**STEPS TO COMPLETING YOUR HEALTH REQUIREMENTS:**

All incoming students must complete several health requirements, which should be submitted prior to arriving on campus. If you are experiencing difficulty obtaining proof of immunization due to the COVID-19 outbreak, please contact us at health.services@binghamton.edu so we may assist you. Proof of immunity to measles, mumps, and rubella, and the submission of a meningitis response form, are required by New York State law. Failure to meet these requirements can affect your ability to remain in on-campus housing, obtain financial aid, and register for classes. Completion of the Medical/Health History/Tuberculosis Screening form, an Under 18 Consent Form (if necessary), and obtaining any follow-up tuberculosis testing are Binghamton University requirements.

To complete the requirements, follow these steps:

**STEP 1: Sign in to the patient portal and complete two forms**
- Go to the portal by navigating to myhealth.binghamton.edu and sign in using your PODS username and password
- Click on “Forms” and complete the following:
  - Meningococcal Vaccination Response Form (see enclosed fact sheet for more information regarding meningococcal meningitis disease)
  - Medical/Health History/Tuberculosis Form
  - Under 18 Consent Form (if you are younger than 18 years)

**STEP 2: Send in proof you are immune to measles, mumps, and rubella**
- This will require the help of your medical provider or school nurse, so start early.
- Make sure your name and date of birth is on EACH PAGE that is sent to us.
- Do one of the following:
  - Have your medical provider sign a copy of your immunization record and send it to us.
  - Have your medical provider complete a copy of the “Certificate of Immunization,” which you can print from the Forms page of the health portal, and send it to us.
  - Send us copies of blood tests (“titers”) which prove you are immune to measles, mumps, and rubella
- Send this information to us ONCE by choosing one of the following methods:
  - Upload from the health services portal (select “Uploads” from the home page)
  - Fax: 607-777-2881
  - US Postal Mail (see address above)

**STEP 3: Check the health portal**
- Check the health portal 7 business days after submitting your information for confirmation that you have met, or have not met, all of the health requirements.

You will continue to receive weekly text messages and secure messages through the patient portal if you have not completed all of the health requirements. You should check for messages frequently. Continuing to receive them indicates a requirement that needs to be addressed.