

NANNETTE COWEN, PHD, FNP-BC

EDUCATION

PHD Rural Nursing

Binghamton University, Binghamton, New York, 2010 – 2018

Dissertation Research: The Effect of Physical Activity Recommendations in Achieving a Therapeutic Level of Activity in Adults who are “At Risk” for Type 2 Diabetes

Master of Science in Nursing

Binghamton University, Binghamton, New York, 1995 – 1998

Specialization: **Nurse Practitioner**

Concentration: **Maternal-Child**

Certificate: **Family Nurse Practitioner**

Bachelor of Science in Nursing

SUNY Polytechnic Institute (formerly State University of New York at Utica/Rome), Utica, New York, 1982 – 1984

Nursing Diploma

Crouse-Irving Memorial Hospital, Syracuse, New York, 1979 – 1981

EMPLOYMENT

Binghamton University Binghamton, New York

Clinical Assistant Professor, Fall 2012- present

- Master’s Level Nurse Practitioner Program
- Foundations for Interprofessional Education
- Baccalaureate Nursing Program
- RN to BS Nursing Program
- Academic Advisor
- Simulation Committee Member

Morrisville State College Morrisville, New York

Assistant Professor, Tenure Track, 2009- Summer 2012

- Baccalaureate Nursing Program
- Senior Level Nursing, Associate Program
- Academic Advisor
- Diversity Committee Member
- Employee Assistance Program Committee Member

Mohawk Valley Health System, Utica, New York (formerly known as Faxton-St. Luke’s Community Medicine)

Family Nurse Practitioner, 2009- Present

- Per Diem Status
- Evaluate and treat patients across the lifespan
- Travel between the outpatient offices

Faxton-St. Luke's Community Medicine, New York

Family Nurse Practitioner, Waterville Office 1998 - 2009

- Evaluated and treated patients across the life span
- Medical Provider for Waterville Central School
- Provided care for the residents of Harding Nursing Home
- Developed outpatient policies and protocols through involvement in the Community Medicine Nursing Practice Council

Faxton Hospital Emergency Room Utica, New York

Family Nurse Practitioner, Summer 1998

- Treated patients across the life span in an Emergency Room setting

St. Luke's Memorial Hospital New Hartford, New York

Staff Registered Nurse, 1989- 1998

- Medical staff nurse duties and relief charge nurse in high-risk nursery and newborn nursery
- Responsible for the orientation of new staff members
- High-risk neonatal ambulance transport nurse
- A member of The Hospital Practice Council which developed patient care policies

St. Elizabeth Hospital Utica, New York

Staff Registered Nurse, 1988- 1989

- Staff nurse duties and relief charge nurse in maternity services

Good Samaritan Hospital Phoenix, Arizona

Staff Registered Nurse, 1986- 1988

- Staff nurse duties which included floating between normal and high-risk ante-partum and post-partum units

St. Elizabeth Hospital Utica, New York

Staff Registered Nurse, 1984- 1986

- Staff nurse duties and relief charge nurse in maternity services

St. Elizabeth Hospital Utica, New York

Staff Registered Nurse, 1982- 1984

- Staff nurse duties and relief charge nurse on a medical/surgical unit

COURSES TAUGHT – BINGHAMTON UNIVERSITY

Family Nurse Practitioner Role and Family Specialty I, II & III

Foundations for Interprofessional Communication

Practice of Nursing I: Clinical Instructor Undergraduate Maternity Nursing

RN to BS Health Assessment

Health Care Policy and Health Disparities

Nursing Leadership: Clinical Instructor

COURSES TAUGHT – MORRISVILLE STATE COLLEGE

Health Assessment Across the Lifespan

Health Promotion Across the Life Span

Nursing Research and Evidence-Based Practice

Health Care Policy, Issues and Trends

Pharmacology for Nursing Practice

Associate Degree: Senior Level: Lecture and Clinical for Medical-Surgical, Maternity and Psychiatric Nursing.

HONORS AND AWARDS

The Margaret G. Tyson Dean's Award in Excellence

PRESENTATIONS

Cowen, N., Moore, J., & Shinko, K. (November 2017). "The Science of Walking, "Healthy Campus Summit, Binghamton, NY.

Cowen, N., Baniak, L., & Atav, S. (November 2014). "Predicting Human Papillomavirus Vaccination Series Completion Rates: The Case of NYS Counties," American Public Health Association 142nd Annual Meeting and Exposition (November 15th – November 19th 2014), New Orleans, LA. Blind, peer reviewed selection.

Argentine, M.S., Cowen, N., & Cartledge, N. (November 2011). Symposium on "Connecting RN to BS Students to Future Leadership Roles by Engagement in Service Learning with Critical Reflections," 41st Biennial Convention (October 29th- November 3rd 2011), Sigma Theta Tau International, Grapevine, TX. Blind, peer reviewed selection.

Cowen, N. (November 2010). Obesity and Health. Baccalaureate Nursing Symposium, Morrisville, NY.

POSTERS

Argentine, M.S., Cowen, N. (April 27th-28th 2012). RN to BS Program Provides "Winnable Battle" Leadership in Community Partnerships for Rural Child Obesity Work. New Thoughts About Causes, Prevention and Treatment of Childhood Obesity, Binghamton, NY.

CERTIFICATIONS

Family Nurse Practitioner ANCC Certification, Certification Number: 0320699

Registered Professional Nurse, License Number: 345299-1

Nurse Practitioner in Family Health, License Number: F332316-1

Medical Staff of Mohawk Valley Health System, Department of Community Medicine – Allied Health Staff Category

Adult Basic Life Support

PROFESSIONAL SOCIETY MEMBERSHIP

Sigma Theta Tau International

American Academy of Nurse Practitioners

American Nurses Association

American College Sports Medicine

COMMUNITY ACTIVITIES

Madison County Rural Health Council

Board of Directors – Vice President