Binghamton, NY (WBNG Binghamton) For the first time, health care professionals come together for Binghamton University's first ever research conference on childhood obesity.

Researchers led break-out sessions at the Riverwalk Hotel to discuss and develop new solutions to the problem.

Sessions included topics like how to improve screening kids for obesity to how advertising affects their health.

They said the conference is unique because it brings university researchers together with health care workers and administrators who want to solve the nation's obesity epidemic.

"We also have people who work in the county health department and local health systems," said organizer Allison Alden, "who want to work with people to come up with a broader and more comprehensive, and we hope successful way to help children and their families deal with problems of obesity."

Organizers said Binghamton's recent ranking as the country's second fattest city made the meeting ever more important.