

Kelley L. Cook, PhD, LCSW-R

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EDUCATION

- May 2023 Doctor of Philosophy from SUNY Binghamton University; Binghamton, NY
May 2009 Master of Social Work from Simmons University; Boston, MA
May 2005 Bachelor of Arts in Psychology from Boston University; Boston, MA

PUBLICATIONS

(* = student co-author; IF = impact factor)

Published in Refereed Journals

- Cook, K.**, Rimkunas, N., Wint, K., Sneed, F.* & Ottens, M.* (In press). Telemental health in rural schools: A scoping review. *Journal of Rural Mental Health*.
- Cook, K.**, Rimkunas, N., Wint, K., & Bronstein, L. (In press). An innovative service delivery model to address rural youth mental health through university-assisted community schools. *Clinical Psychology- Science and Practice*. (5-year IF: 7.3)
- Wint, K., **Cook, K.**, Greiner, C., Yoon, D., & Swann-Jackson, R. (In press). Preschool educators learn about loss: A pilot study of a health. *Families in Society*. (5-year IF: 1.3)
- Cook, K.** (2025). Suicide risk and protective factors for sexual minority college students: A latent class analysis. *OMEGA – Journal of Death and Dying*. (5-year IF: 1.8) <https://doi.org/10.1177/00302228251390153>
- Cook, K.** (2025). Psychometric properties of the Multidimensional Scale of Perceived Social Support (MSPSS) across sexual orientation and gender. *Assessment*. (5-year IF: 4.1) <https://www.doi.org/10.1177/10731911251381536>
- Lee, Y., **Cook, K.**, & Bronstein, L. (2025). Solution-focused telemental health: A new approach for social work field education. *Journal of Social Work Education*, 61(1), 88-103. (5-year IF: 1.5) <https://doi.org/10.1080/10437797.2024.2420093>
- Nachman, B. R., Kim, H., Liu, C., Ottens, M., **Cook, K.**, & Cates, G. (2024). A current state of the knowledge regarding STEM career pathways for students with autism: A systematic literature review. *Journal of Postsecondary Education and Disability*, 37(2), 115-130. (5-year IF: 1.7) <https://files.eric.ed.gov/fulltext/EJ1445975.pdf>
- Kim, H., Baker, D., Kim, S., Liu, C., & **Cook, K.** (2024). The impact of educational and medical systems on autistic children from multilingual homes: A systematic review. *Autism: The International Journal of Research and Practice*, 28(11), 2707-2721. (5-year IF: 7.2) <https://doi.org/10.1177/13623613241242839>
- Lee, Y., Bronstein, L., & **Cook, K.** (2023). Telemental health for rural university-assisted community schools. *Children and Schools*, 45, 46-53. (5-year IF: 1.7) <https://doi.org/10.1093/cs/cdac026>
- Rapoza, K., **Cook, K.**, Zaveri, T. & Malley-Morrison, K. (2010). Ethnic perspectives on sibling abuse in the United States. *Journal of Family Issues*, 31(6), 808-829. (5-year IF: 2.1) <https://doi.org/10.1177/0192513X09359158>

Submitted

- Cook, K.**, Wint, K., Lee, M., Adams, M., & Tripathi, M. (Under review). Community-engaged co-curricular approaches to enhance knowledge about violence against women: A mixed-method study. *Social Work Education*. (5-year IF: 2.0)
- Cook, K.** (Under review). Solution-Focused Trauma-Informed Care (SF-TIC): Development of an evidence-informed practice. *Journal of Social Work Education*. (5-year IF: 1.5)
- Brimhall, K.C., **Cook, K.**, MacDonald, G., & Christensen, M. (Revise and resubmit). Casting a vote for middle managers as most valuable players (MVPs) in shaping how healthcare employees feel about top organizational leadership and performance. *Health Care Management Review*. (5-year IF: 3.2)
- Cook, K.** & Zhao, A.* (Revise and resubmit). Exploring suicide risk from an intersectionality framework. *Journal of Community Psychology*. (5-year IF: 2.4)

Lee, Y. & **Cook, K.** (2024). Group work with Asian and Asian American family caregivers of individuals with dementia. In C. Knight & G. L. Greif (Eds.), *A handbook of contemporary group work practice: Promoting resilience and empowerment in a complex world*, pp. 139-150. Oxford University Press.
<https://www.DOI.org/10.1093/oso/9780197657928.003.0011>

PRESENTATIONS & SPEAKING

- Brimhall, K.C., **Cook, K.**, MacDonald, G., & Christensen, M. (Flash-talk). Casting a vote for middle managers as most valuable players in shaping how nonprofit workers feel about organizational leadership and performance. *Society for Social Work and Research (SSWR) 30th Annual Conference*; Washington, DC.
- Cook, K.** (Poster). Psychometric properties of the Multidimensional Scale of Perceived Social Support for use with LGBTQ+ adults. *Society for Social Work and Research (SSWR) 30th Annual Conference*; Washington, DC.
- Jones, A., Lister, J., Weaver, A., Walters, J., Glenn, K., van der Maas, M., Timbers, V., **Cook, K.**, Calhoun, M., Harrison, A., Massey, I., Giorgio, L., Perone, A., Williams-Sites, K., & Shanks, H. (Accepted; Poster). Rural behavioral health: A SWOT analysis from the special interest group. *Society for Social Work and Research (SSWR) 30th Annual Conference*; Washington, DC.
- Wint, K., **Cook, K.**, Rimkunas, N., & Sneed, F. (Presentation). Current State of Telemental Health in Rural Schools: A Systematic Review. *2025 Annual Conference on Advancing School Mental Health through the National Center for School Mental Health (NCSMH)*; Orlando, FL.
- Wint, K. & **Cook, K.** (Presentation). Educators' grief matters too. *National Association for the Education of Young Children (NAEYC) 2025 Annual Conference*; Orlando, FL.
- Cook, K.**, Wint, K. M., Lee, M., Adams, M., Tripathi, M., Lowe, E. (October 8, 2025; Workshop). Ending violence towards women: A community-engaged approach. *2025 Engagement Scholarship Consortium International Conference*; Roanoke, VA.
- Cook, K.** (August 19, 2025; Invited Workshop). Solution-Focused Trauma Informed Care (SF-TIC): An Evidence-Informed Practice. *Family and Children's Services of Ithaca (F&CS Ithaca)*; Ithaca, NY.
- Rimkunas, N., Provinzano, K., May, T., Hanna, C., Churchland, E., Koskey, K., & **Cook, K.** (April 2025; Presentation). Supporting rural school mental health and social work intern development through UACS: Preliminary pilot findings. *American Educational Research Association (AERA) Annual Conference (School, University, Community, Collaborative Research (SUCCR) SIG)*; Denver, CO.
- Cook, K.** (March 14, 2025; Invited Workshop). Solution-Focused Brief Therapy (SFBT): An evidence-based practice. *Celebrating Our Practices Together Event (Continuing Education Event for School Social Workers and Mental Health Providers)*; Binghamton, NY.
- Cook, K.** (Jan 17, 2025; Poster). Identity-Based Discrimination and Suicide Risk for Sexual Minority College Students. *Society for Social Work and Research 29th Annual Conference*; Seattle, WA.
- Cook, K.** & Rimkunas, N. (Jan 17, 2025; Presentation). Social Work Field Education and University-Assisted Community Schools: Meeting Rural Youth Mental Health Needs. *Society for Social Work and Research 29th Annual Conference*; Seattle, WA.
- Cook, K.**, Rimkunas, N., & Kida, L. (Dec 6, 2024; Presentation). University-Assisted Community Schools: Creating Cultures of Belonging and Promoting Youth Mental Health Needs. *2024 Annual Conference on Advancing School Mental Health through the National Center for School Mental Health (NCSMH)*; Orlando, FL.
- Kida, L., **Cook, K.**, & Rimkunas, N. (Dec 6, 2024; Presentation). Reimagining Schools: Strengthening Family Engagement Using a Family Cafe Approach. *2024 Annual Conference on Advancing School Mental Health through the National Center for School Mental Health (NCSMH)*; Orlando, FL.
- Rimkunas, N. & **Cook, K.** (Oct 9, 2024; Presentation). Supporting Rural School Mental Health through University-Community School Partnerships. *2024 Engagement Scholarship Consortium International Conference*; Portland, OR.
- Rimkunas, N., **Cook, K.**, Garnett, B., Keyes, O., Knox, P., & Lombard, P. (May 31, 2024; Presentation). School-based Mental Health through UACS: Capacity Building, Delivery Systems and Funding Strategies. *2024 National Community Schools and Family Engagement Conference (CSxFE)*; Atlanta, GA.
- Cook, K.** (May 3, 2024; Invited Workshop). Solution-Focused Telemental Health (SFTH). *Continuing Education Event hosted by Department of Social Work and Institute for Justice and Well-being (IJWB)*; Binghamton, NY.

- Lombard, P., Bronstein, L., Kida, L. & **Cook, K.** (June 2023; Presentation). A university-assisted community school approach to school based mental health. *2023 National Community Schools and Family Engagement Conference (CSxFE)*, Philadelphia, PA.
- Cook, K.** (April 2023; Presentation). The influence of social support on suicidal risk by gender identity and sexuality. *American Association of Suicidology (AAS) Annual Conference*, Portland, OR.
- Nachman, B. R., Kim, H., Liu, C., Ottens, M., **Cook, K.**, Cates, G. (April 2023; Presentation). STEM employment pathways for Autistic learners: A systematic literature review. *American Educational Research Association (AERA) Annual Meeting*, Chicago, IL.
- Brimhall, K., **Cook, K.**, Gordon, S. & Piekunka, L. (Jan 2023; Poster). Are leaders climate instigators or climate followers? An autoregressive model on whether leader inclusiveness shapes climate or inclusive climate shapes leadership. *Society for Social Work and Research 27th Annual Conference*, Phoenix, AZ.
- Cook, K.** (8/4/22; Poster). Psychological distress mediates the influence of social support on suicidal ideation. *American Psychological Association (APA) Annual Convention*, Minneapolis, MN.
- Cook, K.** (Aug 2022; Poster). Psychological distress fully mediates the influence of social support on suicidal risk. *19th European Symposium on Suicide and Suicidal Behavior*, Copenhagen, Denmark.
- Bronstein, L., Kida, L., Lee, Y. & **Cook, K.** (6/24/22; Presentation). Implementing social work skills to lift disengaged voices. *NASW National Conference, The Time is Right for Social Work*. Washington, DC.
- Lee, Y. & **Cook, K.** (11/8/21; Presentation). Telemental health in schools. *Binghamton University Education Minor: School Climate and Culture Through COVID Panel Discussion*.
- Lee, Y., Bronstein, L. & **Cook, K.** (11/11/21; Presentation). Connecting grandparent caregivers through telemental health during COVID-19. *Gerontological Society of America 2021 Annual Scientific Meeting: Disruption to Transformation: Aging in the "New Normal."*
- Lee, Y., Bronstein, L. & **Cook, K.** (4/23/21; Presentation). Telemental health during COVID-19. *2020-21 SUNY Prepare Innovation and Internship Seed Grant Student Success Summit Presentation*.

RESEARCH UNDERWAY

- Cook, K.**, Wint, K., Bakosh, L., & Felver, J. C. (Drafting). Mindfulness-Based Trauma-Informed Care (MB-TIC): Theoretical foundations and implications for practice.
- Wint, K., **Cook, K.**, Bakosh, L., & Felver, J. C. (Drafting). Mindfulness-based programming as a universal support for youth with developmental trauma: Implications for scholarship and recommendations for trauma-informed practice.
- Wint, K. & **Cook, K.** (Revising). Educators' grief matters: Understanding grief-related experiences among state-funded preschool educators.
- Cook, K.**, Brachmann, A., Habarugira, N., Aracena Rumaldo, E. (Preliminary research). Trauma-informed care and support for immigrants and refugee college students.
- Cook, K.** (Drafting.) *Distress fully mediates the influence of social support on suicidal ideation.*
- Cook, K.** (Preliminary research.) *Development of a survey tool to measure family-school engagement.*
- Rimkunas, N., **Cook, K.**, Wint, K., Sneed, F. & Ottens, M. (Analyzing data). *Rural community school approaches to mental health: A scoping literature review.*
- Hill, L. & **Cook, K.** (Preliminary research.) *Women in leadership in higher education.*

AWARDS & GRANTS

Funder: New York State / United University Professions (NYS/UUP) Joint Labor-Management Committees;
Individual Development Awards (IDA) Program
 Role: Award Recipient
 Amount Awarded: \$2000
 Award Date: December 16, 2024

Funder: U.S. Department of Education; Title: *Empowering Rural Communities: Promoting mental health, equity, and wellbeing through a university-assisted community schools approach.*
 Role: Co-Principal Investigator
 Collaborators: Luann Kida (PI) & Tara Edmunds (Co-PI)

Amount Awarded: \$4,696,210
Award Date: October 2024

Funder: U.S. Department of Education; Title: *Family Partnership Program*.
Role: Co-Principal Investigator (As of Spring 2024)
Collaborators: Naorah Rimkunas (PI) & Luann Kida (Co-PI)
Amount Awarded: \$3,751,307
Award Date: March 2023

Funder: U.S. Department of Education; Title: *Rural Mental Health in Schools Expansion Initiative*.
Role: Co-Principal Investigator (As of Spring 2024)
Collaborators: Naorah Rimkunas (PI) & Luann Kida (Co-PI)
Amount Awarded: \$5,558,354
Award Date: March 2023

Funder: SUNY Binghamton University Graduate School; Title: *Graduate Student Award for Excellence in Service and Outreach*.
Role: Award Recipient
Amount Awarded: \$500
Award Date: March 2023

Funder: SUNY Binghamton University College of Community and Public Affairs Research Excellence Awards; Title: *Developing a Training Model for Social Work Telemental Health*.
Role: Consultant
Collaborators: Youjung Lee (PI)
Amount Awarded: \$12,937
Award Date: April 2021

Funder: SUNY Prepare Innovation and Internship Seed Grant; Title: *Developing a Telemental Health Intervention Model*
Role: Consultant
Collaborators: Youjung Lee (PI)
Amount Awarded: \$10,000
Award Date: December 2020

EXPERIENCE

(* exclusively online; # online and in-person)

University _____

Binghamton University, School of Social Work; Assistant Professor (Sept 2023 – Present)
Courses: Complex Trauma & Recovery# and Generalist Social Work Practice I
Binghamton, NY

Binghamton University, School of Social Work; Adjunct Faculty (Jan 2022 – May 2023)
Courses: Diversity & Oppression; Complex Trauma & Recovery; Program Evaluation.
Binghamton, NY

Binghamton University Institute for Justice & Well-Being; Research Assistant (Jan 2021 – May 2023)
Assist, consult, and collaborate in research; conduct and code interviews and focus groups, screen articles for systematic literature reviews, analyze and clean data using Excel, Stata, and MPlus.
Binghamton, NY

Ithaca College; Adjunct Faculty (Fall 2018)
Course: First-Year Seminar: Multi-Storied Lives: Narrative Approaches to Preferred Identities.
Ithaca, NY

Simmons University, School of Social Work; Adjunct Faculty & Field Placement Liaison (Jan 2017 – May 2023)
Courses: Field Education Lab* and Field Placement Seminar*
Boston, MA

Clinical Practice

Private Practice; Clinical Social Worker# (June 2016 – May 2024)
Provide trauma-informed and strengths-based outpatient therapy to a caseload of children, teens, families, and adults.
Ithaca, NY

Ithaca College; Interim Director & Case Manager (Mar 2018 – Feb 2020)
Office of Case Management in Student Affairs & Campus Life
Facilitated weekly multidisciplinary behavioral intervention and crisis response team for the student body.
Ithaca, NY

Advocacy Center of Tompkins County; Contracted Outpatient Therapist (June 2016 – Sept 2019)
Provided trauma-informed, strengths-based outpatient therapy to a small caseload of adults.
Ithaca, NY

Tioga County Department of Mental Hygiene; Senior Clinical Social Worker (April 2015 – Mar 2018)
Provided trauma-informed, strengths-based outpatient therapy with youth, families, and parents in a school setting.
Owego, NY

Family & Children's Service of Ithaca; Clinician (Aug 2013 – April 2015)
Provided outpatient therapy, care coordination, and crisis intervention for youth, adults, and families within a community mental health clinic setting.
Ithaca, NY

Home for Little Wanderers; Clinician I & II (Jun 2007 – Aug 2013)
Provided home and community-based intensive individual and family therapy, case management, crisis intervention and stabilization services, weekly individual and group supervision, and ongoing clinical seminars and training.
Boston, MA

Somerville Mental Health Association; MSW Intern with an outpatient mental health clinic (Sept 2007 – May 2008)
Somerville, MA

Home for Little Wanderers; MSW Intern with a community-based family stabilization team (Sept 2006 – May 2007)
Boston, MA

Morgan Memorial Goodwill Industries; Vocational Case Manager with adults with disabilities (May 2005 – Aug 2006)
Boston, MA

PROFESSIONAL & SERVICE ACTIVITIES

- Board of Directors for the Advocacy Center of Tompkins County in Ithaca, NY, Vice President and Development Committee Chairperson (Nov 2020 – Dec 2025)
- American Educational Research Association (AERA), Member (April 2024 – Present)
- Society for Social Work and Research (SSWR), Member (Feb 2024 – Present)
- International Association for Suicide Prevention (IASP), Member (Jan 2021 – Present)
- National Association of Social Workers (NASW), Member (2006 – Present)
- American Psychological Association (APA), Member (2005 – Present)

SELECT TRAINING

- Narrative Therapy: Study and Practice Group. C. Becker. *Family Therapy Training Boston*. Oct-Dec 2010.
- Trauma-Focused CBT (TF-CBT). D. Smith. *National Child Traumatic Stress Network*. Jan 2011.
- Integrating CBT and Solution-Focused Concepts. *Home for Little Wanderers*. Jan 2011.
- David Epston Comes to Vermont. D. Epston. *Re-Authoring Teaching*. June 2011.
- Hope-Full Listening: Rescuing Agency after Trauma. S. Gaddis. *Salem Center*. Nov 2011.
- Narrative Therapy Level II & III. S. Gaddis. *Salem Center*. 2011-2012.
- Understanding Commercially Sexually Exploited Girls. L. Goldblatt-Grace. *My Life My Choice*. Feb 2012.
- Trauma-Informed Care & Traumatic Incidents. R. Macy. *International Center for Disaster Resilience*. June 2012.
- Extending Narrative Practice. Shona Russell, G. Stockell & P. Sax. *Re-Authoring Teaching*. June 2012.
- Basic Psychological First Aid – Part One. *International Center for Disaster Resilience*. R. Macy. June 2012.
- Come, Sit, Stay: Mindfulness-Based Cognitive. L. Beck. *Boston University School of Social Work*. Oct 2012.
- Self-Care for Mental Health Professionals: Yoga Workshop. A. Sitkin & L. Earls. *Arlington Center*. Oct 2012.
- Field Instructor Seminar. *Boston University School of Social Work*. Sept 2012 – May 2013.
- CBT for Children and Adolescents. C. Singer. *Boston University School of Social Work*. May 2013.
- Introduction to Motivational Interviewing. G. Plante. *Boston College School of Social Work*. June 2013.
- Using the DSM 5 & ICD-10: The Changing Diagnosis of Mental Disorders. M. Bloom. *PESI at Tioga County Department of Mental Hygiene*. Sept 2015.
- Beyond Cultural Competency. L. V. Blitz. *Binghamton University*. Oct 2015.
- Working with Grandparent-Headed Families in School Contexts. Y. Lee. *Binghamton University*. Oct 2015.
- Complex Trauma Training. C. Courtois. *Advocacy Center of Tompkins County*. April 2016.
- Tough Kids, Cool Counseling: Top Techniques for Influencing Challenging Adolescents. *Family Service Society*. J. Sommers-Flanagan. Sept 2016.
- Transgender Youth. S. Connelly. *Binghamton University*. Oct 2016.
- Finding Your Work Life Zen. S. Hopkins. *Binghamton University*. Oct 2016.
- Post-Traumatic Growth: From Heartache to Healing. L. Ferentz. *Family Service Society*. Nov 2016.
- Insider Witness Practices: Performing Hope and Beauty in Narrative Therapy. D. Epston & T. Carlson. *Re-Authoring Teaching*. June 2017.
- Two-Day Certificate Course in MBSR. L. McBee. *Cayuga Addiction Recovery Services & PESI*. Sept 2018.
- Mindfulness Certificate Course: Two-Day Intensive Training. R. Sears. *PESI*. Nov 2019.
- Cultural & Historical Trauma. A. Mandley. *Family Service Society*. July 2020.

References available upon request.