



Freshman Year Checklist - *Transitions*

- Get to know your RA, your DA, and your fellow residents**
 - ✓ These people are valuable resources who can help you
 - ✓ Your roommate(s) and people in your building are critical to establishing an academic and social network
 - ✓ Know where to go for studying. It is imperative to discover the most effective location and method to study for yourself. Possible places include the Bartle Library, Science Library, and the Discovery Centers located in each community

- Make sure you are going to class**
 - ✓ Create a balanced schedule so you don't get overwhelmed. Your DA can help!
 - ✓ Organize your work and be sure to pace yourself. All-nighters are neither fun nor effective, and can usually be avoided with proper preparation
 - ✓ When scheduling classes, make sure to take a variety of classes. This can help you figure out what you like and what you need to fulfill course requirements
 - ✓ Be aware of the Add/Drop deadline and the Withdraw/Grade change deadline
 - ✓ Use effective study skills to do well in class. Expect college level courses to be more challenging than the high school courses you may be used to
 - ✓ If you get notified via Discovery's Early Warning initiative, follow the email instructions to set an appointment up: it might not be too late to turn things around!

- Get involved on campus**
 - ✓ Getting involved in clubs or sports is a great way to meet new people so make sure to check out B-engaged, which showcases student organizations and upcoming events
 - ✓ Establish yourself in a group to which you are willing and able to commit time and effort
 - ✓ Go to General Interest Meetings (GIMs) and fairs in the first couple weeks of the semester
 - ✓ Make sure you check your bmail daily and always look for updates on b-line as well as pay attention to emails from your professors who often use Blackboard as a medium

- Get to know at least one professor each semester**
 - ✓ Professors' office hours are the most underutilized resource on campus
 - ✓ Professors can help you gain more information about a specific field
 - ✓ Make lasting connections early. Professors and professional faculty can inform you about exciting opportunities and write recommendation letters for your future endeavors

- Get to know the academic resources on campus**
 - ✓ Discovery Advisors (DAs), School academic advisors, and Faculty Masters are here to help you. Know where to go and who to seek out by finding their information online
 - ✓ Have your DA assist you in interpreting your DegreeWorks and planning for future semesters
 - ✓ Know where to go for tutoring (Discovery Centers). It's free - sign up on clt.binghamton.edu
 - ✓ Know where to go for printing (Info Commons, Discovery Centers, Academic A basement, Science Library, West Pods in Science III, etc.)
 - ✓ Know where to purchase and borrow books (Library, Newcomb Reading Room, Bookstore, Barnes and Noble)
 - ✓ Learn about the Fleishman Center for Career and Professional Development (CCPD) and its different services