Jessica Lahey inspires audiences with her rallying cry to allow students to fail so they can learn to be successful, resilient, self-reliant adults. Her breakthrough manifesto, The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed, is essential reading for parents, educators and coaches. Lahey addresses “overparenting” with the helpful authority of a seasoned teacher and the empathetic, humorous, personal perspective of a mom who has truly been there.

In Lahey’s presentation she will make the case that students learn and develop best when they are given autonomy and valued for the content of their character – not the letters on their report card. Jessica will be signing books after the event.

This is the first in the Healthy Campus speaker series focused on Grit & Resiliency. Save the date for the Healthy Campus Summit on Nov 7. Dr. Greg Eells, Director of Counseling and Psychological Services at Cornell University, will be presenting: Being Resilient, Fostering Grit and Developing Life Skills and Leading and Modeling Resilience on Campus

Sponsored by: The Healthy Campus Initiative, the Offices of the Dean of Students, Campus Recreational Services, Health and Counseling Services and Health Promotion and Prevention Services.