

**Curriculum Vitae**  
Debra J. Gates DNP, NP-C, CDCES

**Professional Experience/Employment History**

Arnot Ogden Medical Center, Endocrinology  
Elmira, NY 13905  
August 2024-present

United Health Service Primary Care  
Chenango Memorial Hospital Family Medicine (Norwich, Oxford, Sherburne, NY)  
Dec 2021-November 2022

Binghamton University Decker College of Nursing and Health Sciences  
48 Corliss Ave, Johnson City, NY  
August 2021-present

Nurse Practitioner Endocrinology  
Our Lady of Lourdes Ascension, Binghamton, New York  
July 2019-July 2021

Nurse Practitioner Endocrinology Diabetes Care and Resource Center/Lyons Clinic  
Rochester Regional Health System, Rochester, New York  
June 2011-March 2019

Nurse Practitioner Endocrinology/ Diabetes  
Clifton Springs Hospital and Clinic, Clifton Springs, New York  
January 2008-January 2011

Professor  
Keuka College Division of Nursing-Keuka Park, New York.  
Effective June 2018-May 2021

Chairperson /Professor  
Keuka College Division of Nursing-Keuka Park, New York.  
Effective June 1, 2012-July 2018

Associate Professor  
Keuka College Division of Nursing-Keuka Park, New York.  
April 2005- 2016

Associate Professor/Program Director RN to BS program  
Keuka College Division of Nursing-Keuka Park, New York.  
April 2005- August 2008

**Professional Experience/Employment History con't**

Adjunct Faculty/Clinical Associate/Clinical Examiner-AD program (weekend)  
Excelsior College, Albany, New York

November 2004 – June 2011

Adjunct Faculty-Nurse Practitioner Clinical site evaluator  
St. John Fisher College Wegmans School of Nursing  
Rochester, New York  
January 2011-June 2012

Staff Nurse, Hospital Emergency Department (Casual)  
Finger Lakes Health, Soldiers and Sailors Memorial, Liberty Street, Penn Yan, New York  
November 2005 – January 2008

Director Education Department & the Marion S. Whelan School of Practical Nursing  
Finger Lakes Health, Geneva, NY 14456  
June 2000 – April 2005

Education Coordinator  
Finger Lakes Regional Health Systems, Inc., 196 North Street  
Geneva, New York  
March 1999 – June 2000

Nurse Practitioner Health Education Prevention and Wellness  
Finger Lakes Regional Health Systems, Inc., 196 North Street, Education Department  
Geneva, New York  
November 1997 – March 1999

Clinical Staff Educator  
Geneva Regional Health System, Inc., Geneva, New York  
May 1991 – November 1997

Instructor  
Marion S. Whelan School of Practical Nursing,  
Geneva Regional Health System, Inc., Geneva, New York  
November 1986 – February 1991

Public Health Nurse  
Ontario County Home Health Agency, Geneva, New York  
October 1984 – November 1986

Staff Nurse/Charge Nurse ICU/CCU Emergency Department  
Clifton Springs Hospital and Clinic, Clifton Springs, New York  
September 1982 – October 1984

**Professional Experience/Employment History con't**

Staff Nurse/Charge Nurse Medical Surgical Unit then ICU/CCU  
St. Joseph's Hospital, Elmira, New York

June 1980 – August 1982

### **Education**

Wegman's School of Nursing, St. John Fisher College

3690 East Avenue

Rochester, NY 14618

Doctor of Nursing Practice September 2008-May 8th 2010

Syracuse University College of Nursing

Syracuse, New York

Nurse Practitioner Adult Primary Care

MS in Nursing

August 23<sup>rd</sup> 1996

Alfred University College of Nursing

Alfred, New York

BS in Nursing

May 1980

### **Certifications**

Adult Nurse Practitioner June 2008-present

Certified Diabetes Care and Education Specialist 1996-present

Advanced Diabetes Management Board Certification 2009-2013

Certified Diabetes Technology Clinician 2016-present

### **Awards & Honors**

Merit Award Leadership January 28, 2014

Keuka College -Keuka Park, New York

Clinical Scholarship Award May 6<sup>th</sup> 2010

Wegmans School of Nursing

St. John Fisher College

Rochester, New York

Best Over All Poster February 25<sup>th</sup> 2010

*Qigong: An Innovative Intervention for Women at Risk for Diabetes*

29<sup>th</sup> Annual Nursing and Midwifery Conference

Of the Royal College of Surgeons in Ireland, Dublin, Ireland

Doctoral Support Award December 2009, January 2010

Keuka College

Keuka Park, NY

### **Awards & Honors (con't)**

Nurse Practitioner Health Foundation

Pfizer Community Innovations Award January 2010  
Bellevue, Washington

2009 Series Senator Patricia K. McGee Nursing Faculty Scholarship  
New York State Higher Education Services Corporation  
99 Washington Ave.  
Albany, NY

Johnson and Johnson 2009-2010 and Raines Scholarship 2008-2009  
St. John Fisher College  
3960 East Ave.  
Rochester, NY

Morton Orlov Education Award May 1997  
Geneva General Hospital  
Geneva, New York

Dean Edith Smith Endowed Scholarship Award August 1994  
Syracuse University, Syracuse, New York

Clinical Excellence Award May 1980  
Alfred University  
Alfred New York

### **Community Service Activities**

Site Evaluator Commission on Collegiate Nursing Education May 2014-present  
Washington, DC  
Presbytery of Geneva Camp Whitman  
Camp Nurse 2009, 2007, 2006, 2005  
Dresden, NY  
Certified Diabetes Educator *Diabetes Safe at School* Training Program  
Community and Partner Initiatives  
New York State Diabetes Prevention and Control Program  
Albany, New York

### **Community Presentations**

*Diabetes what are your numbers?* Presented to Diabetes Support Group at Our Lady of Lourdes Ascension, Binghamton, NY September 2019  
*"Getting a Grip on Stress"*-May 2009 Clifton Springs Hospital Community Education Series  
Coordinated Stress Management Series April 2009-October 2009 in collaboration with the Regional Diabetes Health Center Clifton Springs Hospital and Clinic  
Numerous presentations for the members of the Finger Lakes Health community 1999-2005 as part of Educator role *Living with Diabetes-Getting a Grip on Stress*

### **Community Presentations (con't)**

*Reigniting the Spirit of Caring/The Caring Model*  
*Leading an Empowered Organization*

*IV Therapy, Basic Life Support, Advanced Cardiac Life Support, and many other clinically related presentations*

Diabetes Safe at School Program

*Hammondsport elementary and high schools, Hammondsport, NY*

*Penn Yan Elementary School, Penn Yan New York*

*Horseheads Central School District, Horseheads, New York*

*Naples Elementary and high schools, Naples, New York*

## **Research Experience and Publications**

Mentor for MS in Nursing over 20 capstone projects/exams 2010-present

Poster Presentation *Primary Care of the Adult with Diabetes: The State of Science*, Research and Leadership Conference April 9<sup>th</sup> 2009 Rochester, NY

Poster Presentation *Qigong: An Innovative Intervention for Women at Risk for Diabetes*, Research and Leadership Conference April 15<sup>th</sup> 2010 Rochester, NY

Poster Presentation *Qigong: An Innovative Intervention for Women at Risk for Diabetes*, February 25, Royal College of Surgeons in Ireland Faculty of Nursing and Midwifery 29<sup>th</sup> Annual International Research Conference, Dublin, Ireland

Clinical Scholarship Project-December 2009-May 2010, *Qigong: An Innovative Intervention for Women at Risk for Diabetes*, manuscript published *Holistic Nursing Practice*, Nov. /Dec. issue

## **Grants**

*Florence Muller Foundation Grant*

Inter-professional Education for Collaborative Practice-Reigniting the Spirit of Caring 34, 000.00 requested to launch a collaborative initiative incorporating leadership principles of positive and empowering culture change for best practice through established workshops. Offered in conjunction with *Creative Health Care Management*- Status: Application sent award pending

*Nurse Practitioner Healthcare Foundation Community Innovations Award*, \$3,500.00 funded “Ms. Gates research project, funded by this award, will determine the effect of an exercise and stress management intervention, known as Qigong, on the level of perceived healthiness of rural middle-aged women (ages 45-65) at risk for diabetes”.

*Appalachian Regional Commission Grant*-A New Model for Nurse Education-2006 \$149,799.00 not funded but scored highly, reapplication encouraged

*Temporary Assistance to Needy Families Grant* \$250,000.00 funded, 2001-2003 Granted funds to assist those that qualified to obtain a diploma in Licensed Practical Nursing with program costs

*Community Health Care Conversion Demonstration Project Cycles II and III Grant*- 2001-2003, \$166,000.00 funded- Funded four projects for educational endeavors of the health system including equipping two computer labs, offering a pilot exercise and education program for outpatients with diabetes, purchasing and implementing an on line education program for 1700 employees and a closed circuit patient education program for inpatients and the Family Birth Center.

## **Grants (con't)**

Assisted the Finger Lakes Health organization with writing and implementing *Nurse Recruitment & Retention Grants*, *Health Worker Retraining Grant*, and *Community Health Grant* –all funded

**Professional Presentations:**

*Clinical inertia*, Presented as part of Diabetes Teaching Day November 2019

*Current trends in diabetes self-management education.* June 2014, Dec 2014, June 2015

Joint Education and Training, Arnot Health, St Joseph's Health, Elmira NY

*What's new and not so new in diabetes?* October 2014 Joint Education and Training, Arnot Health, Elmira NY,

*Diabetes Research: Relevance to Daily Practice-* October 9<sup>th</sup> 2009, Finger Lakes Health *Diabetes Continuum Conference.*

*Qigong: An Innovative Intervention for Women at Risk for Diabetes-* April 24<sup>th</sup> St. John Fisher College

*Qigong: An Innovative Intervention for Women at Risk for Diabetes-* Sept 2010, Rochester Diabetes Educator's Meeting, Rochester, NY

**Other Professional activities**

Sigma Theta Tau - Delta Sigma, Upsilon Upsilon Chapters; Board member – Leadership succession committee Upsilon Upsilon Chapter of Sigma Theta Tau, Keuka College, Keuka Park, New York

New York State Organization of Nurse Executives, Finger Lakes Organization of Nurse Executives, New York

**References:** available on request