Events					
	2000	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Scherz, Jared	1987	New York State Championship					
Schreibert, Stuart	1961	Results not available					
Schuyler, Joseph	1988	New York State Championship					
Schwartzbaum, Allan	1961	Results not available					
Scott, Robert	1994	Zero Events					
Seidman, Josh	1998	Le Moyne Invitational	8K	29:28	28th of 67		
		NECC Championship	8K	27:30	49th of 118		
	<b>1998 Totals</b>	<b>2 Events</b>					
Seidman, Richard	1971	Results not available					
Seltman, Donald	1969	Results not available					
Shanahan, Chris	1984	Results not available					
Sicley, Allen	1994	Zero Events					
Siegel, Terry	1956	Results not available					
Siegelman, Richard	1961	Results not available					
Sinnamon, Jerry	1958	Results not available					
Shale, Ted	1978	The Sun Run		38:53	78th		
		Oswego (dual meet)	5 miles	31:18	19th of 21		
		Le Moyne/Scranton (triangular)	5 miles	34:32	35th of 36		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	33:06	46th of 49		
		Hobart (dual meet)	5 miles	33:25	16th of 17		
		St. Bonaventure (dual meet)	5 miles	32:44	28th of 29		
	<b>1978 Totals</b>	<b>6 Events</b>					
Shapiro, Marc	1996	Zero Events					
	1997	Zero Events					
	1998	Zero Events					
	1999	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Shteyn, Sergey	2001	Colgate Harry Lang Invitational	8K	27:36	10th of 73	*	
		Cornell Invitational	8K	28:23	34th of 76		
		Central Connecticut State Invitational	8K	28:10	20th of 58		
	<b>2001 Totals</b>	<b>3 Events</b>				<b>1</b>	
	2002	Colgate Harry Lang Invitational	8K	27:41	5th of 36	*	
		Syracuse Orange Classic	8K	27:42	14th of 66		
		Lehigh Paul Short Run	8K	28:25	186th of 233		
		Albany (dual meet)	8K	27:10	7th of 16	*	
		America East Championship	8K	27:35	46th of 71		
		ECAC/IC4A Championship	8K	28:08	72nd of 148		
	<b>2002 Totals</b>	<b>6 Events</b>				<b>2</b>	
	2003	Colgate Harry Lang Invitational	7800 M	27:53	12th of 49		
		Syracuse (dual meet)	8K	29:25	20th of 20		
		Albany Invitational	8K	27:13	66th of 244		
		America East Championship	8K	27:46	44th of 80		
		NCAA Northeast Regional	9855 M	34:31	174th of 233		
		ECAC/IC4A Championship	5 miles	27:59	53rd of 111		
	<b>2003 Totals</b>	<b>6 Events</b>					
	<b>CAREER TOTALS</b>	<b>15 Events</b>				<b>3</b>	
Sklute, Gerald	1950	Results not available					
Smith, Paul	1954	Results not available					
Smith, William	1958	Results not available					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Sparandara, T.J.	1996	Zero Events					
	1997	Zero Events					
	1998	Zero Events					
	1999	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Spector, Norman	1958-60	Results not available					
Spiegel, John	1992	Hobart	5 miles	29:44	4th	*	
	1993	Oswego Invitational	8K	27:40	19th		
		Lehigh Invitational	8K	27:15	44th		
		SUNYAC Championship	8K	27:51	18th		
		ECAC Championship	8K	28:54	28th		
		NCAA Division III Regional	8K	27:33	69th		
	<b>1993 Totals</b>	<b>5 Events</b>					
	<b>CAREER TOTALS</b>	<b>6 Events</b>				<b>1</b>	
Sponabel, John	1950	Results not available					
Starley, Gerald	1961	Results not available					
Stelmaszyk, Edward	1989	New York State Championship					
Sullivan, James	1991	Oswego Invitational	5 miles	27:27	32nd		
		Lehigh Invitational	5 miles	29:11	59th		
		ECAC Championship	5 miles	28:17	45th		
	<b>1991 Totals</b>	<b>3 Events</b>					
	1992	Oswego Invitational	8K	27:03	9th	*	
		Lehigh Invitational	8K	26:39	22nd		
		Lafayette Invitational	8K	27:23	22nd		
		SUNYAC Championship	8K	27:20	9th	*	
		ECAC Championship	8K	28:46	25th		
		NCAA Division III Regional	8K	27:03	47th		
	<b>1992 Totals</b>	<b>6 Events</b>				<b>2</b>	
	1993	Albany Invitational	8K	26:56	51st of 232		
		SUNYAC Championship	8K	27:58	6th of 81	*	

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		New York State Championship	8K	28:41	21st of 92		
		NCAA Division III Regional	8K	26:57	25th of 140		
		NCAA Division III Championship	8K	27:20	148th of 182		
	<b>1993 Totals</b>	<b>5 Events</b>				<b>1</b>	
	1994	Zero Events					
	1995	Williams Invitational	8K	27:47	27th of 147		
		Geneseo Invitational			5th of 91	*	
		SUNYAC Championship	8K	27:58	17th of 83		
		New York State Championship	8K	27:12	14th of 104		
		NCAA Division III Regional	8K	28:38	60th of 150		
	<b>1995 Totals</b>	<b>5 Events</b>				<b>1</b>	
	<b>CAREER TOTALS</b>	<b>19 Events</b>				<b>4</b>	
Sweeney, William	1958	Results not available					
Symonds, Julian	1988	New York State Championship					
Szymanski, David	1996	Zero Events					
Taylor, Tom	1987	New York State Championship					
	1988	New York State Championship					
	1989	New York State Championship	8K	30:10	111th of 128		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Thomas, Roland	1952-55	Results not available					
Timmons, Robert	1982	Results not available					
Tobin, John	1998	Le Moyne Invitational	8K	29:13	23rd of 67		
	1999	Zero Events					
	2000	Albany Invitational	8K	27:33	13th of 41		
		IC4A Championship	8K	28:00	74th of 141		
	<b>2000 Totals</b>	<b>2 Events</b>					
	2001	Cornell Invitational	8K	28:57	42nd of 76		
		Central Connecticut State Invitational	8K	29:09	33rd of 58		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		Lehigh Paul Short Run	8K	27:31	191st of 274		
		America East Championship	8K	27:01	50th of 74		
		ECAC/IC4A Championship	8K	27:51	106th of 196		
	<b>2001 Totals</b>	<b>5 Events</b>					
	<b>CAREER TOTALS</b>	<b>8 Events</b>					
Toy, John	1985	New York State Championship					
Udewitz, Robert	1984	Results not available					
	1985	New York State Championship					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Ueland, Ben	1996	Zero Events					
	1997	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Urie, Gary	1978	The Sun Run		38:48	76th		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	32:24	45th of 49		
		Hobart (dual meet)	5 miles	32:06	13th of 17		
	<b>1978 Totals</b>	<b>3 Events</b>					
VanAmson, Peter	1982	Results not available					
	1983	Results not available					
	1984	Results not available					
	1985	Results not available					
	1986	New York State Championship		34:25	17th of 127		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Varney, Edwin	1960	Results not available					
Veselka, John	1971	Results not available					
Vitarella, Domenico	1988	New York State Championship					
	1989	New York State Championship					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Von Staden, Travis	2001	Zero Events					
Wadach, Kellen	1999	Zero Events					
	2000	Binghamton Invitational	8K	27:58	6th of 39	*	
		Syracuse Invitational	8K	27:16	21st of 79		
		NYS Challenge	8K	28:01	12th of 46		
		Albany Invitational	8K	28:06	32nd of 131		
	<b>2000 Totals</b>	<b>4 Events</b>				<b>1</b>	
	2001	Colgate Harry Lang Invitational	8K	27:11	8th of 73	*	
		Central Connecticut State Invitational	8K	28:30	24th of 58		
		Lehigh Paul Short Run	8K	26:40	124th of 274		
		Albany Invitational	8K	27:02	23rd of 191		
		America East Championship	8K	26:36	51st of 74		
		ECAC/IC4A Championship	8K	27:05	63rd of 196		
	<b>2001 Totals</b>	<b>6 Events</b>				<b>1</b>	
	2002	Colgate Harry Lang Invitational	8K	27:14	3rd of 36	*	
		Syracuse Orange Classic	8K	26:33	3rd of 66	*	
		Lehigh Paul Short Run	8K	25:53	69th of 233		
		Albany (dual meet)	8K	27:02	6th of 16	*	
	<b>2002 Totals</b>	<b>4 Events</b>				<b>3</b>	
	2003	Colgate Harry Lang Invitational	7800 M	26:41	3rd of 49	*	
		Syracuse (dual meet)	8K	26:41	3rd of 20	*	
		Albany Invitational	8K	26:40	41st of 244		
		America East Championship	8K	27:08	30th of 80		
		NCAA Northeast Regional	9855 M	34:09	164th of 233		
	<b>2003 Totals</b>	<b>5 Events</b>				<b>2</b>	
	<b>CAREER TOTALS</b>	<b>19 Events</b>				<b>7</b>	
Wallin, Jerry	1982	Results not available					
Wallace, Gary	1969-71	Results not available					
Waltzer, Frank	1971	Results not available					
Warkala, Bob	1978	The Sun Run		34:31	13th		
		Oswego (dual meet)	5 miles	27:00	6th of 21	*	
		Le Moyne/Scranton (triangular)	5 miles	30:12	15th of 36		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		Rochester/Hamilton (triangular)		27:41	21st of 29		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	28:41	17th of 49		
		Lock Haven/Hartwick/Oneonta (quadrangular)		25:24	9th of 31	*	
		SUNYAC Championship	5 miles	28:10	33rd of 87		
		St. Bonaventure (dual meet)	5 miles	28:00	12th of 29		
	<b>1978 Totals</b>	<b>8 Events</b>				<b>2</b>	
	1979	New York State Championship	5 miles	28:53	88th of 131		
	<b>CAREER TOTALS</b>	<b>9 Events</b>				<b>2</b>	
Warrender, Jeff	1994	Albany Invitational	8K	28:49	133rd		
		SUNYAC Championship	4 miles	21:46	48th		
		New York State Championship	8K	28:28	54th		
		NCAA Division III Regional	8K	28:22	87th		
	<b>1994 Totals</b>	<b>4 Events</b>					
	1995	Williams Invitational	8K	28:26	55th of 147		
		SUNYAC Championship	8K	28:35	32nd of 83		
		New York State Championship	8K	28:07	41st of 104		
		NCAA Division III Regional	8K	29:04	76th of 150		
	<b>1995 Totals</b>	<b>4 Events</b>					
	1996	Cortland Invitational	8K	27:44	94th of 172		
		SUNYAC Championship	8K	27:51	20th		
		New York State Championship	8K	28:33	53rd of 119		
		NCAA Division III Regional	8K	29:46	79th of 164		
	<b>1996 Totals</b>	<b>4 Events</b>					
	1997	Oswego Invitational	8K	27:49	32nd of 151		
		Williams Invitational	8K	28:55	37th of 131		
		Westfield Invitational	8K	26:46	14th of 181		
		New York State Championship	8K	27:02	22nd of 130		
		NCAA Division III Regional	8K	26:43	36th of 164		
	<b>1997 Totals</b>	<b>5 Events</b>					
	<b>CAREER TOTALS</b>	<b>17 Events</b>					
Weiner, Lorin	1992	Zero Events					
Weiner, Robert	1961	Results not available					
Weinman, Paul	1958	Results not available					

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
Weiss, Jeff	1984	Results not available					
Weiss, Joe	1992	Hobart (dual meet)	5 miles	30:25	7th	*	
	1993	Zero Events					
	1994	New York State Championship	8K	29:00	62nd		
		NCAA Division III Regional	8K	29:15	119th		
	<b>1994 Totals</b>	<b>2 Events</b>					
	1995	Hartwick Invitational			1st of 42	*	*
	<b>CAREER TOTALS</b>	<b>4 Events</b>				<b>2</b>	<b>1</b>
Welch, Michael	1986	New York State Championship					
Wetser, Philip	1971	Results not available					
Whamon, Scott	1987	New York State Championship					
Wharton, Scott	1986	New York State Championship					
	1987	New York State Championship	5 miles	28:43	96th of 129		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Whittaker, William	1984	Results not available					
	1985	New York State Championship					
	1986	New York State Championship		36:07	62nd of 127		
	<b>CAREER TOTALS</b>	<b>1 Event</b>					
Wicks, Robert	1989	New York State Championship	8K	28:14	70th of 128		
Wilczewski, Bryan	1995	Zero Events					
Williams, Matt	1978	The Sun Run		34:31	13th		
		Le Moyne/Scranton (triangular)	5 miles	28:34	6th of 36	*	
		Rochester/Hamilton (triangular)		27:16	19th of 29		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	27:49	10th of 49	*	
		Lock Haven/Hartwick/Oneonta (quadrangular)		25:34	11th of 31		
		SUNYAC Championship	5 miles	29:28	58th of 87		
		St. Bonaventure (dual meet)	5 miles	26:59	3rd of 29	*	

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		New York State Championship	10K	35:51	73rd of 112		
		NCAA Division III Regional	5 miles	27:20	52nd of 80		
	<b>1978 Totals</b>	<b>8 Events</b>				<b>3</b>	
	1979	New York State Championship	5 miles	27:11	22nd of 131		
		NCAA Division III Regional	5 miles	26:38	5th of 89	*	
	<b>1979 Totals</b>	<b>2 Events</b>				<b>1</b>	
	<b>CAREER TOTALS</b>	<b>10 Events</b>				<b>4</b>	
Williams, Tom	2003	Colgate Harry Lang Invitational	7800 M	27:47	10th of 49	*	
		Syracuse (dual meet)	8K	28:03	9th of 20	*	
		Syracuse Big Orange Classic	8K	28:33	8th of 57	*	
		Lehigh Paul Short Run	8K	26:54	165th of 233		
		Albany Invitational	8K	27:10	64th of 244		
		America East Championship	8K	27:51	47th of 80		
		NCAA Division I Northeast Regional	9855 M	33:42	143rd of 233		
		ECAC/IC4A Championship	5 miles	28:05	58th of 111		
	<b>2003 Totals</b>	<b>8 Events</b>				<b>3</b>	
Willie, Joseph	1982	Results not available					
Winters, Bill	1978	The Sun Run		36:32	33rd		
		Oswego (dual meet)	5 miles	29:33	15th of 21		
		Cortland/Ithaca/Buffalo (quadrangular)	5 miles	30:04	28th of 49		
		Hobart (dual meet)	5 miles	29:42	3rd of 17	*	
		Lock Haven/Hartwick/Oneonta (quadrangular)		28:10	29th of 31		
		St. Bonaventure (dual meet)	5 miles	29:08	17th of 29		
	<b>1978 Totals</b>	<b>6 Events</b>				<b>1</b>	
Wlodarski, Mike	2003	Colgate Harry Lang Invitational	7800 M	30:00	26th of 49		
		Syracuse (dual meet)	8K	27:38	6th of 20	*	
		Syracuse Big Orange Classic	8K	31:43	42nd of 57		
		Lehigh Paul Short Run	8K	27:14	178th of 233		
		Albany Invitational	8K	28:21	118th of 244		
		America East Championship	8K	29:45	70th of 80		
		NCAA Division I Northeast Regional	9855 M	34:42	185th of 233		
		ECAC/IC4A Championship	5 miles	28:04	57th of 111		
	<b>2003 Totals</b>	<b>8 Events</b>				<b>1</b>	
Zanetti, Robert	1990	New York State Championship	8K	27:19	30th of 114		
	1991	Oswego Invitational	5 miles	26:47	15th		

Binghamton University Men's Cross Country  
Individual Meet Records

NAME	YEARS	EVENT	DISTANCE	TIME	PLACE	TOP 10	FIRST PLACE
		Lehigh Invitational	5 miles	27:16	35th		
		SUNYAC Championship	5 miles	27:44	39th		
		ECAC Championship	5 miles	28:39	64th		
		New York State Championship	5 miles	27:23	33rd		
		NCAA Division III Regional	8K	27:16	46th		
	<b>1991 Totals</b>	<b>6 Events</b>					
	1992	SUNYAC Championship	8K	28:42	35th		
	1993	Albany Invitational	8K	27:10	60th of 232		
		New York State Championship	8K	29:18	37th of 92		
		NCAA Division III Regional	8K	28:15	89th of 140		
		NCAA Division III Championship	8K	27:28	154th of 182		
	<b>1993 Totals</b>	<b>4 Events</b>					
	<b>CAREER TOTALS</b>	<b>12 Events</b>					
Zeitlin, David	1995	Zero Events					
	1996	Zero Events					
	1997	Zero Events					
	1999	Zero Events					
	<b>CAREER TOTALS</b>	<b>Zero Events</b>					
Zimmerman, Chris	2001	Zero Events					