

**CHRISTINA M. BALDERRAMA-DURBIN, Ph.D.**

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Department of Psychology  
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**Positions**

	<b>Binghamton University, State University of New York</b>
2023-present	Associate Professor of Psychology
2015-2023	Assistant Professor of Psychology

**Education**

<i>Licensure</i>	Licensed to practice psychology in the State of New York
2019-present	#023602-01

<i>Pre-doctoral Internship</i>	<b>Minneapolis VA Health Care System</b> , Minneapolis, MN
2014-2015	APA Accredited Internship in Clinical Psychology (Academy of Psychological Clinical Science) Emphasis in trauma intervention

<i>Ph.D.</i>	<b>Texas A&amp;M University</b> , College Station, TX (APA Accredited)
2009-2015	Clinical Psychology Certificate in Advanced Research Methods

<i>M.A.</i>	<b>University of Colorado Denver</b> , Denver, CO
2007-2009	Clinical Psychology

<i>B.A.</i>	<b>University of Colorado Boulder</b> , Boulder, CO
2002-2006	Psychology, Neuroscience Certificate Integrative Physiology

<i>Languages</i>	Proficient in Spanish
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**Research Emphasis**

(1) comorbid psychological and relationship distress; (2) the impact of acute stress and trauma on individual, relationship, and family functioning; (3) development, evaluation, and implementation of couple-based interventions for high-risk populations; (4) couple assessment

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**Research Index**

\*Derived from Google Scholar (8/1/23)

H-Index = 17; i10-Index = 21

Total Times Cited = 936

**Grant Funding****External Active**

06/17/2021- BAA AFRL-RQKHC-2016-0009  
 06/16/2024 Department of Defense. Military Operational Medicine Research Program  
*“Up-armor” at-risk military couples: A stepped approach to early intervention and strengthening of military families*  
 The goal of this grant is to adapt, implement, and evaluate a stepped, military couple relationship-skills intervention within an entry-level military training context.  
 Role: Co-Investigator (\$1,196,459) - \$38,368 Total Costs to Binghamton University

**Internal Active**

03/01/2023- Binghamton University Psychology Department Grant  
 02/28/2024 *Lesbian, Gay, and Bisexual+ Couple Stress Study*  
 The goal of this research award is to support a pilot project examining acute physiological reactivity and recovery to minority stress experiences for couples with marginalized sexual identities.  
 Role: Primary Investigator (\$6,269)

**Concluded External**

07/01/2018- BA150488 (PI: Cigrang)  
 06/30/2022 Department of Defense. Army Medical Research and Materiel Command  
*Lesbian, Gay, and Bisexual Couples in the Military: A Post-DADT Examination of Relationship Health, Perceived Community Acceptance, and Mission Readiness.*  
 The goal of this project is to understand the unique experiences of LGB military couples and factors affecting their individual, relationship, and occupational health.  
 Role: Co-Investigator (\$1,053,514) - \$68,737 Total Costs to Binghamton University

07/20/2018- R34AA026745-01 (PIs: Mastroleo & Possemato)  
 06/30/2022 National Institute on Alcohol Abuse and Alcoholism (NIAAA)  
*An Integrated Brief Alcohol and PTSD Intervention for Veterans in Primary Care*  
 This project seeks to improve the health of military veterans with heavy alcohol use and post-traumatic stress disorder (PTSD) by providing brief integrated behavioral treatment in the primary care setting. The study first gathered feedback from veterans and subject matter experts subject matter expert and veteran feedback to develop the integrated treatment, and then investigates the feasibility of testing this intervention in a small randomized clinical trial.  
 Role: Co-Investigator (\$636,129) - \$427,622 Total Costs to Binghamton University

03/16/2017- FA8650-17-C-6808 (PI: Wijdenes)  
 09/16/2021 Department of Defense. Military Operational Medicine Research Program

*“Up-arming” at-risk military couples: A prospective study of committed romantic relationships in transition to their first permanent duty station*

The goal of this project is to improve our understanding of the longitudinal course of young couples in their first military enlistment and develop a screening mechanism that effectively identifies couples in entry-level training at risk for future negative outcomes.

Role: Co-Investigator (\$1,052,000) - \$52,032 Total Costs to Binghamton University

9/25/2014-  
6/15/2017 R44AA023719 (PI: Olsen)  
NIAAA

*Virtual Role-Plays to Train Cognitive-Behavioral Treatment (CBT) for Addictions*

The goal of this project is to develop and evaluate a simulation-based product for training students and clinicians to develop the skills necessary to effectively apply Cognitive-Behavioral Treatment (CBT) with patients with substance use disorders (SUDs).

Role: Expert Consultant (\$499,893)

06/01/12-  
8/31/2013 2010-48696-21892 (PIs: Heyman and Smith Slep)  
USDA/Kansas State University/US AF A1S1

*Unified Strategy of Action For Airman Resilience and Maintenance of Operational Readiness (USAF-ARMOR)*

The goal of this grant is to develop a comprehensive, community-based intervention for Airmen and their intimate partners.

Role: Research Scientist (\$26,151 amount of the award paid to me)

### **Concluded Internal**

07/01/2019-  
06/30/2021 Binghamton University – SUNY (PI: Balderrama-Durbin)  
Presidential Diversity Research Grant

*Sexual Minority Health and Healthcare Disparities*

The goal of this project is to extend our understanding of the relative impact of chronic and acute stressors on mental, physical, and relationship health and to gain a better understanding of the perceived barriers to healthcare across sexual minority groups.

Role: Primary Investigator (\$7,556)

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### **Honors and Awards**

2022	Outstanding Contributions to Equity, Diversity, and Inclusion, Psychology Department at Binghamton University
2022	Career Champion Award, student-nominated mentorship award in professional development at Binghamton University
2019	Association for Psychological Science Raising Star Nominee
2019	Invited to the Editorial Board for Family Process (IF: 3.53; one of the premier journals in family psychology)

2014	Saul B. Sells Research Excellence Award, Texas A&M University
2014	American Psychological Association, Division 19 Student Travel Award
2012	Clinical Psychology Distinguished Research Award, Texas A&M University
2011	Robert Weiss Student Poster Award, Couples Special Interest Group, Annual meeting of Association for Behavior and Cognitive Therapies, Toronto, ON Canada
2009-2012	Diversity Fellowship Award, Texas A&M University
2003-2006	Diversity in the Biosciences NIH/HHMI Research Scholars Program

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## **Publications**

\* indicates Dr. Balderrama-Durbin's graduate trainee

\*\* indicates Dr. Balderrama-Durbin's undergraduate trainee

1. Possemato, K., Mastroleo, N. R., **Balderrama-Durbin, C.**, King, P. R., Davis, A., & Rauch, S. A. M. (in press). A randomized controlled trial of primary care treatment integrating motivation and exposure treatment (PC-TIME) in veterans with PTSD and harmful alcohol use. *Behavior Therapy*.
2. **Balderrama-Durbin, C.**, Barden, E. P.\*, Gates, M. V.\*, Hill, J.\*, Mastroleo, N. R., Possemato, K., King, P. R., & Rauch, S. A. M. (in press). Examining the temporal relation between posttraumatic stress symptoms and heavy drinking among veterans receiving mental health treatment in primary care. *Journal of Dual Diagnosis*.
3. James, K. M., **Balderrama-Durbin, C.**, Israel, E., Feurer, C., & Gibb, B. (in press). Self- and co-regulation of physiological activity during mother-daughter interactions: The role of adolescent non-suicidal self-injury. *Journal of Child Psychology and Psychiatry*.
4. James, K. M., **Balderrama-Durbin, C.**, Kobezak, H., Recchia, N., Foster, C., & Gibb, B. (in press). Dynamics of affective reactivity during mother-daughter interactions: The impact of adolescent non-suicidal self-injury. *Research on Child and Adolescent Psychopathology*.
5. Cigrang, J. A., **Balderrama-Durbin, C.**, Snyder, D. K., Parsons, A., Lorko, K., Gupta, A., Slep, A., Heyman, R. E., Mitnick, D. M., & Yahle, C. (in press). Predicting marital health from adverse childhood experiences among United States Air Force active duty personnel. *Couple and Family Psychology: Research and Practice*. <https://doi.org/10.1037/cfp0000207>
6. Mastroleo, N. R., Possemato, K., King, P. R., **Balderrama-Durbin, C.**, Crinnin, C., Cigrang, J. A., Read, J. P., Borsari, B., Maisto, S. A., & Rauch, S. A. M. (2023). Development and initial testing of a brief, integrated intervention aimed at reducing heavy alcohol use and PTSD among military veterans in primary care. *Professional Psychology: Research and Practice*, 54(1), 70-82.

7. Ergas, D.\*, Gates, M. V.\*, & **Balderrama-Durbin, C.** (2023). Minority stress and stress-related growth in individuals with marginalized sexual identities. *The Behavior Therapist*, 46(3), 123-130.
8. Wang, B. A.\*, & **Balderrama-Durbin, C.** (2022). Effects and mechanisms of a savoring-based single session intervention for partnered individuals. *Journal of Applied Positive Psychology*. <https://doi.org/10.1007/s41042-022-00065-3>
9. Snyder, D. K., & **Balderrama-Durbin, C.** (2022). Couple assessment. In J. L. Lebow & D. K. Snyder (Eds.), *Clinical handbook of couple therapy* (6<sup>th</sup> ed.) (pp. 22-57). New York, NY: Guilford.
10. Kennedy, S.\*, & **Balderrama-Durbin, C.** (2021). Risky casual sex and posttraumatic stress in college females: An examination of assault history, self-esteem, and social support. *Violence Against Women*, 27(15-16), 3074-3092. <https://doi.org/10.1177/10778012211998797>
11. Barden, E. P\*, Wang, B. A.\*, Poole, L. Z.\*\*\*, Sternberg, J.\*\*\*, **Balderrama-Durbin, C.** (2021). Dyadic trust as a mediator in the association between posttraumatic stress symptoms and relationship distress in community couples. *Journal of Social and Personal Relationships*, 38 (3), 950-970. <https://doi.org/10.1177/0265407520977701>
12. **Balderrama-Durbin, C.**, Wang, B. A.\*, Barden, E.\*, Kennedy, S.\*, Ergas, D.\*, & Poole, L.\* (2021). Reactivity and recovery in romantic relationships following a trauma analog: Examination of respiratory sinus arrhythmia in community couples. *Psychophysiology*, 58 (2), e13721. <https://doi.org/10.1111/psyp.13721>
13. **Balderrama-Durbin, C.**, Abbott, B. V., & Snyder, D. K. (2020). Couple distress. In M. M. Antony, & D. Barlow (Eds.), *Handbook of assessment and treatment planning for psychological disorders* (3<sup>rd</sup> ed.) (pp. 412-446). New York, NY: Guilford.
14. **Balderrama-Durbin, C.**, Snyder, D. K., Heyman, R. E., & Haynes, S. N. (2020). Systematic and culturally sensitive assessment of couple distress. In A. Blow, & K. Wampler (Eds.), *Handbook of systemic family therapy: Vol. 3* (pp. 27-48). Hoboken, NJ: Wiley.
15. Snyder, D. K., Heyman, R. E., Haynes, S. N., Carlson, C., & **Balderrama-Durbin, C.** (2019). Couple and family assessment. In B. Fiese (Ed.), *APA handbook of contemporary family psychology* (pp. 35-51). Washington, DC: American Psychological Association.
16. Snyder, D. K., Heyman, R. E., Haynes, S. N., & **Balderrama-Durbin, C.** (2018). Couple distress in couple and family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer.
17. Snyder, D. K., Heyman, R. E., Haynes, S. N., & **Balderrama-Durbin, C.** (2018). Couple distress. In J. Hunsley & E. Mash (Eds.), *A guide to assessments that work* (2<sup>nd</sup> ed.) (pp. 489-514). New York: Oxford University Press.

18. **Balderrama-Durbin, C.**, Vogt, D., Erbes, C., & Polusny, M. (2018). Psychometric evaluation of a measure of intimate partner communication during deployment. *Journal of Family Psychology, 32*, 31-41. <https://doi.org/10.1037/fam0000382>
19. **Balderrama-Durbin, C.**, Butler, S.\*, & Wang, B. A.\* (2018). Quid Pro Quo in Social Exchange Theory. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer.
20. **Balderrama-Durbin, C.**, Cigrang, J., Snyder, D. K., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Slep, A. M. S., & Heyman, R. E. (2017). Risk for marital infidelity across a year-long deployment. *Journal of Family Psychology, 31*, 629-634. <https://doi.org/10.1037/fam0000281>
21. **Balderrama-Durbin, C.**, Fissette, C., & Snyder, D. K. (2016). Best practices in assessment for couple therapy. In K. T. Sullivan & E. Lawrence (Eds.), *Oxford handbook of relationship science and couple interventions* (pp. 131-147). New York: Oxford University Press.
22. Snyder, D. K., Heyman, R. E., Haynes, S. N., Carlson, C., & **Balderrama-Durbin, C.** (2016). Couple and family assessment. In J. C. Norcross, G. R. VanderBos, & D. K. Freedheim (Eds.), *APA handbook of clinical psychology. Vol. 3: Applications and methods* (pp. 201-217). Washington, DC: American Psychological Association.
23. Snyder, D. K., **Balderrama-Durbin, C.**, Cigrang, J. A., Talcott, G. W., Slep, A. M. S., & Heyman, R. E. (2016). Help-seeking among Airmen in distressed relationships: Promoting relationship well-being. *Psychotherapy, 53*, 1-12. <https://doi.org/10.1037/pst0000045>
24. Lou, Y. C., Lin, C. H., Chen, C. M, **Balderrama-Durbin, C.**, & Snyder, D. K. (2016). Assessing intimate relationships of Chinese couples using the Marital Satisfaction Inventory – Revised. *Assessment, 23*, 267-278. <https://doi.org/10.1177/1073191115589343>
25. **Balderrama-Durbin, C.**, Snyder, D. K., & Balsis, S. (2015). Tailoring assessment of relationship distress using the Marital Satisfaction Inventory – Brief Form. *Couple and Family Psychology: Research and Practice, 4*, 127-135. <https://doi.org/10.1037/cfp0000042>
26. Cigrang, J., **Balderrama-Durbin, C.**, Snyder, D. K., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Slep, A. M. S. & Heyman, R. E. (2015). Predictors of suicidal ideation across the deployment cycle: A prospective study. *Journal of Clinical Psychology, 71*, 828-842. <https://doi.org/10.1002/jclp.22192>
27. **Balderrama-Durbin, C.**, Cigrang, J., Osborne, L. J., Snyder, D. K., Talcott, G. W., Slep, A. M. S., Heyman, R. E., Tatum, J., Baker, M., Cassidy, D., & Sonnek, S. (2015). Coming home: A prospective study of family reintegration following deployment to a war zone. *Psychological Services, 12*, 213-221. <https://doi.org/10.1037/ser0000020> (Invited contribution to a Special Issue on military families.)

28. Heyman, R. E., Slep, A. M. S., Sabathne, C., Erlanger, A. C. E., Hsu, T. T., Snyder, D. K., **Balderrama-Durbin, C.**, Cigrang, J. A., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., & Sonnek, S. (2015). Development of a multilevel prevention program for improved relationship functioning in active duty military members. *Military Medicine, 180*, 690-696. <https://doi.org/10.7205/MILMED-D-14-00491>
29. Antonelli, P., Dèttore, D., Lasagni, I., Miller, I., Snyder, D. K., & **Balderrama-Durbin, C.** (2014). Gay and lesbian couples in Italy: Comparisons with heterosexual couples. *Family Process, 53*, 702-716. <https://doi.org/10.1111/famp.12078>
30. Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Snyder, D., **Balderrama Durbin, C.**, Heyman, R. E., & Slep, A. M. S. (2014). Intimate partner communication from the war zone: A prospective study of relationship functioning, communication frequency, and combat effectiveness. *Journal of Marital and Family Therapy, 40*, 332-343. <https://doi.org/10.1111/jmft.12043>
31. Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Snyder, D. K., **Balderrama-Durbin, C.**, Heyman, R. E., & Slep, A. M. S. (2014). Impact of combat deployment on psychological and relationship health: A longitudinal study. *Journal of Traumatic Stress, 27*, 58-65. <https://doi.org/10.1002/jts.21890>
32. Fissette, C. L., Snyder, D. K., **Balderrama-Durbin, C.**, Balsis, S., Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R. E., & Slep, A. M. S. (2014). Assessing posttraumatic stress in military service members: Improving efficiency and accuracy. *Psychological Assessment, 26*, 1-7. <https://doi.org/10.1037/a0034315>
33. **Balderrama-Durbin, C.** (2013). Our time to serve: Treating the newest generation of military service members. *Psychotherapy Bulletin, 48*, 21-24.
34. Talcott, G. W., Cigrang, J., Sherrill-Mittleman, D., Snyder, D. K., Baker, M., Tatum, J., Cassidy, D., Sonnek, S., **Balderrama-Durbin, C.**, Klesges, R. C., Ebbert, J. O., Slep, A. M. S., & Heyman, R. E. (2013). Tobacco use during deployment. *Nicotine & Tobacco Research, 15*, 1348-1354. <https://doi.org/10.1093/ntr/nts267>
35. **Balderrama-Durbin, C.**, Snyder, D. K., Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R. E., & Slep, A. M. S. (2013). Combat disclosure in intimate relationships: Mediating the impact of partner support on posttraumatic stress. *Journal of Family Psychology, 27*, 560-568. <https://doi.org/10.1037/a0033412>
36. Snyder, D. K., **Balderrama-Durbin, C.**, Fissette, C., Scheider, D. M., Barnett, J. K., & Fiala, S. (2012). Infidelity. In B. A. Moore (Ed.), *Handbook of counseling military couples* (pp. 219-235). New York, NY: Routledge.
37. Snyder, D. K., **Balderrama-Durbin, C.**, & Fissette, C. L. (2012). Treating infidelity and comorbid depression: A case study involving military deployment. *Couple and Family Psychology: Research and Practice, 1*, 213-225. <https://doi.org/10.1037/a0029919>

38. Snyder, D. K., & **Balderrama-Durbin, C.** (2012). Integrative approaches to couple therapy: Implication for clinical practice and research. *Behavior Therapy, 43*, 13-24. <https://doi.org/10.1016/j.beth.2011.03.004>
39. **Balderrama-Durbin, C.**, Allen, E. S., & Rhoades, G. (2012). Demand and withdraw behaviors in couples with a history of infidelity. *Journal of Family Psychology, 26*, 11-17. <https://doi.org/10.1037/a0026756>
40. Downing, C., **Balderrama-Durbin, C.**, Kimball, A., Biers, J., Wright, H., Gilliam, D., & Johnson, T. E. (2012). Quantitative trait locus mapping for ethanol teratogenesis in BXD recombinant inbred mice. *Alcoholism: Clinical and Experimental Research, 36*, 1340-1354. <https://doi.org/10.1111/j.1530-0277.2012.01754.x>
41. **Balderrama-Durbin, C.**, Snyder, D. K., & Semmar, Y. (2011). Assessing Arabic couples: An evidence-based approach. *Family Science, 2*, 24-33. <https://doi.org/10.1080/19424620.2011.600586>
42. Downing, C., **Balderrama-Durbin, C.**, Hayes, J., Johnson, T. E., & Gilliam, D. (2009). No effect of prenatal alcohol exposure on activity in three inbred strains of mice. *Alcohol and Alcoholism, 44*, 25-33. <https://doi.org/10.1093/alcalc/agn082>
43. Downing, C., **Balderrama-Durbin, C.**, Broncucia, H., Gilliam, D., & Johnson, T. E. (2009). Ethanol teratogenesis in five inbred strains. *Alcoholism: Clinical and Experimental Research, 33*, 1-8. <https://doi.org/10.1111/j.1530-0277.2009.00949.x>

### **Invited Talks and Oral Conference Presentations**

\* indicates Dr. Balderrama-Durbin's trainee

\*\* indicates Dr. Balderrama-Durbin's undergraduate trainee

1. **Balderrama-Durbin, C.**, Cigrang, J. A., Heyman, R. E., Smith Slep, A. M., Snyder, D. K., Parsons, A. M., Lober, M. F., Eckhardt Erlanger, A. C., Mitnick, D., Gupta, A., & Wijdenes, K. (2023, November). *The development of a brief relationship health screener and web-based prevention program for partnered entry-level military service members*. In J. Cordova (Chair), *Cultivating Relationship Joy: Early Detection, Prevention, and Intervention for Fostering Relationship Health in Active-Duty Military Couples*. Paper accepted to the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
2. Hill, J. E.,\* **Balderrama-Durbin, C.**, Cigrang, J. A., Snyder, D. K., Lorber, M. F., Gupta, A., Heyman, R. E., Slep, A. M. S. (2023, November). Longitudinal associations of individual and relationship distress in a cohort sample of newly enlisted Air Force service members. In
3. Gates, M. V.\*, Hill, J. E.\*, & **Balderrama-Durbin, C.** (2023, May). *Examining the Implications of Adverse Childhood Experiences on Romantic Relationship Functioning among Lesbian, Gay, and Bisexual Individuals: A Scoping Review*. Accepted for a data blitz presentation at the International Association for Relationship Research in Phoenix, AZ.



4. **Balderrama-Durbin, C.** (2023, April). *I'm tired, you're tired, yet we have an important job to do*" Invited keynote address for the Care Compass Network event on Managing Compassion Fatigue.
5. In E. Georgia Salivar, & M. K. Roddy (Co-Chairs), **C. Balderrama-Durbin** (Discussant) (2022, November). *Novel adaptations to dyadic clinical research for high-risk and underserved population during the COVID-19 pandemic*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
6. Gates, M. V.\*, Barden, E. P.\*, & **Balderrama-Durbin, C.** (2022, November). Reactivity and recovery in romantic relationships following a stressful film paradigm: Examining sympathetic nervous system activation in couples. In M. Shin & C. Petit (Co-chairs), *Couple Functioning in the Face of Internal and External Relationship Threats*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
7. Gates, M. V.\*, Barden, E. P.\*, Ergas, D.\*, Mattson, R., Young, S., Massey, S., & **Balderrama-Durbin, C.** (2022, November). Examination of formal and informal relationship help-seeking behaviors and barriers to couple therapy from a national sample of lesbian, gay, and bisexual+ community couples. In T. Gray (Chairs), *Strengthening Resilience in Sexual Minority Couples: Lowering Barriers to Inclusive, Affirmative, Relationship Healthcare*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
8. Gates, M. V.\*, Barden, E. P.\*, Ergas, D.\*, Mattson, R. E., Young, S. R., Massey, S. G., & **Balderrama-Durbin, C.** (2022, July). *Sexual identity significantly relates to relationship help-seeking behaviors above and beyond relationship distress within LGB couples*. Data blitz presented at the International Association of Relationship Research, virtual conference.
9. Mastroleo, N. R., Possemato, K., **Balderrama-Durbin, C.**, King, P. R., & Rauch, S. A. M. (2022, June). Initial testing of a brief, integrated intervention aimed at reducing heavy alcohol use and PTSD among military veterans in primary care. Paper presented at the annual meeting of the Annual Meeting of the Research Society on Alcoholism, Orlando, FL.
10. Cigrang, J. A., **Balderrama-Durbin, C.**, Snyder, D. K., Lorko, K., Gupta, A., Smith-Slep, A., Heyman, R., Mitnick, D., Wijdenes, K., & Yahle, C. (2021, November). Predicting marital health from adverse childhood experiences among United States Air Force active duty personnel. In **C. Balderrama-Durbin** (Chair), *Military Couple Health Across the Deployment Cycle*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.
11. Parsons, A., Smith-Slep, A., Kim, S., Lorko, K., Mitnick, D., **Balderrama-Durbin, C.**, Cigrang, J. A., Heyman, R., Snyder, D. K., & Yahle, C. (2021, November). The link between individual health, relationship health, and suicide risk among United States Air Force active duty personnel. In **C. Balderrama-Durbin** (Chair), *Military Couple Health Across the*

*Deployment Cycle*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.

12. **Balderrama-Durbin, C.** (2021, September). *Adversity to adaptation: The design, evaluation, and implementation of interventions for high-risk couples*. Invited virtual presentation at the University of Virginia.
13. **Balderrama-Durbin, C.,** Wang, B. A.\*, & Barden, E.\* (2021, June). Self- and coregulation in romantic relationships following a trauma analog: Examination of respiratory sinus arrhythmia. In R. Mattson (Chair), *Biological and Physiological Factors Associated with Dyadic and Coregulatory Process in Adult Romantic Relationships*. Paper presented at the annual meeting of the International Association for Relationship Research, virtual conference.
14. Wang, B. A.\*, Barden, E. \*, Poole, L.\*\* , & **Balderrama-Durbin, C.** (2020, November). Attachment and parasympathetic coregulation of an acute stressor in intimate dyads. In J. Kansky & K. Leo (Co-Chairs), *Fostering Intimacy and Emotional Connection in Diverse Couples Across Relational Contexts*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.
15. Ergas, D.\*, & **Balderrama-Durbin, C.** (2019, November). Relationship Distress and Stigma in Sexual Minorities: A Closer Examination of Marginalization Stress and Sources of Social Support. In S. Carter (Chair), *Interpersonal Relationships Among Marginalized Populations: Implications For Mental Health and Treatment*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
16. **Balderrama-Durbin, C.** (Expert Panelist) (2019, November). In A. Wojda (Chair), *“The way you make me feel” : Trans-theoretical approaches to addressing emotions in couple therapy*. Clinical Round Table discussion at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
17. Erbes, C., **Balderrama-Durbin, C.,** Polusny, M., Vogt, D., & DeGarmo, D. (2019, November). *Communication between soldiers and partners during deployment predicts service-member and relationship well-being*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
18. Barden, E.\*, & **Balderrama-Durbin, C.** (2019, November). *The Dyadic Effects of PTSD on the Coregulation of RSA During Acute Stress Recovery*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
19. Kennedy, S.\*, & **Balderrama-Durbin, C.** (2018, November). *Posttraumatic stress symptoms and hazardous drinking predict sexual risk-taking behavior in college women*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Washington D.C.

20. In B. A. Wang\*, & J. Biesen (Co-Chairs), **C. Balderrama-Durbin** (Discussant) (2018, November). *Cognitions, behaviors, and emotions across the romantic relationship life span: Assessing relational conflict competencies using novel methodology*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D. C.
21. Cigrang, J., **Balderrama-Durbin, C.**, Slep, A., Heyman, R., Snyder, D., Lindahl, K., Simonson, J., Glotfeller, M. A., Lorko, K., Mitnick, D. (2018, August). *Strengthening military families – lesbian, gay, and bisexual couples in the military: A post-DADT examination of relationship health, perceived community acceptance, and mission readiness*. Military Health System Research Symposium, Kissimmee, FL.
22. Cigrang, J., Kuck, N., Ngayan, A., Yahle, C., **Balderrama-Durbin, C.**, Mitnick, D., Najera, E., Snyder, D., Slep, A., Heyman, R. (2018, August). *Gender, family of origin experiences, and current romantic relationship functioning in entry-level military couples*. Military Health System Research Symposium, Kissimmee, FL.
23. **Balderrama-Durbin, C.**, Mastroleo, N. R., Colby, S. M., Operario, D., & Monti, P. M. (2017, November). The impact of posttraumatic stress symptoms and history of sexual violence on a brief motivational intervention for heavy drinking. In Mastroleo, N. R. & **C. Balderrama-Durbin** (Co-chairs), *Reaching at-risk populations: Implications for interventions aimed at reducing sexual violence, PTSD, alcohol use or their co-occurrence in diverse populations and settings*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
24. Snyder, D. K., Balsis, S., Wang, B. A.\*, **Balderrama-Durbin, C.**, Negy, C., Means-Christensen, A., Dettore, D., & Antonelli, P. (2017, November). Diversity in sexual orientation and association to relationship commitment: A comparison of United States and Italian couples. In R. D. Rogge (Chair), *Heteronormative Monogamy: Examining Diversity in Romantic Relationships and Commitment Structures*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
25. **Balderrama-Durbin, C.**, & Scott, S. (Co-chairs.) (2016, August). *Behind closed doors: Sexual functioning and extradyadic involvement in intimate relationships*. Paper presented at the annual meeting of the American Psychological Association, Denver, CO.
26. **Balderrama-Durbin, C.**, Erbes, C. R., Polusny, M. A., & Vogt, D. S. (2015, November). Couple communication during deployment: An investigation of the psychometric properties of the Deployment Communication Inventory. In **C. Balderrama-Durbin** (Chair), *Communication from the war zone: Understanding the impact of intimate partner communication during deployment for military service members and their partner*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

27. **Balderrama-Durbin, C.**, & Scott, S. (Co-chairs.) (2015, November). *Mechanisms of change in relationship interventions*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
28. Cigrang, J. A., **Balderrama-Durbin, C.**, Snyder, D. K., Cigrang, J., Talcott, G. W., Slep, A. M. S., Heyman, R. E., Tatum, J., Baker, M., Cassidy, D., Sonnek, S. (2015, November). Postdeployment mental health help seeking among active-duty military. In T. D. Gray (Chair), *Up-Armoring Families: Disseminating empirically supported relationship interventions for military couples*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
29. Snyder, D. K., **Balderrama-Durbin, C.**, Cigrang, J., Talcott, G. W., Slep, A. M. S., & Heyman, R. E. (2015, August). Help-seeking among Airmen in distressed relationships: Implications for alternative delivery systems. In J. C. Flanagan and M. L. Kelley (Co-chairs), *Mental health, alcohol use, and relationship satisfaction among military members and veterans*. Paper presented at the annual meeting of the Association Psychological Association, Toronto.
30. **Balderrama-Durbin, C.**, Snyder, D. K., Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R. E., & Slep, A. M. S. (2012, November). Post-deployment reintegration: Challenges for partnered service members. In K. D. Renshaw (Chair), *Adjustments to challenges in military couples: Reintegration and PTSD*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor.
31. Talcott, G. W., Cigrang, J., Sherrill-Mittleman, D., Snyder, D., Baker, M., Tatum, J., Cassidy, D., Sonnek, S., **Balderrama-Durbin, C.**, Slep, A. M. S., Heyman, R. E., Klesges, R. C., & Ebbert, J. O. (2012, March). *Smoking, smokeless, and dual use of tobacco in deployed Air Force security forces: A prospective study*. Paper presented at the National Cancer Institute (NCI) Smokeless Tobacco Research Grantee Meeting, Houston, TX.
32. **Balderrama-Durbin, C.**, Snyder, D. K., Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Heyman, R. E., & Slep, A. M. S. (2011, November). Social support, partner combat disclosure, and post-traumatic stress disorder following high-risk deployment to Iraq. In D. K. Snyder (Chair), *Emerging evidence regarding post-traumatic stress disorder and relationship functioning in OEF/OIF combat veterans*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto.
33. Cigrang, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Snyder, D. K., **Balderrama-Durbin, C.**, Heyman, R. E., & Slep, A. M. S. (2011, November). Psychological health and intimate relationship functioning across the deployment cycle in a cohort of active-duty service members. In D. K. Snyder (Chair), *Emerging evidence regarding post-traumatic stress disorder and relationship functioning in OEF/OIF combat veterans*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto.

34. Snyder, D. K., & **Balderrama-Durbin, C.** (Co-chairs.) (2010, June). *Cross-national approaches to evidence-based couple assessment*. Paper presented at the meeting of the World Congress of Behavioral and Cognitive Therapies, Boston.

### **Conference Posters**

\* indicates Dr. Balderrama-Durbin's graduate trainee

\*\* indicates Dr. Balderrama-Durbin's undergraduate trainee

1. Order, D.\*\*, Roth, H.\*\*, Gates, M.\*, Ergas, D.\*, & Balderrama-Durbin, C. (2023, June). *Effects of partner support and LGBT connectedness on the association between heterosexual experiences and stress related growth*. Poster accepted at the Association for Behavioral and Cognitive Therapies Student Symposium, virtual conference.
2. Hill, J. E.\*, Poole, L.\*\*, Quigley, J.\*\*, Gates, M. V.\*, & **Balderrama-Durbin, C.** (2023, May). *Support behaviors elicited within romantic couples following a laboratory acute stress induction*. Poster accepted at the International Association for Relationship Research, Phoenix, AZ.
3. Gance, A. K.\*\*, Levin, V. P.\*\*, Wang, X.\*\*, Barden, E. P.\*, & **Balderrama-Durbin, C.** (2022, November). *Effects of dyadic trust on relationship disclosure avoidance in individuals with a history of trauma*. Poster accepted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
4. Barden, E. P.\*, Gates, M. V.\*, & **Balderrama-Durbin, C.** (2022, November). *The role of emotion regulation in the association among co-occurring posttraumatic stress symptoms, alcohol use, and relationship distress in trauma exposed individuals*. Poster accepted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
5. Gates, M. V.\*, Barden, E. P.\*, Ergas, D.\*, Mattson, R. E., Young, S. R., Massey, S. G., & **Balderrama-Durbin, C.** (2022, July). *Bisexual+ individuals report higher levels of relationship distress and COVID-related conflict as compared with lesbian and gay individuals*. Poster presented at the International Association of Relationship Research, virtual conference.
6. Wang, B. A.\*, Gates, M. V.\*, Poole, L. Z.\*\*, & **Balderrama-Durbin, C.** (2021, November). *Natural language synchrony between romantic partners during interpersonal stress regulation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.
7. Wang, X.\*, & **Balderrama-Durbin, C.** (2021, November). *Social network approval and network overlap independently associate with relationship stability in long-distance relationships*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.

8. McCarthy, K.\*\*, & **Balderrama-Durbin, C.** (2021, November). *Examining association among negative affect, perceived social support, and partner pronoun use in romantic relationships*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference. Robert Weiss award winner.
9. Gates, M. V.\*., Barden, E. P. \*, & **Balderrama-Durbin, C.** (2021, November). *The dyadic implications of the cognitive processing of trauma*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.
10. Barden, E. P.\*, Gates, M. V.\*, Wang, X.\*, Schildwacher, J.\*, & **Balderrama-Durbin, C.** (2021, November). *Effects of social support type on relationship distress in partnered individuals with PTSD*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.
11. Ergas, D.\*, & **Balderrama-Durbin, C.** (2020, November). *A deeper understanding of adaptive responses to minority stress experiences in marginalized sexual identities*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.
12. McCarthy, K.\*\*, Barden, E.\*, Ergas, D.\*, Siegel, H.\*, & **Balderrama-Durbin, C.** (2020, November). *The impact of adaptive and maladaptive cognitive processing strategies on trauma disclosure in couples*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, virtual conference.
13. Mastroleo, N. R., Possemato, K., King, P., **Balderrama-Durbin, C.**, Castro, I., & Rauch, S. (2020, June). *Adaptation of a brief intervention to reduce heavy alcohol use and PTSD among veterans using a consensus method and open trial approach*. Poster presented at the annual meeting of the Research Society on Alcoholism, virtual conference.
14. Wang, B. A.\*, & **Balderrama-Durbin, C.** (2019, November). *Attachment and dyadic stress regulation: Multilevel mixed modeling of time-lagged respiratory sinus arrhythmia*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
15. Tipaldo, A.\*\*, Kennedy, S.\*, Barden, E.\*, & **Balderrama-Durbin, C.** (2019, November). *The mediating role of depression in the association between posttraumatic stress symptoms and negative affect reactivity for those with a history of multiple traumas*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
16. Castro, I. E., Crinnin, C., Mastroleo, N., King, P., **Balderrama-Durbin, C.**, Rauch, S., & Possemato, K. (2019, November). *A Delphi study to integrate prolonged exposure for primary care and motivational enhancement therapy for heavy alcohol use*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
17. Cigrang, J. A., Yahle, C., Lorko, K., **Balderrama-Durbin, C.**, Snyder, D., Mitnick, D., Wijdenes, K., Lorber, M., Slep, A., & Heyman, R. (2019, October). *Predicting Intimate Relationship Health from Adverse Childhood Experiences among United States Air Force*

*Active Duty Personnel*. Poster presentation accepted at the 4th Annual San Antonio Combat PTSD Conference, San Antonio, TX.

18. Wildey, M. N., **Balderrama-Durbin, C.**, Knopp, K., Stanley, S. M., & Rhoades, G. K. (2019, June). *Understanding the course of jealousy across the development of romantic relationships*. Poster presented at the annual meeting of the Association for Research in Personality, Grand Rapids, MI.
19. Pang, W. L.\*\* , Leone, G.\*\* , Sternberg, J.\*\* , Kennedy, S.\* , & **Balderrama-Durbin, C.** (2019, March). *Associations among self-efficacy and cognitive appraisals of risk-taking in college students*. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.
20. Kennedy, S.\* , & **Balderrama-Durbin, C.** (2018, November). *Predictors of alcohol use in college students after trauma*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D. C.
21. Barden, E. P.\* , Wang, B. A.\* , Sternberg, J.\*\* , Poole, L.\*\* , & **Balderrama-Durbin, C.** (2018, November). *The impact of cognitive emotion regulation on the association between dyadic trust and relationship satisfaction in couples*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D. C.
22. Wang, B. A.\* , & **Balderrama-Durbin, C.** (2018, November). *Multilevel growth curve modeling of the effect of attachment anxiety and dyadic trust on affective stress response*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D. C.
23. Ergas, D.\* , & **Balderrama-Durbin, C.** (2018, November). *From adversity to adaptation: Stress-related growth in marginalized sexual orientations*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D. C.
24. Butler, S.\* , & **Balderrama-Durbin, C.** (2018, March). *Intra- and Inter-Personal Predictors of Posttraumatic Stress Disorder and Sexual Risk-Taking Behaviors*. Poster presented at the 89<sup>th</sup> annual meeting at the Eastern Psychological Association, Philadelphia, PA.
25. Wang, B. A.\* , **Balderrama-Durbin, C.** (2017, November). *To love and to cherish: Examining the benefits of savoring positive memories in intimate relationships*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
26. **Balderrama-Durbin, C.**, Polusny, M., Kramer, M., Arbisi, P., & Erbes, C. (2016, October). *Intimate partner communication during deployment and mental health trajectories for non-deployed partners*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

27. **Balderrama-Durbin, C.**, Persad, L.\*, Snyder, D. K., & Balsis, S. (2016, October). *Reading between the items: A closer examination of the assessment of intimate partner aggression*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
28. Stanton, K., **Balderrama-Durbin, C.**, Snyder, D. K., Cigrang, J., Talcott, G. W., Slep, A. M. S., & Heyman, R. E. (2016, October). *Infidelity across a year-long deployment: An examination of relationship and individual functioning risk factors*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
29. **Balderrama-Durbin, C.**, Balsis, S., Snyder, D. K., Harper, J., & Whisman, M. (2016, August). *Relationship discord across the lifespan: A comparative study of younger and older married couples*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
30. Osborne, L. J., Snyder, D. K., **Balderrama-Durbin, C.**, Cigrang, J. A., Talcott, G. W., Slep, A. M. S., Heyman, R. E., Tatum, J., Baker, M., Cassidy, D., & Sonnek, S. (2015, November). *Predictors of chronic pain and somatic functioning following a combat deployment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
31. Fissette, C., Snyder, D. K., **Balderrama-Durbin, C.**, Balsis, S., Cigrang, J. A., Talcott, G. W., Heyman, R. E., Slep, A. M. S., Tatum, J., Baker, M., Cassidy, D., & Sonnek, S. (2015, November). *Predictors of alcohol misuse following a combat deployment*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
32. **Balderrama-Durbin, C.**, Snyder, D. K., Cigrang, J., Fissette, C., Talcott, G. W., Tatum, J., Cassidy, D., Baker, M., Sonnek, S., Slep, A. M. S., & Heyman, R. E. (2013, November). *The impact of deployment on the risk for infidelity*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
33. Fissette, C. L., **Balderrama-Durbin, C.**, Snyder, D. K., Balsis, S., Monson, C. M., Pless Kaiser, A., & Taft, C. T. (2013, November). *The utility of assessing sleep difficulties from informant reports of posttraumatic stress disorder: An application of item response theory*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
34. **Balderrama-Durbin, C.**, Allen, E. S., & Rhoades, G. K. (2011, November). *Individual contributions to the demand/withdraw pattern in couples with a history of infidelity*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto.
35. Fissette, C., Snyder, D. K., **Balderrama-Durbin, C.**, Cigrang, F., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Heyman, R. E., & Slep, A. M. S. (2011, November). *Factor and*



*item-level properties of the PCL-M in a sample of active-duty Airmen.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto.

36. **Balderrama-Durbin, C., Snyder, D. K., & Balsis, S.** (2010, November). *Evaluating the Marital Satisfaction Inventory – Brief Form using item response theory.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco.
37. **Balderrama-Durbin, C., Snyder, D. K., Gasbarrini, M. F., & Semmar, Y.** (2009, November). *Evidence-based assessment of Middle-Eastern Muslim marriages.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York.

### **Teaching Experience**

#### **Binghamton University**

Graduate Courses: Clinical Supervisor – Graduate Practicum (PSYC 598, 10 semesters, Enrollment 3); Couple Therapy Seminar (PSYC 613, 2 semesters, Enrollment 15); Multicultural Psychology (PSYC 614, 4 semesters, Enrollment 12)

Undergraduate Courses: Psychological Tests (PSYC 385, 6 semesters, Enrollment 240); Independent Study (PSYC 397, 14 semesters, Enrollment 6); Personality Psychology (PSYC 473, 1 semester, Enrollment 24)

#### **Texas A&M University**

Undergraduate Courses: Personality Psychology (PSYC 330, 1 semester, Enrollment 26); Human Sexuality (PSYC 338, 2 semesters, Enrollment 159)

#### **University of Colorado – Denver**

Undergraduate Courses: Independent Study (PSYC 4840, 2 semesters, Enrollment 8); Research Methods Lab (PSYC 3090, 1 semester, Enrollment 15)

### **Student Mentoring**

#### **Graduate Students**

- 2022-Present Jessica Hill, M.A., Clinical Science, Binghamton University
- 2019-Present Melissa Gates, M.S., Clinical Science, Binghamton University, master’s thesis “Reactivity and Recovery in Romantic Relationships Following a Stressful Film: Examining Cardiac Impedance in Community Couples”
- 2017-2023 Eileen Barden, M.S., Clinical Science, Binghamton University, dissertation “Examining Emotion Regulation and Dyadic Coping as Mediators in the Relation Between Co-occurring Posttraumatic Stress Symptoms and Alcohol Use on Relationship Distress”, expected graduation August 2023
- 2017-2022 Dana Ergas, M.S., Clinical Science, Binghamton University, dissertation “A Dyadic Examination of Individual- and Couple-Level Experiences of Minority Stress and Stress-Related Growth on Relationship Distress”, Clinical Science, Binghamton University

- 2016-2022 Binghuang (Alex) Wang, M.S., Clinical Science, Binghamton University, dissertation, "Examining the Patterns and Moderators of Post-Acute Stressor Respiratory Sinus Arrhythmia Co-Regulation in Romantic Dyads", Clinical Science, Binghamton University
- 2016-2021 Seigie Kennedy (Butler), Ph.D., dissertation "Sexual Trauma and Attentional Biases: An Examination of Women's Attentional Bias to Intimacy-Related Visual Stimuli", Clinical Science, Binghamton University

### **Graduate Student Awards and Positions**

\*\*Note: all awards and leadership positions were held while the graduate students were in the Binghamton University Clinical Science doctoral program

#### **University-level**

- 2021 Eileen Barden, Binghamton University Graduate Student Excellence Award in Research
- 2020 Dana Ergas, Binghamton University Graduate Student Excellence Award in Service
- 2019 Seigie Kennedy, Binghamton University Graduate Student Excellence Award in Service

#### **National-level**

- 2021-2023 Melissa Gates, Co-Editor of the Couples Special Interest Group for the Association for Cognitive and Behavioral Therapies
- 2021-2023 Eileen Barden, Enhancing Diversity in Alcohol Research (EDAR) Fellowship
- 2018-2019 Eileen Barden, Media Coordinator for Couples Special Interest Group for the Association for Behavioral and Cognitive Therapies
- 2017-2019 Binghuang (Alex) Wang, Student Co-Leader of the Couples Special Interest Group for the Association for Behavioral and Cognitive Therapies

#### **Pre-doctoral Internship Positions**

- 2022-2023 Eileen Barden, VA Central Western Massachusetts Healthcare System
- 2021-2022 Binghuang (Alex) Wang, Syracuse VA Medical Center
- 2021-2022 Dana Ergas, Syracuse VA Medical Center
- 2020-2021 Seigie Kennedy, Syracuse VA Medical Center

#### **Positions Post-Graduation**

- 2023 Eileen Barden, postdoctoral position at Boston VA T32 under the mentorship of Johanna Hollands-Thompson, Ph.D.
- 2022 Seigie Kennedy, postdoctoral position at MindWell Center in Albany, NY
- 2022 Dana Ergas, postdoctoral position at The Lukin Center for Psychotherapy, NJ
- 2022 Binghuang (Alex) Wang, Staff position at the Binghamton VA

**Graduate Student Grants/Scholarships**

- 04/12/2023 Harpur College Graduate Investment Initiative Award (PI: Gates)  
*Implications of Sexual and Gender Minority ACEs on Couple Functioning among LGB+ Individuals*  
The current project aims to examine how sexual and gender minority-specific adverse childhood experience impact romantic relationship functioning among lesbian, gay, and bisexual+ (LGB+) individuals as well as the implication of disclosure of childhood adversity on couple functioning.  
Role: Faculty mentor (\$1,000)
- 07/15/2021 2020-21 Psi Chi Summer Graduate Research Grant (PI: Barden)  
*Emotion Regulation on the Relation of Co-occurring Posttraumatic Stress Symptoms and Alcohol Use on Relationship Distress in Trauma Exposed Individuals*  
The current project aims to examine the impact of adaptive and maladaptive emotion regulation strategies on the relation among posttraumatic stress, alcohol use, and relationship distress in a community sample of partnered individuals.  
Role: Faculty mentor (\$1,353)
- 10/28/2019 American Psychological Foundation/Council of Graduate Departments of Psychology (APF/COGDOP) 2019, Dr. Judy Kuriansky Scholarship (PI: Kennedy)  
*Physical Intimacy After Sexual Trauma: An Examination of Women's Heart rate Variability and Attentional Bias to Sexual Visual Stimuli*  
The current project aims to examine the reactions of women with and without a history of sexual assault to standardized, normative, sexually explicit images using both subjective (e.g., self-reported sexual functioning) and objective measures (i.e., attentional biases and physiological arousal).  
Role: Faculty mentor (\$2,000)
- 04/01/2018 2017-18 Mamie Phipps Clark Diversity Research Grants (PI: Ergas)  
*From Adversity to Adaptation: Growth in Marginalized Sexual Orientations*  
The goal of this grant is to examine the association between of different types of chronic and acute stressors (including minority stress) on stress-related growth in those from marginalized sexual orientation.  
Role: Faculty mentor (\$1,500)

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**Clinical Experience**

- 2019-Present Licensed to practice psychology in the State of New York #023602-01
- Aug 2021-Present Airmen Resilience and Maintenance of Operational Readiness Program  
U.S. Air Force Keesler Air Force Base

*Randomized controlled trial clinical treatment development, implementation, and evaluation of an evidence-informed prevention program to foster romantic relationship health for military couples*

Aug 2015- Present	Binghamton Psychological Clinic <i>Clinical Supervisor – specifically focused on Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy and trauma-focused therapies</i>
April 2019- May 2021	Binghamton VA Outpatient Clinic & Syracuse VA Medical Center <i>Open Trial Interventionist &amp; Randomized Control Trial Clinical Supervisor – Primary Care-Mental Health Integration intervention targeting alcohol use and posttraumatic stress disorder</i>
Aug 2014- Aug 2015	Minneapolis VA Health Care System <i>Psychology Intern – PTSD Treatment, Addiction Recovery, and Primary Care-Mental Health Integration</i>
Oct 2012- Sept 2013	Airmen Resilience and Maintenance of Operational Readiness Program U.S. Air Force Airman and Family Readiness Centers <i>Clinical Consultant and Trainer</i>
Feb 2011 & Mar 2013	Up-Armoring Marriages Workshop – Ft. Hood 3 <sup>rd</sup> Expeditionary Sustainment Command <i>Workshop Co-Facilitator</i>
June 2012- June 2013	Brazos County (Texas) Detention Center <i>Staff Therapist</i>
May 2010- Dec 2011	Fort Hood Affair Recovery Intervention Program Army Family Life Chaplain Training Center <i>Clinical Consultant / Coordinator</i>
Sept 2010- May 2013	Texas A&M University Psychology Clinic <i>Therapist &amp; Evaluator – Clinical &amp; Assessment Practicum</i>
Sept 2010- Oct 2010	Asperger’s Social Skills Group: Brazos Valley Rehabilitation Clinic <i>Group Therapist</i>

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### **Professional Memberships**

American Psychological Association

- Division 12 Society of Clinical Psychology
- Division 19 Military Psychology
- Division 29 Psychotherapy
- Division 43 Family Psychology

Association for Behavioral and Cognitive Therapies

- Couples Research and Therapy Special Interests Group – Co-Leader (2018-2020)

Association for Psychological Science

International Society for Traumatic Stress Studies

## **Professional Service**

### **Departmental**

2023	Case Conference Presentation – <i>“Saying the Quiet Part Out Loud – Conducting Research within Systems of Oppression”</i>
2021	Clinical Stats Lunch – Actor-Partner Interdependence Modeling
2018-current	Psychology Department Diversity Committee Member
2020	Search Committee, Psychology and Africana Studies Diversity Joint Hire
2018-2020	Clinical Area Placement Coordinator
2019	Invited Panelist for Women and Gender in Academia, Psychology Department <i>“Inside the Hiring Process”</i> & <i>“Empowerment of Women in Academia”</i>
2018	Search Committee, Clinical Faculty Member and Clinic Director Position
2017	Search Committee, Adjunct Professor of Psychology Position
2017-2018	Colloquium Committee Member
2016-2017	Psychological Clinic Advisory Committee Member
2016-2017	Awards Committee Member
2015-2016	Undergraduate Committee Member
2015, 2018, 2019	Case Conference Presentations <i>“Posttraumatic Stress Disorder in Intimate Relationships – A Case Illustration”</i> , <i>“Ethical Considerations in Clinical Practice – Multiple Relationships”</i> , & <i>“Clinical Considerations in the #MeToo Movement”</i>

### **University**

2023	McNair Scholar Faculty Research Mentor
2022-2024	Faculty Senate Representative
2021	Louis Stokes Alliance for Minority Participation Faculty Research Mentor
2016, 2019	McNair Scholar Faculty Research Mentor
2017-2019	Faculty Senate Representative
2018	Psychological First Aid Crisis Responder to campus tragedy
2016	Binghamton University Veteran Student Organization presentation on mental health awareness
2016	Psi Chi Induction Ceremony Keynote Speaker
2016	Harpur Fellows Student Selection Committee

**Community**

- 2023 Care Compass Network keynote address at the Managing Compassion Fatigue event  
*"I'm tired, your tired, yet we have an important job to do."*
- 2016-2020 Binghamton Fire Department Critical Incident Response Consulting

**National**

- 2018-2020 Co-Leader, ABCT Couples Research and Therapy Special Interests Group (elected 2018-2020 term)
- 2018, 2019 Association for Behavioral and Cognitive Therapies Program Committee Reviewer
- 2019-2020 Congressman Brindisi's Veterans Advisory Committee member

**Grant Panel Reviews**

- 2020 U.S. Army Medical Research and Development Command, Clinical Trial peer review panel member

**Editorial**

- 2023-2024 Invited to the editorial board – *Journal of Family Psychology*
- 2019-current Editorial advisory board member – *Family Process* (2019-2022 term)
- 2019-current Editorial board member – *Couple and Family Psychology: Research and Practice*

Ad hoc reviewer –  
*American Journal of Orthopsychiatry*  
*Assessment*  
*Emotion*  
*Journal of Affective Disorders*  
*Journal of Anxiety Disorders*  
*Journal of Clinical Psychology in Medical Settings*  
*Journal of Family Psychology*  
*Journal of Family Issues*  
*Journal of Marriage and Family*  
*Journal of Marital and Family Therapy*  
*Journal of Military, Veteran, and Family Health*  
*Journal of Personality Assessment*  
*Journal of Traumatic Stress*  
*Military Behavioral Health*  
*Military Psychology*  
*Nicotine & Tobacco Research*  
*Psychiatric Services*  
*Psychological Assessment*  
*Public Health Reports*

*Stress and Health*  
*Spanish Journal of Psychology*

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**Media Releases**

Madison County Courier; New York Congressman Brindisi's Suicide Prevention Coordinators Act <https://madisoncountycourier.com/?p=110430>