

# RAHBEL RAHMAN

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## EDUCATION

**Columbia University, School of Social Work, New York, NY**

*PhD*

Sept 2011 – May 2015

*Dissertation title:* Predictors of service integration by Estratégia Saúde da Família (ESF; Family Health Strategy) transdisciplinary health teams in Brazil's Sistema Único de Saúde (Unified Health System)

**Columbia University, Graduate School of Arts and Sciences, New York, NY**

*Masters in Philosophy*

Oct 2013

**Columbia University, School of Social Work, New York, NY**

*Masters in Social Work*

Sept 2009 – May 2011

*Concentration:* Advanced Generalist Practice and Programming - Contemporary Social Issues

**University of Toronto, Toronto, Canada**

*Bachelors in Arts in Political Science & Women Studies with Honors*

Sept 2004 – May 2006

## RESEARCH EXPERIENCE

**Catholic Guardian Services, New York, NY**

*Research and Evaluation Specialist*

Feb 2015 – Present

- Supported program staff in the implementation and sustainment of Evidence Based Models in preventive services, foster care, developmental disabilities, youth development programs and maternity services.
- Developed logic models by conducting focus groups with program staff within the preventive services, foster care, developmental disabilities, youth development programs and maternity services.
- Conducted focus groups with direct care staff of the developmental disabilities program to assess for training needs.
- Supervised and trained junior staff and graduate students in data collection activities and analysis.

**Interagency Collaboration for Implementation (ICI) - Columbia University, School of Social Work, New York, NY**

*Graduate Research Assistant*

May 2012 – Jun 2013

Project ICI is a three-year, longitudinal study aimed to examine changes in collaboration (e.g., referral making, grant writing) among New York City health and social services agencies, specifically focused on HIV, substance abuse and mental health.

- Implemented a pilot study to develop Project ICI.
- Developed recruitment strategies, and prepared dissemination of outreach materials.
- Developed and designed surveys on DatStat software.
- Prepared implementation protocols. Managed and trained research staff on data collection procedures.
- Participated in data collection by conducting face-face interviews using DatStat.
- Coded and analyzed data using SPSS, SAS & AMOS.

**Community Collaborative Board (CCB) & Implementation Community Collaboration Board (ICCB) - Columbia**

**University, School of Social Work, New York, NY**

*Graduate Research Assistant*

Sept 2010 – May 2012

- Facilitated CCB & I-CCB meetings. Collected data through in-depth interviews with CCB members. Analyzed a three-wave qualitative longitudinal study focused on assessing barriers and facilitators to collaboration amongst CCB members - providers, community members and researchers.
- Conducted a mixed-methods evaluation of an advocacy program serving formerly incarcerated women. Designed focus group protocols and survey instruments in collaboration with staff members. Conducted and transcribed focus groups. Analyzed data. Co-authored the agency's first evaluation report.
- Collaborated with an advocacy agency to recruit, develop and implement a photo-voice project. Provided trainings to staff members and participants on photo-voice. Collected and analyzed data through facilitation and transcription of photo-voice meetings. Co-authored the findings.
- Coded and analyzed data using SPSS, SAS, STATA, and NVivo.

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## PRACTICE EXPERIENCE

**Unity Center at Middle School 118, New York, NY**

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## *Graduate Social Work Intern*

Sept 2009 – May 2010

- Provided individualized and group psychotherapy services to culturally diverse adolescents aged 11-16.
- Develop individualized treatment plans for adolescents in collaboration with social workers, psychiatrists, psychologists, school administrators, and parents

## **Interactive Research Development (IRD), Karachi, Pakistan**

### *Project Coordinator*

Jun 2007 – Aug 2009

- Developed a Community Health Worker (CHW) Program. Hired 75 community members into health teams, and trained them on research ethics and methods, health education, and disease prevention.
- Coordinated a cohort study of 7,500 children for a pneumonia surveillance study. Trained and supervised CHWs on project processes.
- Coordinated the baseline surveys of 1,600 households in 80 villages across Sind (Province) for a project aimed towards empowering poor women to graduate into microfinance programs through asset and skills transfers. Monitored data collection procedures.
- Built a partnership with various stakeholders to implement e-health. Designed questionnaires for soliciting baseline information, facilitated stakeholder agreement on improving health indicators, and managed partnerships for e-health implementation.

## **TEACHING EXPERIENCE/ UNIVERSITY CONTRIBUTIONS**

**Binghamton University, College of Community and Public Affairs, Department of Social Work, Binghamton, NY**

*Assistant Professor and Director of the Social Work in Health Care Program*

Fall 2016

**Columbia University, School of Social Work, New York, NY**

### *Adjunct Faculty Member*

May 2012 – May 2015

- *Lecturer* - Human Behavior and Social Environment (Spring & Summer 2013); Program Evaluation in Social Services (Fall 2013 & 2014)
- *Teaching Assistant* - Advanced Integrative Seminar for MSW Advanced Standing Student (Summer 2014); Online Advocacy (Spring 2014); Program Evaluation in Social Services (Summer 2013); Human Behavior in the Social Environment (Summer 2012).
- *Professional Development Self Awareness (PDSA) Facilitator* - Trained incoming Master's students on developing critical awareness of their experiences with privilege, power and oppression (Fall 2013, Spring and Fall, 2014).
- *Admission Files Reviewer* - to select the Social Work Masters Class of 2014 (Spring 2014).

## **CONSULTANCY & COMMUNITY SERVICE**

- **Evaluation Consultant (Unpaid)**
  - Conducted a process evaluation for Developments in Literacy 2014
  - Conducted an impact evaluation for Reading Room Pilot Project 2014 – 2015
- **Volunteer Director** - Youth Outreach Developments in Literacy 2009 – 2012
- **School of Social Work Representative** - Columbia University Partnership for International Development 2009 – 2010
- **Program Evaluation Volunteer** - Association for Development of Pakistan (ADP) 2008 – 2010

## **LICENSURE, HONORS & AWARDS**

- Licensed Master Social Worker, LMSW: New York State Jul 2015
- Political Science Student Award - University of Toronto, Canada 2005

## **PUBLICATIONS**

**Rahman, R., Kirkbride, B., Bauta, B., Jabbour, J. & Maranga, G (Under Review).** Using Community Based Participatory Research to Develop a Series of Core Competency trainings within a Developmental Disability Program

**Rahman, R. & Pinto, R. (Under Review).** Predictors to service integration.

**Rahman, R. & Pinto, R. (Under Review).** A framework to studying service integration using Brazil's Unified Health System's Family Health Strategy.

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**Rahman, R.** & Pinto, R. (Under Review). Using theories to build a framework to service integration.

Ghesquiere,A., Pinto, R.M., **Rahman, R.**, da Fonseca, A.S. (2015). Factors associated with Providers' Perceptions of Mental Health Care in Santa Luzia's Family Health Strategy, Brazil. *International Journal of Environmental Research and Public Health*, 13(1), 33.

Spector, A. Y., Pinto, R.M., **Rahman, R.**, da Fonseca, A.S. (2015). Implementation of Brazil's "Family Health Strategy": Factors associated with Community Health Workers', Nurses', and Physicians' Delivery of Drug Use Services. *International Journal of Drug Policy*, 26(5), 509-515.

Pinto, R. M., Spector, A. Y., **Rahman, R.**, & Gastolomendo, J. D. (2015). Research advisory board members' contributions and expectations in the USA. *Health Promotion International*, 30(2), 328-338.

Pinto, R., **Rahman, R.**, Williams, A. B. (2014). Policy Advocacy and Leadership Training for Formerly Incarcerated Women: An Empowerment Evaluation of Reconnect, a Program of the Women in Prison Project, Correctional Association of New York. *Evaluation and Program Planning* 47, 71-81. DOI: 10.1016/j.evalprogplan.2014.07.005

Pinto, R. M., Spector, S., **Rahman, R.**, & Gastolomendo, J. D. (2013). "A say in our future:" A longitudinal study of research partners' contributions and returns in participatory public health research. *Health Promotion International*. DOI: 10.1093/heapro/dat042

**Book review: Rahman, R.** (2011). The impacts of demographics on health and healthcare: race, ethnicity, and other social factors. *Culture, Health & Sexuality*, 13 (10), 1223-1225.

## PRESENTATIONS

Bauta, B. & **Rahman, R.**, (2016, January). Agency perspective on Implementation of Evidence-Based Models in Child Welfare of Child Welfare. Annual Conference of the Society for Social Work and Research, Washington, DC.

Ghesquiere,A., Pinto, R.M., **Rahman, R.**, da Fonseca, A.S. (2016, January). Factors Associated with Provision of Patient-Centered Mental Health Care in Brazil's Unified Health System. Annual Conference of the Society for Social Work and Research, New Orleans.

**Rahman, R.**, Pinto, R. M. (2015, January). "Predictors of Service Integration By Transdisciplinary Health Team's in Brazil's Unified Health System". Annual Conference of the Society for Social Work and Research, New Orleans.

**Rahman, R.**, Pinto, R.,Williams, A. B. (2015, January). "Policy Advocacy and Leadership Training for Formerly Incarcerated Women: An Empowerment Evaluation of Reconnect, a Program of the Women in Prison Project, Correctional Association of New York". Annual Conference of the Society for Social Work and Research, New Orleans.

**Rahman, R.**, Pinto, R. M. (2014, December). "Transdisciplinary Health Teams in Brazil's Health System". Minority Health and Health Disparities Grantees' Conference, Maryland.

**Rahman, R.**, Pinto, R. M. (2014, August). "Service Integration by Transdisciplinary Health Teams in Brazil's Unified Health System". National Association of Community Health Centers (NACHC) Annual Conference, San Diego.

Pinto, R. M., **Rahman, R.**, & Spector, A. (2012, June). "What can I get out of this?" A longitudinal analysis of research partners' expectations and realization of goals. IV International Conference on Community Psychology. Barcelona, Spain.

Pinto, R. M., Penido, C., **Rahman, R.**, & Spector, A. (2011, March). Do Community Health Workers, Nurses and Physicians Differ in Their Perceived Self-efficacy and Confidence? Implications for Research and Practice. International Conference on Urban Health, Belo Horizonte, MG, Brazil.