

Binghamton University - University Counseling Center Graduate Assistantship - Eating Awareness (half-time)

The [University Counseling Center](#) provides individual and group psychotherapy, outreach and prevention services, referral services, and consultations. The staff consists of mental health professionals, as well as clinical interns and Graduate Assistants, who serve students year round.

The graduate assistant will lend administrative support to the Eating Awareness specialist at UCC and other staff at the Counseling Center, for 10 hours a week. The GA will be an integral part of UCC staff functions and activities. The GA is expected to be available some evenings for outreach programming and occasional weekends.

Description of Duties

The GA may aid the Eating Disorder specialist, the Eating Awareness Committee and Counseling Center Staff in the following ways:

- Develop programs and provide outreach on the topic of eating disorders, nutrition, body image and other mental health topics relevant to university students
- Assist in facilitating Body Project groups with students, to promote positive body image and positive self-esteem. Participate in Body Project Trainings and coordinate the administration of the program
- Attend Eating Awareness Committee meetings and functions
- Maintain the EAC website and social media
- Interface with student peer groups

Qualifications

Candidates must be accepted into a Binghamton University graduate program for the 2019-20 academic year. Candidates must be a Master's student in the field of social work, psychology, counseling, or student affairs related fields. The candidate must have some knowledge of student mental health issues, and have a strong interest in learning and teaching about disordered eating, body image issues, self-esteem, nutrition and fitness. Some programmatic experience on a collegiate level is desired. This person must have excellent communication skills, both verbal and written, and must be comfortable with public speaking. Computer and organizational skills are a must. Demonstrated leadership ability as well as the ability to work with diverse groups highly preferred. The GA must be willing and able to be available on weeknights and weekends to do programming, including scheduling and running Body Project Groups.

Stipend

The assistantship includes a base stipend for the academic year of \$5,000 for a commitment of 10 hours per week, paid biweekly. This position is represented by the Graduate Student Employees Union (GSEU) and the stipend includes all potential union-negotiated raises applicable for the academic year.

TO APPLY

Persons interested should submit the general application on the Student Affairs website. Questions related to this position should be directed to Randi E. Scheiner, PhD at (607) 777-2772.