

## Pre-Health Planning Sheet: Health Sciences

Fall _____	Winter	Spring _____	Summer
1.	1.	1.	1.
2.		2.	2.
3.		3.	
4.		4.	
Declare pre-health area of interest (if known) and subscribe to the pre-health listserv		Join clubs & activities that you enjoy and will give you a variety of experiences	Explore the varying requirements for different pre-health tracks. Most tracks begin diverging during Sophomore year (fall or spring)
Fall _____	Winter	Spring _____	Summer
1.	1.	1.	1.
2.		2.	2.
3.		3.	
4.		4.	
Meet with a Freshman-Sophomore pre-health advisor to discuss progress and degree planning		If you haven't already, declare a major and meet with your faculty advisor to discuss your remaining major requirements	Explore internship, research, study abroad or other co-curricular opportunities that interest you
Fall _____	Winter	Spring _____	Summer
1.	1.	1.	1.
2.		2.	2.
3.		3.	
4.		4.	
Begin meeting with Dr. Langhorne to discuss programs and the application process		Complete all pre-health prerequisite coursework by this semester	Take graduate entrance exam Begin Applications
Fall _____	Winter	Spring _____	Summer
1.	1.	1.	1.
2.		2.	2.
3.		3.	
4.		4.	
Complete applications and begin interview process		Receive application decisions	Graduate and transition to your next step

**Required Courses:**

- Intro Biology (2 semesters) & Lab
- Intro Chemistry (2 semesters) & Lab
- Organic Chemistry (2 semesters) & Lab
- English (2 semesters)
- Mathematics (at least 1 semester - requirements vary by program)

\*See Pre-Health website for other required courses that vary by pre-health track