To find relevant subject headings for a topic, start with a keyword search and click on a result that pertains to your topic. The Subject Headings are listed below the abstract.

Main Heading: Defines the overall scope of document
Controlled Terms: Subject Headings assigned by Engineering Village editors.
Uncontrolled Terms: A collection of keywords derived from the original document
Classification Codes: retrieve results for very broad subject searching

Click any term that matches your topic. The Controlled Terms are the best option as they will return the most results since they are official terms used by the database.

In the results screen, the search box will update to search for your chosen term. You could add additional terms by adding more search fields, typing the terms in and selecting the term option.

Keep in mind that the more you use, the more it will limit results.