

# Erika Hernandez Acton, Ph.D.

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School of Management  
Academic A Building 310  
Binghamton, NY 13902-6000

## EDUCATION

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| 2020 | <b>Ph.D., Developmental Science</b><br>Virginia Polytechnic Institute and State University<br>Mentor: Julie C. Dunsmore, Ph.D.<br>Dissertation: “Grandmothers’ and mothers’ emotion socialization through intergenerational reminiscing in underrepresented families in the U.S.”<br><b>Ford Foundation Dissertation Fellow</b> |
| 2016 | <b>M.S., Developmental Science</b><br>Virginia Polytechnic Institute and State University<br>Mentor: Julie C. Dunsmore, Ph.D.<br>Thesis: Toward a holistic view of parents’ discourse: Indirect communication as an emotion socialization strategy  |
| 2014 | <b>B.A., Psychology</b><br>Baylor University<br>Minor: Creative Writing<br>Honors: Magna Cum Laude  |

## POSITIONS HELD

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| 2023-Present | <b>Assistant Professor of Leadership and Organizational Behavior</b><br>School of Management<br>Binghamton University  |
| 2020-2023    | <b>Postdoctoral Scholar</b><br>Center for Childhood Obesity Research<br>The Pennsylvania State University<br>Mentor: Jennifer S. Savage, Ph.D.<br><b>Funded by an NIH diversity supplement 3R01DK088244-10S1</b> |

## PUBLICATIONS

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\*Supervised students in research.

### Peer-Reviewed Publications

1. **Hernandez Acton, E.**, Lozada, F.T., Talley, K.E., Halgunseth, L.C., & Dunsmore, J.C. (2025). Grandparents as overlooked agents for emotion socialization: a two-study investigation of adult grandchildren and grandmothers with young grandchildren. *Current Psychology*, 1-17. <https://doi.org/10.1007/s12144-025-08040-2>
2. Kılıç, Ş., **Hernandez Acton, E.**, Zhu, D., & Dunsmore, J.C. (2025). Parental Emotion Socialization and Children's Emotional Skills and Socio-Emotional Functioning in Early Childhood in Türkiye and the United States. *The Journal of Genetic Psychology*, 1–20. <https://doi.org/10.1080/00221325.2025.2454314>
3. Dadzie, A., Master, L., Hohman, E.E., **Hernandez Acton, E.**, Tauriello, S., Paul, I.M., Savage, J.S., Anzman-Frasca, S., & Buxton, O. (2025). Associations between Sleep Health and Child Behavior at Age 6 Years in the INSIGHT Study. *Journal of Developmental & Behavioral Pediatrics*, 46(1), 56-63. <https://doi.org/10.1097/DBP.0000000000001326>
4. **Hernandez Acton E.**, Kubiniec, E., Bhargava, S., Tauriello, S., Paul, I.M., Savage, J.S., & Anzman-Frasca, S. (2025). INSIGHT responsive parenting intervention effects on child self-regulation at ages 3 and 6 years. *Developmental Psychology*, 61(8), 1413–1426. <https://doi.org/10.1037/dev0001839>
5. **Hernandez, E.**, Hohman, E.E., Ferrante, M.J., Anzman-Frasca, S., Paul, I.M., & Savage, J.S. (2024). Toddler dietary patterns from the INSIGHT RCT comparing Responsive Parenting vs. Control: A latent class analysis. *Obesity*, 32, 141-149. <https://doi.org/10.1002/oby.23900>
6. **Hernandez, E.**, Perez Rivera, M.B., Halgunseth, L.C., & Dunsmore, J.C. (2024). Patterns of Latina mothers' emotion-related beliefs and behaviors: Associations with *consejos* in the family. *Journal of Latinx Psychology*, 12(3), 228-244. <https://doi.org/10.1037/lat0000250>
7. **Hernandez, E.**, Moore, A.M., Rollins, B.Y., Tovar, A. & Savage, J.S. (2023). Sorry parents, children consume high amounts of candy before and after a meal: Within-person comparisons of children's candy intake and associations with temperament and appetite. *Children*, 0(52). <https://doi.org/10.3390/children10010052>
8. Savage, J.S., Moore, A.M., Kling, S.M.R., Marini, M.E, **Hernandez, E.**, Franceschelli Hosterman, J., Hassink, S., Paul, I.M., & Bailey-Davis, L. (2023). Primary care and WIC coordination to prevent obesity for infants: A randomized clinical trial. *Childhood Obesity*, 19(8), 515-524. <https://doi.org/10.1089/chi.2022.0137>

9. **Hernandez, E.**, Lavner, J.A., Moore, A.M., Stansfield, B.K., Beach, S.R.H, Smith, J.J., & Savage, J.S., (2022). Sleep SAAF responsive parenting intervention improves mothers' feeding practices: A randomized controlled trial among African American mother-infant dyads. *International Journal of Behavioral Nutrition and Physical Activity*, 19, 129. <https://doi.org/10.1186/s12966-022-01366-1>
10. Lavner, J.A., Savage, J.S., Stansfield, B.K., Beach, S.R.H, Marini, M.E., Smith, J.J., Sperr, M.C., Anderson, T.N., **Hernandez, E.**, Moore, A.M., Caldwell, A.L., & Birch, L.L. (2022). Effects of the Sleep SAAF responsive parenting intervention on rapid infant weight gain: A randomized clinical trial of African American families. *Appetite*, 175, 106080. <https://doi.org/10.1016/j.appet.2022.106080>
11. Booker, J.A., **Hernandez, E.**, \*Talley, K., & Dunsmore, J.C. (2021). Connecting with others: Dispositional and situational relatedness during the college transition. *Journal of Social and Personal Relationships*, 39(2),198-220. <https://doi.org/10.1177/02654075211034566>
12. **Hernandez, E.**, Carmichael, K., & Dunsmore, J.C. (2021). Toward integrating research on parent-child emotion talk and linguistic theory: A spotlight on parents' (in)direct communication. *Social Development*, 30(1), 38-56. <https://doi.org/10.1111/sode.12472>
13. **Hernandez, E.**, Carmichael, K., Satterwhite, E., Yanuaria, C., & Dunsmore, J.C. (2020). "Lots of prayer, lots of emotional coaching, and pray it works out the best": Tuning in to Kids™ in a rural Appalachian community. *Journal of Rural Mental Health*, 44(3), 184-204. <https://doi.org/10.1037/rmh0000135>
14. **Hernandez, E.**, Carmichael, K., Kilic, S., & Dunsmore, J.C. (2019). Using linguistic indirectness to examine parent-preschooler reminiscing: Links with emotion regulation and psychosocial adjustment. *Social Development*, 28(4), 761-781. <https://doi.org/10.1111/sode.12345>
15. **Hernandez, E.**, Smith, C.L., Day, K.L., Neal, A., & Dunsmore, J.C. (2018). Patterns of parental emotion-related discourse and links with children's problem behaviors: A person-centered approach. *Developmental Psychology*, 54(11), 2077-2089. <https://doi.org/10.1037/dev0000602>

## GRANT APPLICATIONS & FUNDING

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### Funded Grants

- 2022-2024      **Early Intervention to Promote Cardiovascular Health of Mothers and Children (ENRICH) (Hernandez, 20%)**  
Role: Co-Investigator  
UG3HL162971; \$22,253  
Funding Mechanism: National Blood, Lung, and Heart Institute (NHLBI)  
Title: “Early Intervention to Promote Cardiovascular Health of Mothers and Children in Rural Appalachia
- 2021-2023      **Diversity Supplement (Hernandez, 100%)**  
3R01DK088244-10S1; \$103,105  
Funding Mechanism: National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)  
Title: “Biological Underpinnings of Emotional Eating in Middle Childhood”  
Parent Grant: Preventing Obesity through Intervention during Infancy (R01DK088244)

### Fellowships

- 2019-2020      Ford Foundation Dissertation Fellowship  
Title: “Grandmothers’ and mothers’ emotion socialization through intergenerational reminiscing in underrepresented families in the U.S.”  
Mentor: Julie C. Dunsmore, PhD.

### Small Grants

- 2024      Binghamton University Presidential Diversity Research Award (\$7,902)
- 2019      Society for Research in Child Development Student and Early Career Committee Dissertation Research Funding Award (\$2,000)
- 2019      Sigma Xi Grants-in-Aid of Research (\$1,000)

## PRESENTATIONS

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\*Supervised students in research.

### Oral Conference Presentations

1. Hohman E.E., **Hernandez E.**, Dadzie A., Master L., Anzman-Frasca S., Paul I. M., Savage J.S., & Buxton O.M. (June 2023) Greater variability in sleep health is associated with obesogenic appetitive traits in 6-year-olds in the INSIGHT study. Oral presented at the SLEEP Meeting in Indianapolis, IN.
2. Zhu, D., Kilic, S., **Hernandez, E.**, & Dunsmore, J.C. (March, 2023). Parents beliefs about emotions and emotion socialization behaviors in Turkey and the United States. In D. Zhu and W.J. Friedlmeier (Co-Chairs), *Parental emotion socialization around the*

- world: A close look at culturally embedded guiding factors.* Symposium presented at the biennial meeting of the *Society for Research in Child Development* in Salt Lake City, UT.
3. \*Kubiniec, E., \*Tauriello, S., **Hernandez, E.**, Paul, I., Savage, J.S., Anzman-Frasca, S. (April, 2022). INSIGHT Early-Life Responsive Parenting Intervention Impacts Child Emotion Regulation at Age 6 Years. Oral presented at the *Pediatric Academic Societies Annual Meeting* in Denver, CO.
  4. \*Kubiniec, E., \*Tauriello, S., **Hernandez, E.**, Ruggiero, C., Paul, I., Savage, J.S., Anzman-Frasca, S. (April, 2020). Child inhibitory control predicts weight outcomes in the INSIGHT cohort. Oral presented at the *Pediatric Academic Societies Annual Meeting* (online).
  5. **Hernandez, E.**, Ruggiero, C.F., Anzman-Frasca, S., Paul, I.M., & Savage, J.S. (November, 2021). INSIGHT responsive parenting intervention effects on structure and control in feeding at 6 years. Talk presented at *The Obesity Society* (online).
  6. **Hernandez, E.**, Perez-Rivera, M.B., Halgunseth, L.C., & Dunsmore, J.C. (March, 2019). Latina mothers' consejos and ethnic identity: Links with emotion socialization beliefs and behaviors. In E. Hernandez (Chair), *Race, ethnicity, and emotion socialization: Findings from Latino, African American, and Chinese immigrant families*. Symposium presented at the biennial meeting of the *Society for Research in Child Development* in Baltimore, MD.
  7. **Hernandez, E.**, Perez-Rivera, M.B., Halgunseth, L.C., & Dunsmore, J.C. (April, 2018). Escuche al corazón de la madre: Dichos and consejos about parenting and Latina mothers' beliefs about emotions. In G. Carlo (Chair), *Diverse Mechanisms of Parental Influence on Adolescents from Diverse Cultures*. Symposium presented at the biennial meeting of the *Society for Research on Adolescence* in Minneapolis, MN.
  8. **Hernandez, E.**, Kilic, S, Dunsmore, J.C., & Carmichael, K. (April, 2017). Using linguistics theory to examine parental indirectness as an emotion socialization strategy. In E. Hernandez (Chair), *New ways to measure discourse: Examining narratives about past events in early childhood, adolescence, and adulthood*. Symposium presented at the biennial meeting of the *Society for Research in Child Development* in Austin, TX.

## Poster Conference Presentations

1. Hohman, E. E., **Hernandez, E.**, Buxton, O. M., Paul, I. M., Savage, J. S. (March, 2024) Using ecological momentary assessment to measure eating in the absence of hunger in children. Poster presented at the *Society for Behavioral Medicine*, in Philadelphia, PA.
2. Mastroleo, N.R. Eckardt, R., Acton, B.P., Hansbrough, T.K., **Hernandez Acton, E.**, Ko, Y.H., Reynolds, L.; Scaringi, G., Tsai, C.-Y., Dionne, S.D. (November, 2023). Initial Development of an Alternative Workforce Development Model for Enhancing the Population of Substance Abuse Counselors. Poster presented at the *Association for Behavioral and Cognitive Therapies*, in Seattle, WA.
3. Eichner-Seitz, N., **Hernandez, E.**, Master L., Buxton O.M., Savage J.S., & Paul I.M. (April 2023). Males engage in greater physical activity at age 6 years in the INSIGHT study. Poster presented at the Pediatric Academic Societies Meeting in Washington, D.C.
4. Dadzie A., Master L., Hohman E.E., **Hernandez E.**, Tauriello S., Paul I.M., Savage J.S., Anzman-Frasca S., & Buxton O.M (June 2023). INSIGHT Study associations between sleep health and child behavior at age 6 years. Poster presented at the SLEEP Meeting in Indianapolis, IN.

5. Hohman E.E., **Hernandez E.**, Dadzie A., Master L., Anzman-Frasca S., Savage J.S., Buxton O. M., & Paul I. M. INSIGHT responsive parenting intervention and child sleep at age 6 years. (June 2023). INSIGHT Study associations between sleep health and child behavior at age 6 years. Poster presented at the SLEEP Meeting in Indianapolis, IN.
6. **Hernandez, E.**, Gatzke-Kopp, L.M., Buxton, O.M., Beach, Paul, I.M., & Savage, J.S. (March, 2023). Children's physiological markers of stress and emotional eating behavior during mealtimes. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Salt Lake City, UT.
7. Dunsmore, J.C., **Hernandez, E.**, Lozada, F.T., Talley, K.E., Halgunseth, L.C., & Miller-Slough, R.L. (March, 2023). Grandparents as emotion socializers: Evidence from high point and low point narratives and life lessons. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Salt Lake City, UT.
8. **Hernandez, E.**, Moore, A.M., Stansfield, B.K., Beach, S.R.H, Smith, J.J., Savage, J.S., & Lavner, J.A. (November, 2022). Sleep SAAF parenting intervention for African American mothers improves responsive feeding: An RCT. Poster presented at *The Obesity Society* in San Diego, CA.
9. **Hernandez, E.**, Moore, A.M., Stansfield, B.K., Beach, S.R.H, Smith, J.J., Savage, J.S., & Lavner, J.A. (October, 2022). Sleep SAAF parenting intervention for African American mothers improves responsive feeding: An RCT. Poster presented at the *Women's Health Research Day* in Hershey, PA. **\*Distinguished abstract submission**
10. Lavner, J.A., Savage, J.S., Stansfield, B.K., Beach, S.R.H, Marini, M.E., Smith, J.J., Sperr, M.C., Anderson, T.N., **Hernandez, E.**, Moore, A.M., Caldwell, A.L., & Birch, L.L. (May, 2022). Effects of the Sleep SAAF responsive parenting intervention on rapid infant weight gain: A randomized clinical trial of African American families. Poster presented at the *International Society for Behavioral Nutrition and Physical Activity* in Phoenix, AZ.
11. \*Talley, K., Booker, J.A., **Hernandez, E.**, Zhu, D., & Dunsmore, J.C. (November, 2021). Positive emotions and narrative coherence in reminiscences about grandparents: Application of the broaden-and-build theory. Poster presented at the *National Council on Family Relations Annual Conference* (online).
12. **Hernandez, E.**, Moore, A.M., Marini, M.E., & Savage, J.S. (July, 2021). Child temperament, eating behaviors, and free access intake of candy. Poster presented at the *Society for the Study of Ingestive Behavior* (online).
13. Miller-Slough, R.L., **Hernandez, E.**, & Dunsmore, J.C. (April, 2021). Patterns in emotion-related discourse with parents and friends: A person-centered approach. Poster presented at the biennial meeting of the *Society for Research in Child Development* (online).
14. \*Talley, K., **Hernandez, E.**, Miller-Slough, R.L., & Dunsmore, J.C. (March, 2021). Adolescents' references to friends in speeches about flaws: Associations with discourse about parents and friends. Poster presented at the biennial meeting of the *Society for Research on Adolescence* (online).
15. **Hernandez, E.**, Smith, C.L., Day, K.L., Neal, A., & Dunsmore, J.C. (July, 2019). Parental emotion-related discourse patterns and child behavior problems in early childhood: A person-centered approach. Poster presented at the biennial meeting of the *International Society for Research on Emotions* in Amsterdam, NL.

16. Booker, J.A., **Hernandez, E.**, & Dunsmore, J.C. (March, 2019). Personal character, identity development, and college adjustment among undergraduate students. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Baltimore, MD.
17. Gatto, A.J., Zhu, D., **Hernandez, E.**, Miller-Slough, R., Bell, M.A. & Dunsmore, J.C. (March, 2019). Parental emotion coaching relates to fewer behavior problems for children higher in negative affectivity. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Baltimore, MD.
18. **Hernandez, E.**, Carmichael, K., Kilic, S., & Dunsmore, J.C. (March, 2019). Parents' indirect elaboration during emotion-laden reminiscing and children's emotion understanding. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Baltimore, MD.
19. \*Talley, K., Booker J., **Hernandez, E.**, & Dunsmore, J.C. (March, 2019). Redemption and contamination themes are linked with greater interpretive elaboration in college students' self-defining memories. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Baltimore, MD.
20. Yanuaria, C., **Hernandez, E.**, Carmichael, K., Satterwhite, E., Dolbin-MacNab, M. L., & Dunsmore, J.C. (March, 2019). Tuning in to Kids in rural Appalachia: Leveling hierarchy enhances implementation of parent education groups. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Baltimore, MD.
21. Bell, M.A., Ashley, R.A., Zhou, Y., Shin, E., **Hernandez, E.**, \*Slough, M.A., Vlahcevic, K., Scarpa, A., Dunsmore, J.C., & Smith, C.L. (October, 2018). Second-by-second child frontal EEG asymmetry and child behavior predict maternal behavior during an interaction task. Poster presented the *International Society for Developmental Psychobiology* in San Diego, CA.
22. **Hernandez, E.**, Miller-Slough, R.L., & Dunsmore, J.C. (April, 2018). Gender differences in links of adolescents' self-reflective speech content with emotion regulation and internalizing symptoms. Poster presented at the biennial meeting of the *Society for Research on Adolescence* in Minneapolis, MN.
23. Dunsmore, J.C., **Hernandez, E.**, \*Blanquiz, G., \*Whitmore, S., Frisard, M.I., & Skelton, J.A. (March, 2018). Entity and incremental themes in parent-child weight-related discourse: Associations with treatment adherence for pediatric obesity. Poster presented at the *Society for Personality and Social Psychology* in Atlanta, GA.
24. \*Blanquiz, G., \*Whitmore, S.C., **Hernandez, E.**, Frisard, M., Skelton, J.A., & Dunsmore, J.C. (March, 2018). Body dissatisfaction is related to children's focus on content versus context in parent-child discussions of favorite meals. Poster presented at the *Society for Personality and Social Psychology* in Atlanta, GA.
25. \*Whitmore, S.C., \*Blanquiz, G., **Hernandez, E.**, Frisard, M., Skelton, J.A., & Dunsmore, J.C. (March, 2018). Parent-child discourse about healthy habits and child snack choices in community and pediatric obesity treatment-seeking families. Poster presented at the *Society for Personality and Social Psychology* in Atlanta, GA.
26. \*Whitmore, S.C., \*Blanquiz, G., **Hernandez, E.**, Frisard, M., Skelton, J.A., & Dunsmore, J.C. (July, 2017). Parent-child conversations and children's healthy snack choices. Poster presented at the *Fralin Summer Undergraduate Research Fellowship Conference* in Blacksburg, VA.

27. Acton, B.P., **Hernandez, E.**, Miller-Slough, R.L., Dunsmore, J.C., & Foti, R.J. (April, 2017). Leadership is in the eye of the beholder: Gender differences in children's drawings of leaders and friends. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Austin, TX.
28. Dunsmore, J.C., Frisard, M.I., Skelton, J.A., **Hernandez, E.**, & \*Blanquiz, G. (April, 2017). You are not what you eat: Benefits of parent incremental discourse about unhealthy diet and exercise decisions. Poster presented at the biennial meeting of the *Society for Research in Child Development* in Austin, TX.
29. **Hernandez, E.**, Carmichael, K., Satterwhite, E., Ollendick, T., & Dunsmore, J.C. (March, 2017). Emotion socialization in rural Appalachia. Poster presented at *Extreme Appalachia! The Annual Appalachian Studies Association Conference* in Blacksburg, VA.
30. **Hernandez, E.**, Kilic, S., Miller-Slough, R.L., & Dunsmore, J.C. (January, 2017). Preschoolers' social competence is related to emotion regulation style with positive but not negative emotions. Poster presented at the *Society for Personality and Social Psychology* in San Antonio, TX.
31. Brown, D., Dunsmore, J.C., **Hernandez, E.**, Miller-Slough, R.L., Smith, C.L., & Bell, M.A. (September, 2016). Longitudinal effects of mothers' encouragement and discouragement of positive emotions on children's task behavior. Poster presented at the *Annual Biomedical Research Conference for Minority Students* in Tampa, FL.
32. **Hernandez, E.**, Dunsmore, J.C., & Kilic, S. (March, 2016). Did it make you feel bad when you had to sit at the naughty table? The role of parent-child conversations about emotions in preschoolers' emotion regulation. Paper presented at the *Graduate Student Assembly Research Symposium* in Blacksburg, VA.
33. Heck, A., **Hernandez, E.**, & Panneton, R. (October, 2014). Multisensory dynamics as a key component in infants' emotional processing. Poster presented at *Virginia Tech TBMH Open House* in Blacksburg, VA.

### Accepted Abstracts of Conferences Cancelled for Pandemic of 2020

1. **Hernandez, E.** & Dunsmore, J.C. (December, 2020). Intergenerational contributions to children's socio-emotional development in Appalachian, Latinx, and African American families. Poster accepted to the special topics meeting of the *Society for Research in Child Development*, 'Construction of the Other': Development, Consequences, and Applied Implications of Prejudice and Discrimination in Rio Grande, PR.
2. **Hernandez, E.**, Miller-Slough, R.L., & Dunsmore, J.C. (March, 2020). Elaboration and associative talk in adolescent-parent and adolescent-friend reminiscing conversations. Poster accepted to the biennial meeting of the *Society for Research on Adolescence* in San Diego, CA.

## TEACHING EXPERIENCE

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2023-2024	<b>Instructor of Record</b> , Leadership Skills & Development (MBA level), School of Management Binghamton University (3 sections, 2 semesters)
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2021-2022	<b>Teaching Assistant</b> , Healthy Food for All: Factors that Influence What We Eat in the U.S. (undergraduate level), Department of Nutritional Sciences The Pennsylvania State University (2 semesters)
2018-2019	<b>Diversity Graduate Assistant and Peer Teaching Mentor</b> , Department of Psychology Virginia Polytechnic Institute and State University (2 semesters)
2016-2018	<b>Instructor of Record</b> , Introductory Child Development (undergraduate level), Department of Psychology Virginia Polytechnic Institute and State University (4 semesters) SPOT evaluation average: 5.45/6.00
2014-2016	<b>Graduate Teaching Assistant</b> , Introductory Psychology (undergraduate level), Department of Psychology Virginia Polytechnic Institute and State University (4 semesters) SPOT evaluation average: 5.59/6.00
2013-2014	<b>Undergraduate Teaching Assistant</b> , Learning and Behavior Lab (undergraduate level), Department of Psychology and Neuroscience Baylor University (2 semesters)

## **SERVICE**

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2023-2024	SRCD Towards 2044: Horowitz Early Career Scholar Program Mentor
2023-Present	SRCD Equity & Justice Committee Co-Chair
2022-Present	SSIB Diversity Committee
2022-Present	Penn State Department of Nutrition Diversity Committee
2021-Present	SRCD Equity & Justice Committee
2020-2021	SRCD Towards 2044: Horowitz Early Career Scholar Program Mentor
2018	Virginia Tech Graduate School Diversity Scholar
2019-2021	SRCD Latinx Caucus Technology and Social Media Chair
2017-2019	SRCD Latinx Caucus Technology and Social Media committee
2016	Virginia Tech Peer Mentor
2015-2016	Virginia Tech Graduate Student Committee Representative

## AWARDS & HONORS

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2024-2026	National Institute of Child Health and Human Development (NICHD) Loan Repayment Award (\$86,000)
2022	SRCD Constructing the Other Early Career Travel Award (\$500)
2019	SRCD Graduate Student Travel Award (\$300)
2019	SRCD Towards 2044 Preconference Scholarship
2019	DataCamp Scholarship for Women and Gender Minorities (\$100)
2018	Virginia Tech Psychology Department nominee for the Graduate Teaching Excellence Award
2018	Society for Improving Psychological Science Graduate Student Travel Award (\$400)
2017	Society of Multivariate Experimental Psychology Underrepresented Student Workshop Travel Award (\$1,000)
2017	Society for Research in Child Development Frances Degan Horwitz Millennium Scholars Program (\$1,000)

## IN THE MEDIA

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2020	New York Times: Quoted in “Will the Pandemic Socially Stunt my Kid?” <a href="https://www.nytimes.com/2020/09/30/parenting/coronavirus-masks-kids-socialization.html">https://www.nytimes.com/2020/09/30/parenting/coronavirus-masks-kids-socialization.html</a>
2019	Virginia Tech News: Fellowship to help doctoral student advance research in socio-emotional development of children <a href="https://vtnews.vt.edu/articles/2019/05/erika-henandez-ford-fellowship.html">https://vtnews.vt.edu/articles/2019/05/erika-henandez-ford-fellowship.html</a>

## PEER REVIEW EXPERIENCE

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### Early Career Review Board Member

*Leadership & Organization Development Journal*

### Ad Hoc Reviewer

*Children*

*Cultural Diversity and Ethnic Minority Psychology*

*Frontiers in Public Health*

*International Journal of Environmental Research and Public Health*

*Journal of Abnormal Child Psychology*

*Journal of Child and Family Studies*

*Journal of Early Adolescence*

*Journal of Family Psychology*

*Journal of Research on Adolescence*

*The Leadership Quarterly*

*Social Development*