The Decker Student Health Services Center offers students two options for seeing a clinician:

**WALK-IN WITHOUT AN APPOINTMENT**
Walk-in hours offer diagnosis and treatment of common illness and minor injuries. Walk-in care is provided from 8 to 11 a.m. Monday through Friday, and students are taken on a first-come, first-served basis.

**MAKE AN APPOINTMENT**
Afternoon appointments are available for all health care needs including gynecological exams, birth control, routine STI testing, primary care, and chronic care. Nurse appointments are available for immunizations, influenza vaccination, and other appropriate nurse visits. Appointments are offered from 1 to 4 p.m., and same-day appointments are frequently available. By making an appointment, you'll reduce your wait time and get an appointment time that's convenient for you. Appointments are made either by going to our online student portal, signing in with your PODS username and password, and choosing “Appointment” from the menu bar at top, or by calling us at 607-777-2221 from 8 a.m. to noon or 1 to 4 p.m.

For emergencies, Harpur’s Ferry ambulance service is available. Call 607-777-3333 or 911 from a campus telephone. This service is free to Binghamton University students. Three hospital emergency rooms and several walk-in clinics with evening and weekend hours are close to campus. Information on these resources is printed on the reverse of this sheet, as well as available on our website, in our after-hours telephone message, and in print in the vestibule of the Decker Student Health Services Center building. Students should bring insurance information with them to their appointment.

To ensure a safe and healthy semester, please bring (and know how to use) the following products for self-care:

- digital thermometer
- humidifier
- supply of prescription medications
- extra inhaler if asthmatic
- copy of medical history
- copy of insurance card
- list of allergies
- hand sanitizer
- chemical ice pack
- sock filled with uncooked rice (to make a warm pack)
- acetaminophen or ibuprofen for management of mild pain and fever
- copy of prescription for corrective lenses
- glasses for contact wearers, in case contacts become damaged or lost
- antihistamines (Benadryl or non-sedating antihistamine)
- adhesive bandages (various sizes)
- 1% hydrocortisone cream
- antacids
- decongestants/cold medicines
- throat lozenges
- imodium
- 4" ace bandage
- antibiotic ointment
- soothing tea
- ear plugs
- gauze pads
- adhesive/paper tape
- tissues
- ICE (In Case of Emergency) entry in cell phone
- outdoor insect repellent
EMERGENCY AND AFTER-HOURS CARE
For emergencies, Harpur’s Ferry ambulance service is available. Call 607-777-3333 or 911 from a campus telephone. This service is free to Binghamton University students. Three hospital emergency rooms are nearby, all within three to five miles of campus.

LOURDES HOSPITAL
169 Riverside Drive, Binghamton, 607-798-5231

WILSON MEDICAL CENTER
33–57 Harrison Street, Johnson City, 607-763-6611

BINGHAMTON GENERAL HOSPITAL
10–42 Mitchell Avenue, Binghamton, 607-762-2231

*Note: It’s a good idea when you get on campus to program the telephone number for Harpur’s Ferry into your phone.

MINOR EMERGENCIES
If you need urgent (but not emergency) care when the Decker Student Health Services Center is closed, you may want to visit one of the urgent-care facilities in the area (cost of care at these locations is your responsibility).

Lourdes Hospital’s Emergency Department includes the Fast Track for minor emergencies. Fast Track is open every day from 10 a.m. to 1 a.m.

Wilson Medical Center’s Emergency Department includes Rapid Care for minor illnesses and injuries. Rapid Care is open every day from 11 a.m. to 11 p.m.

WALK-IN CLINICS
Walk-in clinics are appropriate for acute illness that isn’t life threatening. Hospital emergency rooms should be visited for urgent, life-threatening conditions. Some walk-in clinics have X-ray, lab and suturing capability. Call the location first if you need special services.

UNITED HEALTH SERVICES WALK-IN CLINICS
United Health Services (which operates both Wilson Medical Center and Binghamton General Hospital) walk-in clinics may apply an “after hours” charge if you visit after 5 p.m. Monday through Friday or anytime on a weekend or holiday. This charge may or may not be covered by your insurance.

Closest to Campus:
Vestal
4417 Vestal Parkway East — 607-729-2144
Open every day, 8 a.m.–8 p.m.

Chenango Bridge
91 Chenango Bridge Road — 607-648-4151
Open every day, 8 a.m.–8 p.m.

Endicott
1302 E. Main Street — 607-754-7171
Open every day, 8 a.m.–8 p.m.

PRIMARY CARE ASSOCIATES (LOURDES HOSPITAL) WALK-IN CLINICS
Vestal
3101 Shippers Road (behind Lowes) — 607-251-2180
Open every day, 8 a.m.–8 p.m.

Binghamton
276–280 Robinson Street — 607-771-7234
Open every day, 8 a.m.–8 p.m.

Endicott
415 East Main Street — 607-786-1801
Open every day, 8 a.m.–6 p.m.

Owego
500 5th Ave — 607-972-2335
Open every day, 8 a.m.–6 p.m.

ENDWELL FAMILY PHYSICIANS WALK-IN CLINIC
Endwell
415 Hooper Road — 607-754-4433
Open every day, 8 a.m.–8 p.m.

TIER ORTHOPEDICS EXPRESS
Urgent care clinic for minor, acute orthopedic strains, sprains and fractures
Johnson City
240 Riverside Drive — 607-798-9356
Open Monday through Friday, 1–8 p.m.

CONTACTS
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