

GENERAL PRE-HEALTH TIMELINE

YEAR	ACADEMICS	ACTIVITIES
Freshman	<p>§ Schedule courses for the year which include a combination of general education requirements and science requirements for pre-health.</p> <p>§ Utilize the Pre-Health Freshman-Sophomore Handbook and the Pre-Health Web Page to get information regarding the required science courses and scheduling tips.</p> <p>§ Utilize the Harpur Advising web page for information regarding general education requirements as well as Harpur requirements.</p> <p>§ Adjust to the academic rigors of college coursework. If you need assistance with your courses, consult initially with the professor and TAs. Beyond that, you may wish to obtain a tutor through the Center for Academic Excellence.</p> <p>§ DAs are available to assist you with your adjustment to academic life at BU as well.</p> <p>§ During second semester you may wish to engage in some preliminary dialogue/considerations regarding a major.</p> <p>§ Also during second semester you may wish to begin preliminary consideration of a health professions career.</p> <p>§ Subscribe to PREHLTH-L</p> <p>§ Join the Pre-Health Facebook group</p>	<p>§ Get out and do something, but don't do everything (time management is the key)</p> <p>§ There are many residential community based activities you can participate in to get a better feel for your own community and meet new people. Check with the RAs regarding this.</p> <p>§ There are also campus wide activities and organizations in which you can participate. These may be social, academic, or a combination of the two. They may reflect your personal skills, talents, religious affiliation, ethnic identity, academic interests, career interests, etc.</p> <p>§ You also may wish to explore activities to which you've had no previous exposure. Do something new and different.</p> <p>§ During second semester, you may wish to consider what you might do over the summer. If you have a definite academic or career focus at this time, pursuing an internship or some other sort of participatory learning activity might be beneficial. Even if you don't have 1 specific focus, it may be possible to explore 2-3 during the summer.</p> <p>§ Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class year</p>

<p style="text-align: center;">Sophomore</p>	<ul style="list-style-type: none"> § Continue to pursue required coursework as defined in the sources mentioned for freshman year. § If you have some preliminary idea of a major, you may wish to explore an upper level course in that department, though perhaps second semester rather than first. § Declare a major by the end of spring semester. You may change it at any time, but you need to have something put down by that time (university requirement). § You may wish to begin meeting with the Pre-Health Advisor to discuss your interests, academic progress, etc. with respect to being a future health professional. § As a way of gaining both academic credit as well as exposure to a profession, consider applying for a CDC internship for fall or spring. § Begin to focus on a particular health profession and any specific/unique academic preparation it requires. 	<ul style="list-style-type: none"> § Continue with activities you found rewarding freshman year, but also explore new ones. § As you pursue your activities and interests, do something extra (beyond what you did freshman year) to foster new skills, abilities, etc. on your part. § As you begin to define your health professions interest, you may wish to join one of the campus organizations which represent that health profession. § CDC internships (see Academics Column). § For summer activities, you may wish to explore internships which focus on your particular health professions career. These are sponsored by a variety of agencies and lists are available in academic departments, the Pre-Health listserv, and the CDC. § Through activities and academics, begin to focus on a particular health profession. § Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class year.
<p style="text-align: center;">Junior</p>	<ul style="list-style-type: none"> § Declare a major if you haven't already done so § Complete remaining general education requirements so you can focus on your major requirements. § Complete your particular set of pre-health requirements. § If you have more than one academic interest, consider doing a minor or perhaps a double 	<ul style="list-style-type: none"> § Continue with activities you found rewarding in earlier years, but also explore new ones. § As you pursue your activities and interests, do something extra (beyond what you did earlier) to foster new skills, abilities, etc. on your part. § Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class

	<p>major.</p> <ul style="list-style-type: none"> \$ Meet regularly with the Pre-Health Advisor to refine the pursuit of your particular health profession. \$ Begin the preparation for the admission test for your health profession. \$ Prepare for the application process, which will begin over the summer. \$ Prepare for the credentialing process, which will occur during the summer. \$ Obtain the Junior-Senior Handbook. \$ Take your entrance examination at the end of the year or during summer. 	<p>year.</p> <ul style="list-style-type: none"> \$ CDC internships. \$ For summer activities, you may wish to explore internships which focus on your particular health professions career. These are sponsored by a variety of agencies and lists are available in academic departments, the Pre-Health listserv, and the CDC. \$ Prepare for the application process, which will begin over the summer. \$ Prepare for the credentialing process, which will occur during the summer.
Senior	<ul style="list-style-type: none"> \$ Finish: general education, pre-health, and major requirements so you can graduate. \$ Take your entrance exam in summer or early fall. \$ Complete the application process, if you have not already done so. \$ Schedule classes so as to allow for absences attributable to professional school interviews. \$ Meet with the Pre-Health Advisor regarding your application, interviews, etc. \$ Prepare for the transition to professional school. \$ Enjoy second semester. It'll be the last truly relaxing academic/social experience you'll have for awhile. 	<ul style="list-style-type: none"> \$ Continue with activities you found rewarding in earlier years, but also explore new ones. \$ Attend events sponsored by the Pre-Health Office/Student Advisory Committee which are open to all or which are specific to your class year. \$ Complete the application process, if you have not already done so. \$ Prepare for the transition to professional school \$ Enjoy second semester. It'll be the last truly relaxing academic/social experience you'll have for awhile.