The Director’s Corner

Dear CPS Families,

It won't be long before we see the tiny buds on the trees, the curly bumps of colorful crocuses peeking through the ground, and the sound of birds chirping as signs of spring surround us!

The first promising sign of Spring is Summer Registration which is just beginning! Fall registration will begin after Summer schedules and registration are complete. If you have any questions, please stop by the office.

Remember to SPRING FORWARD ONE HOUR the weekend of March 11th for Daylight Savings Time! And if I’m not mistaken, St. Patrick’s Day is a sure sign of SPRING with all that GREEN!

Smile...Spring officially starts March 20th but hopefully we see signs before that!

All the best,
Tonya Rivera
Executive Director

Coming Soon!

We will be creating a “sound garden” outside for the children to explore and make some noise! If you have any old pots, pans, wooden spoons, ANYTHING, that we could add for the children to make sounds and music with, please bring it to the office, so that we can add it to the upcoming sound garden!
**SPARROWS**

We welcome Ms. Rebecca from the Puffins! She is a great addition to our class. The Sparrows are looking forward to signs of Spring. The chipmunks visited one warm day and then disappeared again. We will all be 2 years old this month after March 21st. We will be venturing over to the East Gym for the health fair on March 21st. Yoga is scheduled for 10:30, so we will leave at 10:15. The playground remains messy but nice to play on so please keep providing boots and outdoor clothing.

We are really enjoying our interns! They are very involved and give the children extra special attention when we are at our busiest.

Ms. Kelly, Ms. Louise & Ms. Rebecca

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**CHICKADEES**

We are all looking forward to the coming of Spring. It has been a long cold winter and Spring can’t get here soon enough. The Chickadees will be celebrating Dr. Seuss’s birthday, the color green and of course St. Patrick’s Day. We will be doing many project related activities. We will also be taking a short field trip to the East Gym to participate in BU’s Health Fair on March 21st. The children are able to participate in a couple of fun activities when there.

We want to congratulate Tonya and her family on her new baby brother. Everyone appears to be doing great! Congratulations to all!

Happy Birthday to Razan! She will be our first to turn 3 on March 18th! Hope you have a great birthday!

Finally, welcome to all the BU interns we have had in our classroom. They have been great and the children, as well as the teachers, have enjoyed them. Thanks to them for all of their help and dedication.

Ms. Chris, Ms. Emily & Ms. Kaitlyn

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**SWANS**

February was here and gone before we knew it! We had several visitors throughout the month: Valley Dental Pediatrics, Alex & Henry’s moms, and KW Fitness. We especially want to thank Yan & Mingxia for taking a morning to share with us all about the Chinese New Year. The whole class enjoyed our morning together.

During the month of March, we will be taking a look at all different colors, Spring, and wind. Make sure to check your parent mailbox so you know what color your child should wear for each day. We look forward to color coordinating as a class for a couple weeks!

Please continue to make sure your child has snow clothes at school. The weather has been a bit crazy, but we expect there may be more snow at some point. Even if it’s a bit muddy, we still go out with boots on.

We look forward to all March has in store and we can’t wait for Spring to arrive!

Happy Spring!

Ms. Sarah, Ms. Michelle & Ms. Keeshia

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**DOVES**

Hello Dove families!

We hope you had a lovely February and are ready for March. We welcome Ms. Christina from the Sparrows! She is a great addition to our classroom.

Last month we celebrated a lot of fun holidays such as: Mardi Gras, Valentine’s Day, and Chinese New Year. We even had an Alice in Wonderland themed un-birthday!

This March we start right off with Dr. Seuss week. March 2nd is Dr. Seuss’s birthday, so we have already started reading many of his wonderful stories.

Hibernation will be coming next. Now, that we are getting closer to warmer weather, we will talk about the animals waking up.

Next is St. Patrick’s week. We will learn about where people celebrate this day and all of the lucky fun that comes with it. Please have your child dressed in green on Friday, March 16th for our Irish dancers.

The following week will be a Spring theme. We are excited for the Health Fair on campus that week and will join in some activities there. The Spring theme will have a lot of beautiful colored artwork and decorations.

Finally, we will end the month with an Egg theme. We will be counting eggs in baskets and have many exciting crafts planned!

Enjoy your March!

Ms. Sara, Ms. Tammy & Ms. Christina
**HUMMINGBIRDS**

In March we will be celebrating Dr. Seuss's birthday. We will be reading stories and doing Seuss related activities. If your child has a favorite Dr. Seuss story, please feel free to bring it in. We would love to read it. We will be talking about how “March comes in like a lion and out like a lamb”. We will be discussing weather changes this month. Toward the end of the month we will be starting our Dinosaur unit.

Luba is a big sister!!! Welcome baby George.

Thank you to Shannon (Natalee’s mom) for coming in to talk to us about our teeth.

Happy birthday to Natalee! She will be 4 in March!!

Ms. Gabe, Ms. Michele & Ms. Janet

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**PUFFINS**

The Puffins are at the end of our Dental Health Unit. The children were so enthralled with the “Egg” experiment. They asked about it constantly. The changes in the white eggs put to soak in milk, Pepsi, and vinegar surprised them. They all agreed it is best to brush your teeth!

In March we will be saying goodbye to Winter and welcoming Spring. We will be talking about “March coming in like a lion and going like lamb” as we graph the weather daily.

March 2nd is Dr. Seuss’s Birthday! We will be celebrating by reading Seuss books and doing related activities.

The Puffins will be going to the Health Fair, Wednesday, March 21st at the East Gym. We will put out more information as the date approaches.

Happy Birthday to:

- Dora
- Cyrus

They will be turning 4!

Happy Spring!

Ms. Claire, Ms. Lynda & Ms. Vicky

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**FLAMINGOS**

Wow, February was a busy month with many special days. The special themes we learned about were Chinese New Year, Groundhog Day, Valentine’s Day, George Washington, Abraham Lincoln, and farm life.

March is going to be another month filled with activities, crafts and lots of fun. We are starting the month off with Dr. Seuss. During the Dr. Seuss theme we will be incorporating math and language arts. These will include measurements, capacity, weight, rhyming, word families, sorting and graphing. Then we will have a fun week of St. Patrick’s Day crafts and activities. The children are excited to see if we can catch the Leprechaun with our Leprechaun trap. We will end the month with a weather unit which will carry us into April.

I want to send a warm thank you to all the parents and especially to Ms. Phyllis for being kind hearted and understanding during my time away for healing. Ms. Phyllis did a wonderful job implementing the lessons and taking care of the children. I am very thankful to be back with your children. They all greeted me with hugs and a beautiful canvas artwork made by each of them. Feeling very loved.

Thank you,

Ms. Miranda & Ms. Phyllis

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**PEACOCKS**

Goodbye Winter and hello Spring! We are all looking forward to the warmer weather and being outside on the playground. In February we finished our unit on “Community Helpers”. The class learned about different professions and how people help one another in our community. Our students enjoyed special visits from police officers, a doctor and firefighters. Also, a Mardi Gras celebration with Caroline (Beatrix’s mom). A big thank you to our parents, Austin (Vasia’s dad) and Lakshmi (Abinav’s mom) for sharing their experience with the class.

In March our focus will be on Dr. Seuss, color study, and Dinosaurs. The class continues to progress in all areas. Before you know it, it’ll be time to register for Kindergarten in April! We’ve had a wonderful year so far and feel fortunate to be part of your child’s early learning years.

Happy birthday to Maxwell (31st)!

Happy Spring!

Ms. Julie & Ms. Carolyn
**REMINDER**

*Pick up times for:
Half Day Care: 12:50 pm
Full Day Care: 5:20 pm*

Late fees are assessed after 1:00 pm & 5:30 pm

$5.00 within 5 minutes
$1.00/minute thereafter

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**Binghamton University’s Annual Health Fair**

When: March 21, 2018
10:30 am - 1:30 pm
Where: East Gym @ BU

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**Irish Dancers**
We welcome the Carle Irish Dance, who will be performing for us again on March 16th in celebration of St. Patrick’s Day!

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**Shamrock Shake Recipe**

**Ingredients:**
- 2 cups vanilla ice cream
  (or non-Dairy alt.)
- 1 1/4 cups 2% milk (Or non-dairy alt.)
- 1/4 teaspoon mint extract
- 8 drops green food coloring

**Directions:**
1. Combine all ingredients in a blender and blend on high speed until smooth.
2. Stop blender to stir with a spoon if necessary to help blend ice cream.
3. Pour into 12-ounce cups and serve each with a straw.

Happy St Patrick’s Day!

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**10 Tips for being a healthy role model!**

1. Show by example- let your child see that you munch on raw veggies.
2. Go food shopping together- teach your child about food and nutrition, discuss where foods come from and make healthy choices.
3. Get creative in the kitchen- cut food into shapes, name the food made.
4. Offer the same foods to everyone- stop being a “short order cook!”
5. Reward with attention, not food- show love with hugs and kisses.
6. Focus on each other at the table- turn off the gadgets, talk about fun and happy things at mealtime- a stress-free time.
7. Listen to your child- if they are hungry and its not scheduled mealtime, offer small healthy choices that you determine.
8. Limit screen time- Allow no more than 2 hours of any screen time per day, TV and or computer. Move during commercials.
9. Encourage physical activity- Fun for the whole family, involve children in the planning. Set an example by being physically active and using safety gear.
10. Be a good role model- Try new foods, describe how it tastes and smells. Avoid lecturing and or forcing your child to eat.

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**REMINDER:**

CPS will be CLOSED from 1:00-5:30pm on Friday, March 23rd, for staff training and development. Please make plans for alternate care for that afternoon.

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**Staff Birthdays**

Kaitylyn (1)
Emily (12)
Casey (12)
Patty (17)

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Happy Birthday
Dr. Seuss!

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