

Katherine E. Freeman Paddick, LCSW

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Education

SILBERMAN SCHOOL OF SOCIAL WORK, HUNTER COLLEGE, CITY UNIVERSITY OF NEW YORK 5/14

Graduate-Master of Social Work, with Honors

Clinical Practice Method, Concentration in Children, Youth and Families

COLLEGE AT GENESEO, STATE UNIVERSITY OF NEW YORK 5/08

Graduate-Bachelor of Arts, Cum Laude

Dual Major in Spanish and International Relations, Concentration in Latin American Studies

Experience

BINGHAMTON UNIVERSITY, STATE UNIVERSITY OF NEW YORK, Binghamton, NY 8/24-present

Lecturer, Department of Social Work

- Develop and deliver undergraduate (BSW) and graduate (MSW) courses aligned with professional social work standards, covering generalist practice, psychopathology and psychopharmacology, and advanced clinical practice with individuals, families, and groups.
- Assess and evaluate student performance through practice demonstrations, written assignments, presentations, and group projects, providing constructive feedback and guidance to support learning and skill development.

BINGHAMTON UNIVERSITY, STATE UNIVERSITY OF NEW YORK, Binghamton, NY 9/22-present

Field Liaison, Department of Social Work

- Provide support to BSW and MSW level students, field instructors and task supervisors in their field placements in various human service organizations in the area.
- Foster conversation, celebrate student successes, identify and propose resolutions to learning obstacles.

SUNY BROOME COMMUNITY COLLEGE, Binghamton NY 8/23-12/23

Adjunct Faculty, Psychology and Human Services Department

- Conducted instruction for a 3-credit course offering an extensive overview of human services agencies, emphasizing their function, societal role and the array of services they provide.
- Restructured the course syllabus to cultivate heightened student engagement through a blend of readings, interactive discussions, group work, case studies and guest speaker sessions featuring professionals from the community.

KATIE PADDICK COUNSELING, LLC Binghamton, NY 6/22-present

Therapist

- Provide both virtual and in-person therapy services to children, youth and adults with treatment focused on anxiety management, depression treatment, life transitions, parenting skills, trauma and cognitive behavioral therapy.

BROOME-TIOGA BOCES, WEST LEARNING CENTER, Apalachin, NY 9/15-8/22

School Social Worker/Clinician

- Provided weekly individual and group counseling sessions to students ages five to 14 with significant emotional and behavioral needs in an educational setting.
- Carried out mental health assessments that included diagnosis and treatment plan interventions.
- Facilitated the training and on-going support of Restorative Justice in Education with students and staff.
- Co-founding member of the Dive into Diversity team, the first DEI initiative within BT-BOCES to focus on building understanding and celebrating diversity within the school community.

GRAHAM WINDHAM, New York, NY 2/15-6/15
Bilingual Clinician, Manhattan Mental Health Center

- Provided weekly therapy to a caseload of 14 children from ages 6 to sixteen.
- Utilized a range of therapies that address such topics as coping with loss and grief, trauma symptoms, domestic violence, sexual abuse, parent-child attachment, parenting skills and behavior management.

NEW ALTERNATIVES FOR CHILDREN, INC., New York, NY 7/14-7/15
Bilingual Health Care Integrator, Bridges to Health Program (B2H)

- Coordinated comprehensive wrap-around services to a caseload of eight special needs clients in foster care ranging from ages four to 13 through a New York State Medicaid funded program.
- Advocated on behalf of clients and their families in the school setting through participation in IEP meetings, conducting home visits and translating for Spanish speaking caregivers.

CENTER FOR COURT INNOVATION, New York, NY 9/13-5/14
Social Work Intern, Bronx Child Witness Support Program, District Attorney's Office

- Assessed severity of post-traumatic stress symptoms for children ages three to 15 who have been victims of or witnesses to a violent crime in the Bronx.
- Implemented TF-CBT in weekly therapeutic sessions to children and their Spanish speaking caregivers.
- Led a Homicide Survivor Support Group for children ages seven to ten who lost a loved one to murder.
- Collaborated with crime victim advocates, social workers, assistant district attorneys and other community service providers on behalf of clients and their families.

NEW YORK PRESBYTERIAN HOSPITAL-COLUMBIA UNIVERSITY MEDICAL CENTER, New York, NY
Social Work Assistant, Domestic and Other Violence Emergencies (DOVE) Program 5/13-8/13

- Provided crisis intervention services for victims of violence utilizing the hospital's emergency department.
- Offered advocacy for survivors to obtain shelter, housing, legal services and crime victims compensation.

Social Work Intern, Charles B. Rangel Community Health Center 9/12-5/13

- Conducted psychosocial assessments and provided short-term psychotherapy with clinic patients.
- Collaborated with doctors, nurses, psychologists and psychiatrists to coordinate services for patients.
- Participated as the only student in a professional writing group with hospital social workers and published work in the Spring 2014 issue of *The New Social Worker* magazine.

MINISTRY OF EDUCATION & UNITED NATIONS DEVELOPMENT PROGRAMME-CHILE
ENGLISH OPENS DOORS PROGRAM, Santiago, Chile

Volunteer Coordinator 3/10-6/12

- Managed recruitment, pre-departure process and training of 388 volunteers from the program's main offices located in Santiago's government district.
- Responsible for the training and supervision of four interns with the Volunteer Team.
- Served as the contact point for volunteers and facilitated problem solving in the areas of host families, payments and school experiences through collaboration with Chilean families and local coordinators.

English Language Instructor 5/09-11/09

- Provided instructional support to Chilean English teachers in fifth to eighth grade classes at a rural, low income school for a minimum of 35 hours per week.
- Directed two separate after-school English clubs to increase interest in learning English.
- Coached student for English Public Speaking Contest, which in turn prepared her to win first place in the competition against six schools.

Skills and Training

- Fluent in Spanish (Reading/Writing/Speaking)
- Licensed Clinical Social Worker (LCSW), New York State
- Certified provider in Trauma-Focused Cognitive Behavior Therapy (TF-CBT) 2014, 2021
- Trained and experienced in the implementation of Life Space Crisis Intervention (LSCI) and Restorative Justice Education

Additional Involvements/Publications

Binghamton City School District, Thomas Jefferson Elementary School 9/25-present
Vice President, Parent Teacher Association

Consultant, Teacher Center of Broome County 4/23-present
Co-facilitate professional development workshops for regional teachers and school staff with a focus on addressing student mental health needs.

Consultant, Behavioral Threat Assessment Team, Maine-Endwell Central School District 7/5/23-9/30/25
Part of a multidisciplinary team of professionals tasked with assessing safety threats within the district.

Nominee, Ron Dougherty Award, Broome-Tioga BOCES 5/22
Nominated by colleagues for an award given to an employee who embodies commitment to personal and professional growth, as well as dedication to community involvement within BOCES and the wider community.

Changing Culture with Restorative Practices: Keys to Successful Implementation, Broome-Tioga BOCES 8/19
Presented to a group of 30 school administrators at a regional conference hosted by Broome-Tioga BOCES Professional Learning & Innovation Center.

Positive Behavior Intervention and Supports (PBIS) Coach, BOCES West Learning Center 9/18-6/19
Held a leadership role within the school community focused on building-wide positive behavioral interventions and support for students.

First World Diaspora of Color Undergraduate Conference, SUNY College at Geneseo 4/14
Participated in an alumni panel on graduate level coursework on the intersection of domestic violence, deportation and its effects on children and immigrant families.

Starting Where the Student Is: Reflections of a First-Year Social Work Graduate Student
The New Social Worker Magazine · Apr 1, 2014

Cable a Tierra, Santiago, Chile 11/10-6/12
Dedicated two days a week to local initiative that provides opportunities for educational and recreational activities with at-risk youth living in a low income sector of Santiago.