The Eating Awareness Committee was convened in 1998 to educate the campus community about issues related to eating disorders, disordered eating, and to help students access treatment. The committee includes representatives from the University Counseling Center, the University Health Service, Residential Life, Campus Recreational Services, Health & Wellness Studies, Athletics, Sodexo Campus Services and includes student representation each semester.

The committee offers educational programs, consultation, and referrals to treatment services for students, faculty, and staff members. It continually assesses the need and availability of services for the prevention and treatment of eating disorders among Binghamton University students. Our primary mission is to help students maintain healthful and balanced eating habits in order to sustain their academic and personal development throughout their college years and beyond.

The Eating Awareness Committee is sponsored by the Division of Student Affairs.

Visit the EAC website at: counseling.binghamton.edu/eating-awareness
Date: Saturday, April 21, 2012

Event:
- Swim 400 yards in the pool.
- Bike 10.2 miles including hills in quiet suburbs on an open course.
- Run a 5K on campus.

*Helmets are mandatory
**Wetsuits are not permitted
**Headphones/music devices are not permitted.
**Participants must follow traffic rules of the road.

Time: Mandatory pre-race meeting at 8:45am. Race starts promptly at 9:00am.

Registration:
Pre-registration is required. NO race day registrations will be allowed. Entrants must be 13 years or over.
Register in person at the Recreation Center, East Gym Front Desk until 4/18. Mailed entries must be postmarked by 4/13.

Race is limited to 120 entries. Event will run in 4 heats. Register early!

Please mail completed form and payment to:
Cindy Cowden
Binghamton University - Recreation
PO Box 6000 - East Gym
Binghamton, NY 13902-6000

Fee:
Fee includes race and post-race refreshments.


<table>
<thead>
<tr>
<th>BU Students (w/ID)</th>
<th>Early</th>
<th>Regular</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$20</td>
<td>$25</td>
</tr>
<tr>
<td>All Others</td>
<td>$45</td>
<td>$50</td>
</tr>
<tr>
<td>Teams (limited spaces)</td>
<td>$65</td>
<td>$75</td>
</tr>
<tr>
<td>T-shirt</td>
<td>$12</td>
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Packet Pick-up:
Please pick up packets on the race day starting at 7:45am. Pick up in Parking Lot G behind the West Gym.

PARKING:
Parking is available on campus in Lot F in front of the Events Center.

Race Website:
Course maps are available on the website. Race photos and results will be posted after the event.
play.binghamton.edu

Awards:
Male/Female Overall 1st, 2nd, 3rd.
First place in each age category.
Ages:
13-17 yrs.
18-29 yrs.
30-39 yrs.
40-49 yrs.
50-59 yrs.
60-69 yrs.
70 yrs and up
First place male/female BU student.
Teams - first place all male, all female, & mixed team.

T-shirts, Refreshments & Prizes:
Sponsored by:

There will be a limited number of race t-shirts available for purchase the day of the event. Participants are encouraged to order a shirt in advance.

All proceeds from this event benefit the Binghamton University Eating Awareness Committee.

PAYMENT ENCLOSED

| BU Student | $20 / $25 |
| All Others | $45 / $50 |
| Team       | $65 / $75 |
| T-shirt    | $12       |
| Circle size: XS S M L XL |

Please make checks payable to Binghamton University.