

# BING PING

## 200+ programs

were offered by student-based groups this year focusing on one of six areas of wellness\*:

- 28% on knowledge acquisition
- 25% on physical health/nutrition
- 25% on emotional/mental health
- 14% on social health and
- 4% on vocational planning and spiritual health



\*This does not include department-sponsored programs.

[binghamton.edu/bhealthy](http://binghamton.edu/bhealthy)  
#ChooseWellBeWell

